

# Tallington Lakes

Pos	Gndr pos	Age grp	Age grp pos	Name	M/F	Race number	Club	Total time	Swim	T1	Bike	T2	Run	Finished at	Team	Team members
<b>Sprint Triathlon</b>																
Start time=08:31:03																
1	1	Seniors M45	1	Simon Hoppe	M	122	PACTRAC	1:14:37	0:12:04	0:00:52	0:41:30	0:00:37	0:19:34	09:45:41		
2	2	Seniors M35	1	Nathan Scott	M	35	Transition Tri	1:16:17	0:13:07	0:00:49	0:41:52	0:00:26	0:20:00	09:47:20		
3	3	Seniors M55	1	Antony Brown	M	109	PACTRAC	1:16:36	0:12:38	0:01:08	0:40:46	0:00:41	0:21:21	09:47:39		
4	4	Male 23-29	1	Tom Marshall	M	184	Bingham TRI	1:16:42	0:12:26	0:00:50	0:43:24	0:00:29	0:19:32	09:47:46		
5	5	Male 23-29	2	Mark Harrison	M	121	Humber Triathletes	1:17:23	0:12:28	0:00:58	0:43:51	0:00:33	0:19:31	09:48:26		
6	6	Seniors M40	1	Miles Gregory Thomas	M	130	Kings Lynn Triathlon Club	1:18:54	0:11:23	0:01:05	0:42:33	0:01:01	0:22:50	09:49:58		
7	7	Teenagers (male)	1	Tom Neal	M	186	Deeping Triathlon	1:19:17	0:10:59	0:01:02	0:45:32	0:00:35	0:21:07	09:50:20		
8	8	Seniors M30	1	Malcolm Duff	M	165		1:20:33	0:15:08	0:01:10	0:44:44	0:00:42	0:18:47	09:51:36		
9	9	Seniors M30	2	Jason Perry	M	189		1:20:46	0:13:57	0:00:57	0:43:44	0:00:36	0:21:31	09:51:50		
10	10	Seniors M40	2	Simon Woods	M	136	Ely Swim Club	1:20:57	0:11:10	0:00:54	0:46:08	0:00:39	0:22:04	09:52:01		
11	N/A	Team	N/A	Marcus Cook	T	212		1:21:22	0:11:58	0:00:35	0:45:37	0:00:30	0:22:41	09:52:25	The Tri-Sexuals	Marcus, Nick, Luke
12	12	Seniors M40	3	Matt Bamford	M	152		1:22:43	0:15:11	0:01:46	0:43:22	0:00:50	0:21:32	09:53:46		
13	13	Seniors M45	2	Richard Frost	M	169		1:22:56	0:14:41	0:01:10	0:45:30	0:00:52	0:20:41	09:53:59		
14	14	Seniors M40	4	Nigel Swepson	M	198		1:23:31	0:16:47	0:01:31	0:45:16	0:00:48	0:19:07	09:54:34		
15	1	Seniors W35	1	Beth Wilmot	F	204		1:25:00	0:15:12	0:01:12	0:45:15	0:00:51	0:22:29	09:56:04		
16	15	Seniors M50	1	Tim Cooke	M	111	Welland Valley Tri Club	1:25:11	0:12:52	0:01:37	0:46:22	0:00:52	0:23:26	09:56:15		
17	16	Seniors M40	5	Richard Sharpe	M	127		1:25:34	0:14:35	0:01:09	0:46:39	0:00:36	0:22:32	09:56:38		
18	17	Male 23-29	3	Jean-Christophe	M	160		1:26:16	0:15:18	0:01:25	0:44:58	0:01:06	0:23:27	09:57:19		
19	18	Seniors M45	3	Alan Bird	M	155		1:26:23	0:13:51	0:01:24	0:47:44	0:00:49	0:22:33	09:57:27		
20	19	Seniors M55	2	Christopher Brown	M	108		1:26:40	0:13:57	0:01:22	0:48:07	0:00:53	0:22:19	09:57:43		
