

Louth Triathlon 2015

Pos	Gndr pos	Age grp pos	Age grp	Name	M/F	Race num	Club	Start time	Compltd	Swim	T1	Bike	T2	Run	Finished at	Team
1	1	1	Men	Ross McGregor	M	201	Louth Triathlon Club	10:52:00	01:00:31	00:05:59	00:00:26	00:35:16	00:00:21	00:18:27	11:52:31	
2	2	1	Seniors M30	Jono Bromfield	M	197	Louth Triathlon Club	10:52:00	01:01:22	00:06:00	00:00:27	00:35:17	00:00:23	00:19:13	11:53:22	
3	3	1	Seniors M40	Darren Sharpe	M	196	xterravetsuits.co.uk	10:52:00	01:05:21	00:06:44	00:00:26	00:37:51	00:00:28	00:19:51	11:57:21	
4	4	2	Seniors M40	Ben Caisey	M	87		09:48:00	01:06:55	00:08:21	00:01:25	00:37:15	00:00:48	00:19:03	10:54:55	
5	5	3	Seniors M40	Alan Wheeler	M	142	Skegness & District Running	10:20:00	01:08:28	00:08:40	00:00:40	00:38:44	00:00:27	00:19:55	11:28:28	
6	6	2	Seniors M30	Michael Carpenter	M	155		10:28:00	01:08:28	00:07:26	00:00:55	00:38:02	00:00:42	00:21:21	11:36:28	
7	7	3	Seniors M30	Tom Sanigar	M	189	Grimsby Tri Club	10:48:00	01:08:31	00:06:38	00:00:58	00:38:41	00:01:09	00:21:03	11:56:31	
8	8	1	Seniors M45	Les Thompson	M	190	Lincsquad	10:48:00	01:08:55	00:07:09	00:00:35	00:39:32	00:00:36	00:21:01	11:56:55	
9	N/A	N/A	N/A	MLN	T	198		10:52:00	01:09:51	00:05:58	00:00:26	00:41:16	00:00:24	00:21:45	12:01:51	Marcus, Luke,
10	9	2	Seniors M45	Duncan Worrell	M	130	Louth Triathlon Club	10:16:00	01:11:35	00:08:45	00:00:48	00:40:12	00:00:42	00:21:07	11:27:35	
11	10	2	Men	Simon Briggs	M	187	Louth Triathlon Club	10:48:00	01:11:55	00:07:08	00:00:47	00:36:41	00:00:39	00:26:37	11:59:55	
12	11	3	Seniors M45	Pete Walton	M	167		10:36:00	01:11:58	00:07:44	00:00:41	00:39:38	00:00:30	00:23:23	11:47:58	
13	12	3	Men	Michal Cybulski	M	157		10:28:00	01:12:11	00:08:24	00:01:08	00:41:42	00:00:36	00:20:19	11:40:11	
14	13	1	Seniors M35	Nick Ward	M	163	Team Burn Machine	10:36:00	01:12:18	00:07:13	00:01:03	00:40:43	00:00:39	00:22:38	11:48:18	
15	14	2	Seniors M35	Chris Reader	M	184	Skegness Tri Club	10:44:00	01:12:20	00:07:33	00:00:51	00:40:49	00:00:39	00:22:27	11:56:20	
16	15	4	Seniors M30	Luke Barton	M	194		10:52:00	01:12:24	00:06:28	00:00:45	00:39:44	00:00:53	00:24:32	12:04:24	
17	16	1	Seniors M55	Mike Helland	M	179		10:44:00	01:13:00	00:08:14	00:00:49	00:40:32	00:00:38	00:22:45	11:57:00	
18	17	4	Seniors M45	Mark Johnson	M	191		10:48:00	01:13:04	00:06:21	00:01:02	00:39:34	00:00:59	00:25:07	12:01:04	
19	18	5	Seniors M45	Richard Sharpe	M	165		10:36:00	01:13:43	00:08:00	00:00:34	00:40:57	00:00:38	00:23:33	11:49:43	
20	19	6	Seniors M45	Richard Conway	M	129	Louth Triathlon Club	10:16:00	01:13:48	00:08:55	00:00:37	00:41:01	00:00:34	00:22:39	11:29:48	
