

## Grimsthorpe Gallop 2018

## Finisher List 10 Mile

Pos	Chip time	Gender pos	Cat pos	Age grp	Race num	Name	Club	Pace (min/km)	Pace (min/mile)	Town	Family team name
<b>10 Mile</b>											
1	01:08:13	1	1	M30-34	466	Shaun Hill		04:14	06:49	Shrewsbury	
2	01:14:38	2	1	M45-49	516	Mark Preston	Lincoln Wellington Athletic Club	04:38	07:27	Wragby	
3	01:14:53	3	1	M50-54	423	Spencer Chapman		04:39	07:29	Lincoln	
4	01:16:23	4	2	M30-34	546	Ryan Stocks		04:44	07:38	Nottingham	
5	01:18:16	5	1	M55-59	505	Peter O'Connor		04:51	07:49	Murrow	
6	01:20:02	6	2	M45-49	434	Dave Davidson		04:58	08:00	Chesterfield	
7	01:20:19	7	3	M30-34	412	Jean-Louis Balestra	Newark Striders	04:59	08:01	Newark	
8	01:21:01	8	1	M35-39	547	Ant Stone	Havering 90 Joggers	05:02	08:06	Upminster	
9	01:22:27	9	3	M45-49	486	James Larkin	Desborough & Rothwell Running Club	05:07	08:14	Market Harborough	
10	01:22:58	10	2	M35-39	564	Stephen Daniels	Bourne Harriers	05:09	08:17		
11	01:23:43	1	1	F23-29	463	Katie Treadwell		05:12	08:22	Lincoln	
12	01:24:02	2	1	F35-39	425	Karen Clark		05:13	08:24	Shrewsbury	
13	01:24:25	11	1	M23-29	539	David Snape		05:14	08:26	Bourne	
14	01:29:03	3	1	F40-44	506	Jo Patrick	Sleaford Striders AC	05:31	08:54	Sleaford	
15	01:29:26	4	1	F50-54	444	Helen Evans	Stourbridge Running Club	05:33	08:56	Stourbridge	
16	01:29:43	12	3	M35-39	487	Christer Larsson		05:34	08:58	Spalding	
17	01:30:40	13	1	M20-22	557	Bradley Wheeler		05:38	09:04	Lincoln	
18	01:30:49	14	1	M40-44	528	Marc Sampson	Werrington Joggers	05:38	09:04	Peterborough	
19	01:30:51	15	4	M35-39	473	Adrian Hunt		05:38	09:05	Spalding	
20	01:31:19	5	1	F30-34	447	Martha Ford	Biggleswade	05:40	09:07	Biggleswade	
21	01:31:19	6	2	F30-34	544	Sarah Stilwell	Biggleswade AC	05:40	09:07	Biggleswade	
22	01:31:26	16	2	M23-29	476	Anthony Ison	Melton Mowbray Running Club	05:40	09:08	Melton Mowbray	
23	01:31:30	7	2	F40-44	481	Tanya Knight	Boston Community Runners	05:41	09:09	Boston	
24	01:31:42	17	5	M35-39	401	Andrew Price		05:41	09:10	Beeston	
25	01:31:51	8	3	F40-44	555	Emma Walkers		05:42	09:11	Nottingham	
26	01:31:53	9	2	F50-54	541	Louise Southgate		05:42	09:11	Spalding	
27	01:31:58	10	2	F35-39	559	Claire Wilkinson		05:42	09:11	Lincoln	
28	01:32:20	18	2	M40-44	523	Andrew Rowlands	Notfast RC	05:44	09:14	Newark	
29	01:32:38	19	4	M45-49	480	Ian King	Fenland RV	05:45	09:15	Murrow	
30	01:32:54	20	2	M55-59	566	Noel Henderson	Newark Striders	05:46	09:17		
31	01:33:17	21	2	M50-54	483	Jonathan Langford		05:47	09:19	Bedford	
32	01:34:09	11	3	F35-39	433	Elizabeth Daniels		05:51	09:24	Bourne	
33	01:34:17	12	4	F35-39	561	Sarah Wilson	Notts Women Runners	05:51	09:25	Nottingham	
34	01:34:57	22	6	M35-39	548	Ross Sutton		05:53	09:29	Northborough	
35	01:35:37	13	5	F35-39	402	Jennifer Price		05:56	09:33	Beeston	
36	01:35:54	14	4	F40-44	498	Louise Molloy	Desborough & Rothwell Running Club	05:57	09:35	Kettering	