21	20	Seniors M40	6	Nick Ranns	M	190		1:27:39	0:15:39	0:01:32	0:47:31	0:00:52	0:22:04	09:58:42		
22	21	Seniors M60	1	Colin Simpson	M	101	Kings Lynn Triathlon Club	1:27:46	0:14:11	0:01:36	0:48:54	0:00:41	0:22:23	09:58:50		
23	22	Male 23-29	4	Michael Shadwell	M	193	PACTRAC	1:28:38	0:15:24	0:01:05	0:49:14	0:00:35	0:22:18	09:59:41		
24	23	Seniors M45	4	Gary Shoemake	M	128	PACTRAC	1:28:39	0:15:47	0:01:09	0:47:12	0:00:53	0:23:36	09:59:42		
25	24	Seniors M50	2	Stuart Neal	M	125	Deeping Triathlon	1:28:50	0:15:29	0:01:22	0:46:45	0:00:54	0:24:18	09:59:54		
26	2	Seniors W40	1	Ros Goatly	F	118	PACTRAC	1:29:06	0:14:42	0:01:07	0:47:36	0:00:55	0:24:45	10:00:10		
27	25	Seniors M30	3	Neil Gayton	M	116	Kings Lynn Triathlon Club	1:29:25	0:15:44	0:01:24	0:49:54	0:00:38	0:21:42	10:00:28		
28	26	Juniors (male) U23	1	Nathan Williamson	M	134	Oxford Tri	1:29:44	0:17:21	0:00:58	0:48:34	0:01:02	0:21:47	10:00:48		
29	27	Seniors M30	4	Ryan R Corbyn	M	162	Velo Club Rutland	1:30:12	0:17:10	0:01:20	0:44:57	0:01:24	0:25:18	10:01:15		
30	3	Seniors W45	1	Ruth Wilson	F	135	Lincsquad/racing team	1:30:15	0:17:21	0:01:14	0:48:16	0:00:49	0:22:34	10:01:19		
31	28	Seniors M30	5	Taran Stapleton	M	195		1:30:17	0:12:17	0:02:14	0:47:36	0:01:18	0:26:50	10:01:20		
32	4	Juniors (female)	1	Francesca Hall	F	120	Kings Lynn Triathlon Club	1:30:25	0:14:44	0:01:30	0:52:22	0:00:47	0:21:00	10:01:29		
33	29	Seniors M45	5	Jonathan Webb	M	202	PACTRAC	1:30:58	0:17:31	0:01:23	0:48:22	0:00:43	0:22:57	10:02:02		
34	30	Seniors M30	6	David Williams	M	148		1:31:22	0:16:06	0:01:29	0:50:56	0:01:17	0:21:32	10:02:26		
35	31	Seniors M35	2	Simon Guerin	M	172	PACTRAC	1:31:54	0:12:30	0:01:00	0:54:13	0:00:35	0:23:35	10:02:58		
36	5	Juniors (female)	2	Sarah Arthur	F	151		1:32:09	0:13:06	0:01:22	0:52:56	0:01:00	0:23:43	10:03:12		
37	32	Seniors M55	3	Stephen Jonez	M	178		1:32:13	0:17:40	0:01:23	0:47:00	0:00:43	0:25:25	10:03:17		
38	33	Seniors M40	7	Julian Herriott	M	174	Spalding Tri Club	1:32:25	0:15:33	0:01:08	0:50:21	0:01:21	0:24:00	10:03:28		
39	34	Seniors M30	7	Steven Brown	M	137		1:33:03	0:15:47	0:01:20	0:50:14	0:01:03	0:24:38	10:04:07		
40	35	Seniors M40	8	Craig Tough	M	131	Welland Valley Tri Club	1:33:07	0:19:16	0:01:19	0:47:15	0:00:51	0:24:24	10:04:11		
41	36	Seniors M30	8	Will Hatcher	M	105	Tri3 Sleaford Tri Club	1:33:09	0:16:37	0:01:00	0:51:12	0:00:42	0:23:36	10:04:13		