21	20	4	Men	Callum Mawer	M	192		10:48:00	01:14:06	00:07:30	00:01:05	00:42:16	00:00:40	00:22:32	12:02:06	
22	1	1	Seniors W30	Natalie Burns	F	172	Lincoln Wellington AC	10:40:00	01:14:16	00:09:05	00:00:47	00:43:56	00:00:23	00:20:03	11:54:16	
23	21	5	Seniors M30	Oliver Whelpton	M	186	Louth Triathlon Club	10:48:00	01:14:21	00:06:55	00:00:40	00:40:38	00:00:36	00:25:30	12:02:21	
24	22	6	Seniors M30	Owen Griffiths	M	181		10:44:00	01:14:28	00:07:29	00:01:08	00:43:05	00:00:51	00:21:53	11:58:28	
25	23	5	Men	Scot Hargreaves	M	150	Louth Triathlon Club	10:24:00	01:14:44	00:09:01	00:00:34	00:39:34	00:00:41	00:24:51	11:38:44	
26	24	7	Seniors M45	Sean Hutchings	M	159	Louth Triathlon Club	10:28:00	01:15:46	00:07:52	00:01:21	00:41:49	00:00:36	00:24:07	11:43:46	
27	25	4	Seniors M40	John Armstrong	M	168		10:36:00	01:15:59	00:08:03	00:00:49	00:41:42	00:01:03	00:24:20	11:51:59	
28	2	1	Seniors W40	Kerry Drewery	F	158	Louth Triathlon Club	10:28:00	01:16:05	00:08:15	00:00:29	00:42:33	00:00:36	00:24:10	11:44:05	
29	26	6	Men	Edward Haskett-Smith	M	145		10:24:00	01:16:08	00:08:16	00:00:53	00:44:43	00:00:44	00:21:31	11:40:08	
30	27	2	Seniors M55	Andrew Lawson	M	73	Lincsquad	09:40:00	01:16:11	00:09:52	00:01:17	00:40:41	00:01:06	00:23:13	10:56:11	
31	28	7	Seniors M30	Mike Lawlor	M	161		10:36:00	01:16:14	00:07:06	00:00:48	00:46:03	00:00:48	00:21:27	11:52:14	
32	29	8	Seniors M30	Mike Gallagher	M	77		09:40:00	01:16:28	00:09:46	00:00:51	00:43:07	00:01:04	00:21:39	10:56:28	
33	30	8	Seniors M45	David Bennett	M	170	Louth Triathlon Club	10:40:00	01:16:35	00:08:21	00:01:08	00:42:06	00:00:40	00:24:17	11:56:35	
34	31	3	Seniors M35	Simon Gibney	M	135	Wolds Veterans	10:16:00	01:17:07	00:08:43	00:00:43	00:46:01	00:00:33	00:21:04	11:33:07	
35	32	9	Seniors M45	Matthew Wain	M	175	Skegness Tri Club	10:40:00	01:17:09	00:07:51	00:00:55	00:42:52	00:00:50	00:24:39	11:57:09	
36	33	1	Seniors M50	Wayne Kew	M	124	Mablethorpe Running Club	10:12:00	01:17:34	00:09:24	00:00:45	00:43:28	00:00:44	00:23:11	11:29:34	
37	34	5	Seniors M40	Wayne Evans	M	72		09:36:00	01:17:35	00:07:52	00:00:46	00:45:18	00:00:43	00:22:55	10:53:35	
38	35	6	Seniors M40	Chris Baker	M	169	Just Me !	10:40:00	01:17:36	00:07:14	00:00:56	00:42:24	00:00:46	00:26:14	11:57:36	
39	36	4	Seniors M35	Tony Morgan	M	20		09:09:00	01:17:58	00:09:09	00:01:27	00:41:51	00:01:04	00:24:26	10:26:58	
40	37	1	Seniors M60	Christopher Brown	M	171		10:40:00	01:18:03	00:08:19	00:00:56	00:43:11	00:01:14	00:24:20	11:58:03	