37	01:35:57	23	3	M23-29	500	Daniel Moore		05:57	09:35	Peterborough	
38	01:35:57	24	7	M35-39	499	Daniel Moore		05:57	09:35	Peterborough	
39	01:36:23	25	1	M60-64	503	Michael Nolan		05:59	09:38	Boston	
40	01:37:20	26	5	M45-49	542	David Spooner		06:02	09:44	Oundle	
41	01:37:47	15	6	F35-39	421	Fiona Carr	Lincs ladies	06:04	09:46	Bourne	
42	01:37:58	27	8	M35-39	514	Paul Platten		06:05	09:47	Nottingham	
43	01:38:08	16	5	F40-44	495	Tamsin Milns	Notts Women Runners	06:05	09:48	Nottingham	
44	01:38:24	17	6	F40-44	468	Louisa Holt	Notts Women Runners	06:06	09:50	Nottingham	
45	01:38:30	18	7	F35-39	442	Leanne Elliott		06:07	09:51	Corby	
46	01:38:39	19	1	F45-49	538	Sue Smith	Skegness Coasters	06:07	09:51	Skegness	
47	01:39:03	20	2	F45-49	530	Carol Sayles		06:09	09:54	Lincoln	
48	01:39:07	21	8	F35-39	520	Natalie Rennie		06:09	09:54	Corby	
49	01:39:30	28	4	M30-34	509	James Peck	Halmer Harriers	06:10	09:57	Spalding	
50	01:39:58	29	2	M20-22	484	Lee Tevians		06:12	09:59	Bedford	

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51	01:40:00	22	3	F50-54	552	Carole Tumber	Skegness Coasters	06:12	10:00	Skegness	
52	01:40:38	23	7	F40-44	405	Emma Abbott	Lincoln Wellington Athletic Club	06:15	10:03	Lincoln	
53	01:40:58	24	4	F50-54	472	Sarah Humphries		06:16	10:05	Stamford	
54	01:41:18	30	2	M60-64	440	Steve Ebbage	Rushcliffe AC	06:17	10:07	Nottingham	
55	01:41:22	25	3	F45-49	474	Lorraine Hutton	Notts Women Runners	06:17	10:08	Nottingham	
56	01:42:09	31	9	M35-39	535	Daniel Simpson		06:20	10:12	Boston	
57	01:42:18	26	4	F45-49	533	Justine Shaw		06:21	10:13	Nottingham	
58	01:42:30	27	8	F40-44	457	Lucy Hardstaff	Grantham Running Club	06:22	10:15	Grantham	
59	01:42:40	28	5	F45-49	518	Cathy Ralph	Desborough & Rothwell Running Club	06:22	10:16	Desborough	
60	01:43:13	29	1	F55-59	550	Rosalind Treadwell	Lincoln & District Runners	06:24	10:19	Lincoln	
61	01:43:19	30	6	F45-49	493	Suzi Matthews		06:25	10:19	Southwell	
62	01:43:19	31	9	F35-39	406	Alison Allsopp		06:25	10:19	Southwell	
63	01:44:07	32	2	F23-29	451	Jess George		06:28	10:24	Woodthorpe	
64	01:44:12	33	9	F40-44	436	Abigail Day		06:28	10:25	Bourne	
65	01:44:45	34	7	F45-49	536	Jo Slade	Yaxley Runners & Joggers	06:30	10:28	Peterborough	
66	01:45:53	35	10	F35-39	562	Jo Wright		06:34	10:35	Weston	
67	01:46:13	36	8	F45-49	470	Rachel Howard		06:36	10:37	Sleaford	
68	01:46:13	32	3	M50-54	471	Ian Howard		06:36	10:37	Sleaford	
69	01:46:35	37	5	F50-54	422	Janet Cawley	Lincoln Wellington Athletic Club	06:37	10:39	Lincoln	
70	01:46:49	38	1	F60-64	458	Beverley Harker		06:38	10:40	Boston	
71	01:47:26	39	6	F50-54	492	Rebecca Brooks	Barrow Runners	06:40	10:44	Leicester	
72	01:47:38	33	1	M16-17	534	Dan Sillitoe		06:41	10:45	West Bridgford	
73	01:48:23	40	2	F60-64	452	Anne Gilroy	Lincoln Wellington Athletic Club	06:44	10:50	Lincoln	