42	6	Seniors W40	2	Jane Holmes	F	175	Fenland Running Club	1:33:18	0:15:35	0:00:58	0:50:19	0:01:08	0:25:16	10:04:22		
43	37	Seniors M30	9	Richard Young	M	205	Spalding Tri Club	1:33:37	0:18:28	0:02:52	0:46:29	0:00:49	0:24:57	10:04:40		
44	7	Seniors W35	2	Catherine Davies	F	112	Belvoir Tri Club	1:33:37	0:13:44	0:01:30	0:54:10	0:01:14	0:22:57	10:04:40		
45	38	Seniors M30	10	Matt Hart	M	173		1:34:04	0:17:41	0:01:16	0:51:14	0:01:22	0:22:29	10:05:08		
46	39	Seniors M50	3	Tim Crosby	M	163		1:34:10	0:18:03	0:02:17	0:49:28	0:01:10	0:23:10	10:05:13		
47	N/A	Team	N/A	Pauline Batten	T	206		1:34:14	0:17:19	0:00:41	0:52:06	0:00:36	0:23:30	10:05:17	Triple Threat	Pauline, Joanna,
48	9	Female 23-29	1	Kerry Rough	F	126	Tri3 Sleaford Tri Club	1:34:33	0:13:55	0:01:10	0:51:56	0:00:54	0:26:36	10:05:37		
49	40	Seniors M40	9	Richard Bromwich	M	157	Leicester Tri Club	1:34:38	0:18:08	0:01:31	0:47:35	0:01:11	0:26:11	10:05:42		
50	41	Seniors M45	6	Elliot Brown	M	110		1:35:41	0:18:26	0:01:25	0:50:11	0:01:10	0:24:27	10:06:44		

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Pos	Gndr pos	Age grp	Age grp pos	Name	M/F	Race number	Club	Total time	Swim	T1	Bike	T2	Run	Finished at	Team	Team members
51	10	Seniors W30	1	Rachel Williams	F	147	Team Manvers	1:35:44	0:13:24	0:02:03	0:55:19	0:00:49	0:24:08	10:06:47		
52	11	Seniors W35	3	Philippa Hill	F	141	Tri3 Sleaford Tri Club	1:36:24	0:16:51	0:01:26	0:51:53	0:01:20	0:24:52	10:07:28		
53	42	Juniors (male) U23	2	Tayo Willet	M	203	Kings Lynn Triathlon Club	1:36:42	0:13:29	0:00:48	0:54:09	0:01:36	0:26:39	10:07:45		
54	43	Seniors M40	10	Bradley Dawson	M	164		1:37:15	0:20:49	0:02:12	0:46:04	0:01:02	0:27:06	10:08:18		
55	44	Seniors M50	4	Peter Callcut	M	159		1:37:33	0:17:50	0:02:36	0:50:16	0:01:29	0:25:20	10:08:37		
56	45	Seniors M45	7	Paul Akroyd	M	150		1:38:26	0:21:32	0:01:32	0:48:23	0:01:35	0:25:22	10:09:29		
57	46	Seniors M55	4	Tony Baskeyfield	M	153		1:38:54	0:13:39	0:01:24	0:51:42	0:00:58	0:31:08	10:09:57		
58	47	Seniors M50	5	David Irwin	M	123	Nice Tri Club	1:39:13	0:22:57	0:01:30	0:50:10	0:00:50	0:23:44	10:10:16		
59	48	Seniors M40	11	Christopher Waghorn	M	201		1:39:44	0:14:57	0:02:07	0:54:54	0:01:24	0:26:20	10:10:48		
60	49	Seniors M45	8	David Johnson	M	177	Skegness Triathlon Club	1:39:45	0:17:19	0:01:51	0:52:14	0:01:09	0:27:10	10:10:48		
61	12	Juniors (female)	3	Alexandra Symonds	F	129		1:39:58	0:14:31	0:01:30	0:55:59	0:00:40	0:27:17	10:11:02		