41	38	9	Seniors M30	Richard Young	M	164	Spalding Triathlon Club	10:36:00	01:18:09	00:08:09	00:01:21	00:42:13	00:00:49	00:25:35	11:54:09	
42	39	3	Seniors M55	Steve Hunt	M	151	Louth Triathlon Club	10:24:00	01:18:16	00:08:58	00:00:41	00:42:56	00:00:30	00:25:08	11:42:16	
43	40	5	Seniors M35	Rob Jones	M	50		09:28:00	01:18:54	00:10:03	00:01:55	00:43:14	00:01:38	00:22:02	10:46:54	
44	41	6	Seniors M35	Sean Matthews	M	44		09:24:00	01:19:01	00:11:31	00:01:29	00:43:12	00:00:40	00:22:08	10:43:01	
45	42	2	Seniors M50	Chris Halligan	M	9		09:05:00	01:19:03	00:09:56	00:00:51	00:45:25	00:00:51	00:21:58	10:24:03	
46	43	10	Seniors M45	David Regler	M	146		10:24:00	01:19:30	00:08:55	00:00:50	00:44:53	00:01:08	00:23:42	11:43:30	
47	44	11	Seniors M45	Matthew Kennington	M	177		10:44:00	01:20:05	00:07:40	00:01:25	00:45:14	00:00:51	00:24:53	12:04:05	
48	45	4	Seniors M55	Paul McCune	M	193		10:52:00	01:20:21	00:06:47	00:00:35	00:45:42	00:00:45	00:26:30	12:12:21	
49	46	7	Seniors M40	Julian Herriott	M	152	Spalding Triathlon Club	10:24:00	01:20:27	00:08:54	00:01:04	00:44:15	00:00:54	00:25:18	11:44:27	
50	47	12	Seniors M45	Jason Nichol	M	188	Louth Triathlon Club	10:48:00	01:20:42	00:07:04	00:01:13	00:42:49	00:01:07	00:28:27	12:08:42	
51	48	5	Seniors M55	Nige Dean	M	147	Sleaford Tri3	10:24:00	01:21:08	00:08:18	00:01:14	00:44:02	00:00:57	00:26:34	11:45:08	
52	49	8	Seniors M40	James Harris	M	78		09:40:00	01:21:12	00:09:50	00:01:00	00:46:29	00:01:16	00:22:34	11:01:12	
53	50	1	Juniors U23	Aaron Hoodless	M	173		10:40:00	01:21:13	00:07:13	00:00:55	00:46:35	00:00:45	00:25:43	12:01:13	
54	51	3	Seniors M50	Richard Varrall	M	71		09:36:00	01:21:26	00:11:18	00:01:41	00:42:54	00:00:46	00:24:46	10:57:26	

Louth Triathlon 2015

Pos	Gndr pos	Age grp pos	Age grp	Name	M/F	Race num	Club	Start time	Compltd	Swim	T1	Bike	T2	Run	Finished at	Team
55	3	1	Seniors W35	Kate Simons	F	83	Louth Triathlon Club	09:48:00	01:21:26	00:09:48	00:00:28	00:44:41	00:00:34	00:25:53	11:09:26	
56	4	2	Seniors W30	Harriet Johnson	F	139		10:20:00	01:21:30	00:08:27	00:00:45	00:47:31	00:00:47	00:23:57	11:41:30	
57	52	1	Teenagers (male)	George Walker	M	185		10:48:00	01:21:44	00:07:32	00:00:49	00:45:45	00:00:43	00:26:53	12:09:44	
58	5	1	Seniors W45	Sally Ladlow	F	153		10:28:00	01:22:08	00:08:41	00:01:07	00:46:10	00:01:05	00:25:04	11:50:08	
59	53	7	Seniors M35	Lee St Quinton	M	180	Skegness Coasters /	10:44:00	01:22:12	00:07:52	00:00:54	00:45:10	00:00:50	00:27:23	12:06:12	
60	54	2	Seniors M60	Richard Perry	M	106	Grimsby Tri Club	10:00:00	01:22:40	00:09:06	00:01:03	00:46:47	00:01:01	00:24:41	11:22:40	