74	01:49:18	34	4	M50-54	469	Andrew Hooker		06:47	10:55	Moulton	
75	01:49:18	41	11	F35-39	507	Zoe Parla	Halmer Harriers	06:47	10:55	Weston Hills	
76	01:50:19	42	10	F40-44	529	Marie Sampson		06:51	11:01	Spalding	
77	01:50:42	43	12	F35-39	524	Breeze Rowlands	Notfast RC	06:52	11:04	Newark	
78	01:50:53	44	11	F40-44	508	Sharon Payne		06:53	11:05	Market Deeping	
79	01:50:53	45	7	F50-54	415	Carol Bowers		06:53	11:05	Market Deeping	
80	01:50:54	46	13	F35-39	419	Michelle Byrne		06:53	11:05	Langtoft	
81	01:50:54	47	9	F45-49	531	Hilary Scoats		06:53	11:05	Peterborough	
82	01:51:06	35	3	M55-59	522	Tony Roe		06:54	11:06	Ruddington	
83	01:51:48	48	2	F55-59	519	Jane Ramsden	Lincoln Wellington Athletic Club	06:56	11:10	Lincoln	
84	01:51:48	49	3	F55-59	521	Sandra Rizan	Lincoln Wellington Athletic Club	06:56	11:10	Lincoln	
85	01:51:48	50	10	F45-49	517	Angela Preston	LWAC	06:56	11:10	Wragby	
86	01:51:48	51	12	F40-44	540	Claire Snowden	Lincoln Wellington Athletic Club	06:56	11:10	Lincoln	
87	01:52:13	52	11	F45-49	428	Elaine Crane	Bourne 4 Running	06:58	11:13	Bourne	
88	01:52:19	53	13	F40-44	445	Lynsey Evans	Rugby & Northampton Athletics Club	06:58	11:13	Rugby	
89	01:52:19	54	4	F55-59	408	Michele Andrews	Rugby & Northampton Athletics Club	06:58	11:13	Rugby	
90	01:52:28	55	14	F35-39	494	Karen Miele	Notts Women Runners	06:59	11:14	Nottingham	
91	01:53:08	56	8	F50-54	411	Joanne Baker		07:01	11:18	Spalding	
92	01:53:39	57	14	F40-44	439	Ruth Dowling		07:03	11:21	Spalding	
93	01:54:00	36	6	M45-49	413	Gary Beck Sykes	Boston Community Runners	07:05	11:24	Boston	
94	01:55:15	58	15	F40-44	432	Deborah Daly		07:09	11:31	Nottingham	
95	01:55:15	59	3	F30-34	441	Kim Edwards	Notts Women Runners	07:09	11:31	Nottingham	
96	01:55:56	60	1	F20-22	482	Kate Langford		07:12	11:35	Bedford	
97	01:58:06	61	15	F35-39	527	Lindsey Rudd	Caistor Running Club	07:20	11:48	Market Rasen	
98	01:58:37	37	10	M35-39	462	Nick Harrison	Newark Striders	07:22	11:51	Newark	
99	01:58:42	62	4	F30-34	551	Zoe Troop	Newark Striders	07:22	11:52	Newark	
100	01:58:44	63	16	F35-39	448	Katie Gabbitas	Newark Striders	07:22	11:52	Newark	
101	01:59:55	64	12	F45-49	504	Adele O'Connor		07:27	11:59	Murrow	
102	01:59:56	38	3	M40-44	426	Steve Clarke	Three Counties	07:27	11:59	Wisbech St Mary	

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103	02:00:03	65	13	F45-49	437	Yvette Dean	Kimberley & District Striders	07:27	12:00	Nottingham	
104	02:00:36	66	9	F50-54	556	Tracy Webb	Vegetarian Cycling & AC	07:29	12:03	Grantham	
105	02:00:55	67	17	F35-39	496	Natalie Mitchell	Skegness and District Running Club	07:30	12:05	Skegness	
106	02:00:56	39	11	M35-39	553	Craig Tuplin		07:30	12:05	Skegness	
107	02:01:52	68	10	F50-54	443	Jane Elliott	Desborough & Rothwell Running Club	07:34	12:11	Kettering	
108	02:02:06	69	18	F35-39	454	Rebecca Hales	Long Sutton Hockey Club	07:35	12:12	Spalding	