62	13	Seniors W55	1	Antonia Whitaker	F	133	Absolute Tri Club	1:40:00	0:15:10	0:01:26	0:52:52	0:01:09	0:29:20	10:11:03		
63	14	Seniors W30	2	Sally Dunnett	F	166	Louth Tri Club	1:40:17	0:15:27	0:01:36	0:55:35	0:01:01	0:26:36	10:11:20		
64	50	Seniors M35	3	Dean Marshall	M	106	Tri3 Sleaford Tri Club	1:40:32	0:17:58	0:02:00	0:53:27	0:00:59	0:26:06	10:11:36		
65	15	Seniors W50	1	Catherine Servonat -	F	191		1:40:37	0:15:35	0:01:44	0:55:09	0:00:49	0:27:18	10:11:40		
66	16	Seniors W35	4	Joanne Underwood	F	200		1:40:42	0:18:44	0:01:52	0:54:45	0:01:00	0:24:19	10:11:45		
67	51	Male 23-29	5	William Cook	M	161		1:40:43	0:16:38	0:02:04	0:52:59	0:01:00	0:28:00	10:11:47		
68	52	Juniors (male) U23	3	Cameron Brookes	M	158		1:40:48	0:21:19	0:02:30	0:53:50	0:01:10	0:21:57	10:11:51		
69	17	Seniors W35	5	Ellen Drew	F	114	Fenland running club	1:40:51	0:17:29	0:02:27	0:56:21	0:01:26	0:23:07	10:11:55		
70	18	Seniors W55	2	Sue Davys	F	113	PACTRAC	1:41:44	0:17:56	0:01:25	0:53:52	0:01:17	0:27:12	10:12:48		
71	19	Female 23-29	2	Christine Tooke	F	145		1:42:12	0:12:12	0:01:15	1:01:26	0:00:33	0:26:44	10:13:15		
72	53	Seniors M30	11	Ross Cunningham	M	140		1:42:28	0:17:24	0:01:38	0:55:08	0:01:15	0:27:00	10:13:31		
73	20	Seniors W55	3	Sue George	F	117	Kings Lynn Triathlon Club	1:42:36	0:15:24	0:01:32	0:54:21	0:01:11	0:30:08	10:13:40		
74	54	Male 23-29	6	Samuel Parker	M	187		1:42:38	0:20:10	0:02:18	0:57:03	0:00:43	0:22:22	10:13:42		
75	55	Teenagers (male)	1	Charlie	M	192		1:42:44	0:16:30	0:02:53	0:52:17	0:00:46	0:30:17	10:13:48		
76	56	Seniors M40	12	Andy Garner	M	170	Time-2-Tri fitness.co.uk	1:42:51	0:16:36	0:00:51	0:56:16	0:00:38	0:28:28	10:13:55		
77	57	Juniors (male) U23	4	Cormac Smeeton	M	143		1:42:53	0:18:24	0:02:44	0:53:27	0:01:15	0:27:01	10:13:57		
78	21	Seniors W30	3	Melissa Ludlam	F	196		1:43:03	0:17:37	0:02:56	0:55:41	0:02:00	0:24:47	10:14:06		
79	58	Seniors M55	5	Paul Beland	M	107	PACTRAC	1:43:38	0:22:27	0:01:27	0:53:43	0:01:25	0:24:34	10:14:41		
80	22	Female 23-29	3	Rebecca Carey	F	139		1:44:44	0:16:35	0:01:41	0:56:18	0:00:56	0:29:12	10:15:47		
81	23	Seniors W30	4	Heather Wesson	F	132		1:45:57	0:18:42	0:02:29	0:53:06	0:01:26	0:30:12	10:17:00		
82	24	Seniors W50	2	Linda Laws	F	142		1:48:13	0:19:04	0:01:44	0:58:21	0:00:55	0:28:07	10:19:17		
83	59	Seniors M45	9	David Styring	M	197	Huncote Harriers	1:48:29	0:26:09	0:01:45	0:50:05	0:01:42	0:28:46	10:19:33		