61	6	3	Seniors W30	Bacardi King	F	140		10:20:00	01:23:11	00:08:26	00:00:50	00:49:40	00:00:30	00:23:42	11:43:11	
62	55	8	Seniors M35	David Best	M	131		10:16:00	01:23:11	00:08:56	00:01:13	00:48:37	00:00:29	00:23:55	11:39:11	
63	7	1	Seniors W50	Caroline Frank	F	149	Louth Triathlon Club	10:24:00	01:23:18	00:08:43	00:00:43	00:44:59	00:00:58	00:27:53	11:47:18	
64	56	4	Seniors M50	Steve Stones	M	143		10:20:00	01:23:22	00:09:19	00:00:44	00:45:14	00:00:34	00:27:28	11:43:22	
65	57	1	Teenagers (male)	Mathew Pocock	M	183	QEGS Alford	10:44:00	01:23:31	00:06:55	00:01:14	00:46:30	00:00:36	00:28:13	12:07:31	
66	58	10	Seniors M30	Andrew Reynolds	M	46	Caistor Running Club	09:24:00	01:23:35	00:11:34	00:01:47	00:47:11	00:01:23	00:21:39	10:47:35	
67	59	1	Teenagers (male)	Joey Mowbray	M	103		09:56:00	01:23:49	00:10:50	00:01:07	00:46:19	00:00:59	00:24:32	11:19:49	
68	60	9	Seniors M40	Matt Frejiszyn	M	31		09:13:00	01:23:59	00:12:33	00:00:49	00:45:09	00:00:54	00:24:33	10:36:59	
69	61	11	Seniors M30	Robin Kitching	M	97		09:56:00	01:24:01	00:09:08	00:01:02	00:46:38	00:01:01	00:26:10	11:20:01	
70	62	5	Seniors M50	Mark Crellin	M	27	Grimsby Tri Club	09:13:00	01:24:20	00:11:48	00:01:07	00:45:09	00:00:37	00:25:37	10:37:20	
71	63	10	Seniors M40	Paul Huntley	M	62		09:32:00	01:24:31	00:10:19	00:01:04	00:43:00	00:01:03	00:29:03	10:56:31	
72	64	11	Seniors M40	Graham Taylor	M	70		09:36:00	01:24:49	00:09:34	00:01:20	00:48:37	00:01:03	00:24:13	11:00:49	
73	8	4	Seniors W30	Laura Stott-Allworthy	F	166	Louth Triathlon Club	10:36:00	01:24:57	00:08:01	00:00:49	00:49:33	00:00:34	00:25:57	12:00:57	
74	65	13	Seniors M45	Alan Howe	M	43		09:24:00	01:24:59	00:10:38	00:01:33	00:45:51	00:01:20	00:25:36	10:48:59	
75	9	2	Seniors W40	Gaynor Halford	F	121		10:12:00	01:25:22	00:09:02	00:02:00	00:46:52	00:01:39	00:25:47	11:37:22	
76	10	1	Women	Katie Gilbert	F	114	Team 'working class triathlete'	10:04:00	01:26:17	00:08:45	00:00:44	00:49:21	00:00:44	00:26:40	11:30:17	
77	66	12	Seniors M40	Gareth Jenkins	M	96		09:52:00	01:26:27	00:10:10	00:02:13	00:45:37	00:02:11	00:26:13	11:18:27	
78	11	2	Seniors W35	Alexandra Esser	F	93	Louth Triathlon Club	09:52:00	01:26:41	00:09:46	00:01:17	00:48:50	00:00:26	00:26:20	11:18:41	
79	67	6	Seniors M50	David Johnson	M	122	Skegness Tri Club	10:12:00	01:26:49	00:09:20	00:01:00	00:45:50	00:01:07	00:29:29	11:38:49	
80	N/A	N/A	N/A	Doofenshmirtz Evil	T	40	Louth Triathlon Club	09:24:00	01:26:50	00:12:44	00:00:30	00:49:40	00:00:28	00:23:27	10:50:50	Jessica, Dan,
81	12	2	Women	Meg Dale	F	36		09:17:00	01:26:51	00:09:58	00:02:04	00:47:39	00:01:01	00:26:08	10:43:51	