109	02:02:06	70	16	F40-44	510	Penny Perowne		07:35	12:12	Spalding	
110	02:02:24	71	17	F40-44	467	Alexandria Hobson		07:36	12:14	Nottingham	
111	02:02:24	72	14	F45-49	479	Andrea Kelly	Notts Women Runners	07:36	12:14	Nottingham	
112	02:02:34	40	7	M45-49	429	Dave Cumbridge	King's Lynn Community Runners	07:36	12:15	King's Lynn	
113	02:02:34	73	15	F45-49	430	Salina Cumbridge	King's Lynn Community Runners	07:36	12:15	King's Lynn	
114	02:02:35	74	5	F30-34	461	Verity Harris	Notts Women Runners	07:37	12:15	Nottingham	
115	02:02:55	75	3	F60-64	453	Ann Goodwin	Desborough & Rothwell Running Club	07:38	12:17	Kettering	
116	02:04:27	76	5	F55-59	543	Joyce Stanton	Pink Ladies Running Club	07:43	12:26	Lincoln	
117	02:05:27	77	4	F60-64	511	Kathleen Perry		07:47	12:32	Scarborough	
118	02:05:57	78	11	F50-54	565	Nicole Henderson	Newark Striders	07:49	12:35		
119	02:06:15	79	12	F50-54	526	Tracy Roberts		07:50	12:37	Rugby	
120	02:06:15	80	16	F45-49	456	Kirstin Halliwell		07:50	12:37	Lingfield	
121	02:07:35	81	13	F50-54	438	Julie Dean	Team Derby Runner	07:55	12:45	Derby	
122	02:08:09	82	14	F50-54	418	Maria Bryan		07:57	12:48	Corby	
123	02:08:40	83	3	F23-29	416	Emma Bowler		07:59	12:52	York	
124	02:08:41	41	4	M23-29	485	Thomas Langford		07:59	12:52	Bedford	
125	02:10:36	84	17	F45-49	410	Lindsay Baker		08:06	13:03	Chesterfield	
126	02:10:36	85	18	F45-49	465	Lynn Hazelton	Clowne Road Runners	08:06	13:03	Mansfield	
127	02:11:22	42	1	M65-69	512	Philip Perry		08:09	13:08	Scarborough	
128	02:12:12	86	4	F23-29	515	Melissa Potts		08:12	13:13	Drayton	
129	02:12:12	87	5	F23-29	525	Lucy Royle	Parklands	08:12	13:13	Leicester	
130	02:12:16	88	19	F45-49	435	Della Davies		08:13	13:13	Sheffield	
131	02:12:26	89	20	F45-49	502	Julie Nicholas		08:13	13:14	Leicester	
132	02:12:26	90	21	F45-49	488	Charlotte Loasby		08:13	13:14	Leicester	
133	02:12:42	91	6	F30-34	417	Jennifer Brown	Lincs Ladies	08:14	13:16	Peterborough	
134	02:12:42	92	7	F30-34	446	Amy Fitzpatrick		08:14	13:16	Bourne	
135	02:12:42	93	22	F45-49	449	Trish Garratt		08:14	13:16	Langtoft	
136	02:13:42	94	23	F45-49	497	Anthea Moisey	Newark Striders	08:18	13:22	Claypole	
137	02:16:38	95	6	F55-59	554	Liz Walden	Desborough & Rothwell Running Club	08:29	13:39	Kettering	
138	02:17:45	96	15	F50-54	489	Jayne MacArthur	Sleaford Town Runners	08:33	13:46	Grantham	
139	02:17:45	43	8	M45-49	558	Alistair Whitaker	Sleaford Town Runners	08:33	13:46	Sleaford	
140	02:26:33	97	19	F35-39	563	Helen Yates	Notts Women Runners	09:06	14:39	Nottingham	
141	02:26:33	98	20	F35-39	424	Beth Choo	Notts Women Runners	09:06	14:39	Nottingham	
142	02:28:39	99	16	F50-54	532	Sharon Self	Newark Striders	09:14	14:51	Newark	
143	02:28:41	44	9	M45-49	545	Tom Stimson	Newark Striders	09:14	14:52	Newark	
144	02:47:38	100	7	F55-59	478	Debi Jones	WIER Runners	10:24	16:45	Sheffield	

Number of records: 144