84	25	Seniors W40	3	Lisa Grandcourt	F	119		1:49:29	0:22:50	0:01:51	0:55:17	0:01:27	0:28:01	10:20:32		
85	26	Seniors W45	2	Debbie Black	F	156		1:50:52	0:18:52	0:02:22	0:58:15	0:00:53	0:30:28	10:21:56		
86	27	Seniors W45	3	Denise Cant	F	138		1:51:35	0:20:45	0:02:00	0:59:54	0:00:52	0:28:02	10:22:39		
87	28	Seniors W45	4	Mandy Walker	F	146		1:51:42	0:18:50	0:02:26	1:02:06	0:01:06	0:27:11	10:22:45		
88	29	Female 23-29	4	Florence Lacy	F	180		1:53:02	0:18:00	0:02:38	1:03:41	0:00:44	0:27:58	10:24:06		
89	30	Seniors W40	4	Carrie Moriarty	F	185		1:57:25	0:26:11	0:02:16	0:59:17	0:01:09	0:28:30	10:28:29		
90	60	Seniors M55	6	Ian Batchelor	M	154	Tri3 Sleaford Tri Club	1:58:17	0:23:03	0:04:23	0:58:58	0:02:11	0:29:40	10:29:20		
91	61	Male 23-29	7	Jason Lloyd	M	183		2:01:48	0:22:46	0:03:09	1:12:13	0:00:45	0:22:53	10:32:52		
92	62	Seniors M35	4	Lea Addlesee	M	149	Tri3 Sleaford Tri Club	2:02:52	0:21:54	0:02:49	1:01:19	0:02:39	0:34:09	10:33:55		
93	63	Juniors (male) U23	5	Jordan Lancaster	M	181	March AC	2:04:05	0:28:52	0:02:13	1:01:37	0:02:10	0:29:09	10:35:08		
94	31	Seniors W40	5	Paula-Joanne	F	102	Stamford Tri Club	2:04:29	0:19:00	0:01:28	1:01:23	0:01:31	0:41:05	10:35:33		
95	32	Seniors W60	1	Mary Johnson	F	176	Life Performance	2:05:37	0:23:26	0:01:59	1:00:57	0:01:15	0:37:57	10:36:40		
96	33	Seniors W40	6	Helen Lathrope	F	124		2:16:10	0:20:27	0:03:18	1:09:51	0:02:17	0:40:15	10:47:14		
97	34	Seniors W30	5	Celia Lacy	F	179		2:24:18					0:40:07	10:55:22		
98	35	Juniors (female)	4	Terri Langley	F	182		2:27:23	0:19:50	0:04:25	1:16:01	0:01:01	0:46:05	10:58:27		
		Seniors W30		Andrianna Curtis	F	103	Stamford Tri Club	DNS								
		Seniors W50		Sarah Haslam	F	104		DNS								
		Seniors M55		Preston Eckloff	M	115	1485 Tri Club	DNS								
		Seniors M40		Lee Thomas	M	144		DNS								
		Male 23-29		Jonathan Evely	M	167		DNS								
		Seniors M60		Malcolm Flatt	M	168	Stamford Tri Club	DNS								

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Pos	Gndr pos	Age grp	Age grp pos	Name	M/F	Race number	Club	Total time	Swim	T1	Bike	T2	Run	Finished at	Team	Team members
		Juniors (female)		Aimee Gill	F	171		DNS								
		Seniors M30		Simon Parkes	M	188		DNS								
		Seniors M50		Frank Smeltink	M	194	Leestensch Hof VOF	DNS								
		Teenagers (male)		David Thurgur	M	199		DNS								
	N/A	Team	N/A	Beka Littleworth	T	209		DSQ							Woodhall	Robyn, Jo, Beka