82	68	12	Seniors M30	Ashley Epton	M	92	Skegness Tri Club	09:52:00	01:26:53	00:09:17	00:01:18	00:48:24	00:01:04	00:26:47	11:18:53	
83	69	2	Teenagers (male)	Nathan Pocock	M	182	QEGS Alford	10:44:00	01:27:22	00:07:39	00:00:57	00:46:59	00:00:35	00:31:10	12:11:22	
84	70	13	Seniors M40	Ben Harness	M	94		09:52:00	01:27:27	00:10:23	00:02:31	00:49:49	00:00:57	00:23:45	11:19:27	
85	71	14	Seniors M40	James Parker	M	105		10:00:00	01:27:58	00:08:12	00:01:18	00:50:12	00:00:48	00:27:26	11:27:58	
86	13	3	Seniors W40	Bronwen Kane	F	123	Lincoln Tri Club	10:12:00	01:28:29	00:09:12	00:01:32	00:47:53	00:01:12	00:28:38	11:40:29	
87	14	2	Seniors W50	anne mortimer	F	65	Grimsby Tri Club	09:36:00	01:28:36	00:10:19	00:01:16	00:49:05	00:00:40	00:27:14	11:04:36	
88	72	14	Seniors M45	Nick Pocock	M	162		10:36:00	01:28:49	00:07:27	00:01:20	00:50:06	00:01:10	00:28:44	12:04:49	
89	73	13	Seniors M30	Henry Rundle	M	108		10:00:00	01:28:58	00:09:12	00:02:10	00:49:40	00:01:13	00:26:41	11:28:58	
90	15	4	Seniors W40	Christine Giles	F	136	Louth Triathlon Club	10:16:00	01:29:21	00:08:57	00:00:34	00:47:02	00:00:25	00:32:21	11:45:21	
91	74	15	Seniors M45	Martin Jessop	M	160		10:28:00	01:29:29	00:09:34	00:01:45	00:48:55	00:00:41	00:28:33	11:57:29	
92	16	3	Seniors W35	Kelly Hewson-Fisher	F	60	Wolds Veterans	09:32:00	01:29:31	00:10:23	00:00:51	00:46:34	00:01:08	00:30:34	11:01:31	
93	75	3	Seniors M60	Tony Schumacher	M	109	York Knavesmir Harriers	10:00:00	01:29:32	00:09:45	00:01:06	00:49:23	00:00:30	00:28:47	11:29:32	
94	17	2	Seniors W45	Diane Pegg	F	52		09:28:00	01:29:36	00:11:21	00:01:08	00:49:49	00:01:04	00:26:11	10:57:36	
95	18	3	Women	Frere Buckland	F	132		10:16:00	01:30:15	00:08:17	00:01:19	00:48:04	00:01:01	00:31:31	11:46:15	
96	19	5	Seniors W30	Leah Heckles	F	28		09:13:00	01:30:21	00:12:44	00:01:39	00:48:17	00:01:05	00:26:34	10:43:21	
97	76	9	Seniors M35	Michael Freeman	M	120		10:04:00	01:30:25	00:09:09	00:01:17	00:51:50	00:01:09	00:26:58	11:34:25	
98	20	5	Seniors W40	Michyla Clark	F	117	Skegness Tri Club	10:04:00	01:30:49	00:09:17	00:00:59	00:50:34	00:00:47	00:29:11	11:34:49	
99	N/A	N/A	N/A	jsk try - athletes	T	84	Louth Triathlon Club	09:48:00	01:31:47	00:09:35	00:00:39	00:49:11	00:00:47	00:31:32	11:19:47	Julie, Susie,
100	21	4	Seniors W35	Melanie Papworth	F	141		10:20:00	01:31:48	00:09:20	00:01:12	00:52:45	00:00:52	00:27:36	11:51:48	
101	77	7	Men	Ian Cooper	M	58		09:32:00	01:32:12	00:11:03	00:02:10	00:51:31	00:01:04	00:26:22	11:04:12	
102	78	10	Seniors M35	Philip Bradley	M	30		09:13:00	01:32:24	00:10:10	00:01:54	00:53:07	00:00:39	00:26:31	10:45:24	
103	79	6	Seniors M55	Russ Drewery	M	90	Louth Triathlon Club	09:52:00	01:32:27	00:10:29	00:01:08	00:47:25	00:01:38	00:31:46	11:24:27	
104	22	6	Seniors W30	Claire Draper	F	148		10:24:00	01:32:37	00:08:15	00:00:44	00:47:33	00:00:51	00:35:13	11:56:37	
105	80	15	Seniors M40	Kevin Dent	M	17		09:09:00	01:33:02	00:10:04	00:01:41	00:48:20	00:01:22	00:31:33	10:42:02	
106	81	11	Seniors M35	chris marshall	M	116		10:04:00	01:33:12	00:09:21	00:01:21	00:47:46	00:01:07	00:33:35	11:37:12	
107	23	3	Seniors W45	Kate Conway	F	127	Louth Triathlon Club	10:12:00	01:33:22	00:09:38	00:01:18	00:49:34	00:01:09	00:31:41	11:45:22	
108	82	7	Seniors M50	Richard Smith	M	112	Wolds Veterans	10:00:00	01:33:34	00:09:53	00:01:04	00:52:01	00:00:41	00:29:53	11:33:34	

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Pos	Gndr pos	Age grp pos	Age grp	Name	M/F	Race num	Club	Start time	Compltd	Swim	T1	Bike	T2	Run	Finished at	Team
109	83	16	Seniors M45	Giles Bradley	M	74		09:40:00	01:34:27	00:11:21	00:00:53	00:48:48	00:01:00	00:32:23	11:14:27	
110	84	7	Seniors M55	Craig Turrell	M	47		09:24:00	01:34:29	00:11:32	00:01:47	00:57:31	00:00:41	00:22:56	10:58:29	
111	85	14	Seniors M30	Gary Mathews	M	178		10:44:00	01:34:42	00:06:55	00:01:15	00:52:06	00:01:45	00:32:38	12:18:42	
112	24	4	Seniors W45	Nicola Durham	F	91		09:52:00	01:34:42	00:08:59	00:02:19	00:51:59	00:01:22	00:30:02	11:26:42	
113	86	15	Seniors M30	John Bradley	M	118		10:04:00	01:35:22	00:09:31	00:01:40	00:49:45	00:01:05	00:33:20	11:39:22	
114	87	12	Seniors M35	Richard Myszczyzyn	M	45		09:24:00	01:36:40	00:11:19	00:01:53	00:53:33	00:00:46	00:29:07	11:00:40	
115	25	1	Teenagers (female)	Ella Ball	F	154	Louth Triathlon Club	10:28:00	01:36:53	00:08:03	00:00:45	00:55:08	00:00:33	00:32:21	12:04:53	
116	26	3	Seniors W50	Denise Cant	F	56		09:28:00	01:37:17	00:10:41	00:01:47	00:54:19	00:00:46	00:29:42	11:05:17	
117	27	1	Juniors U23	Clare Higgins	F	48		09:24:00	01:37:28	00:11:12	00:02:14	00:52:53	00:00:46	00:30:21	11:01:28	
118	28	1	Seniors W60	Hilary Depper	F	119	Skegness Tri Club	10:04:00	01:37:36	00:09:45	00:01:30	00:53:39	00:01:12	00:31:29	11:41:36	
119	88	16	Seniors M40	Karl Summersford	M	35		09:17:00	01:37:55	00:13:15	00:01:50	00:50:42	00:01:19	00:30:47	10:54:55	
120	29	5	Seniors W45	Mags Hutchings	F	138	Louth Triathlon Club	10:20:00	01:38:21	00:08:27	00:00:35	00:52:02	00:01:06	00:36:08	11:58:21	
121	30	5	Seniors W35	Lyndsey Collin	F	57		09:32:00	01:38:35	00:09:43	00:02:13	00:56:42	00:00:54	00:29:01	11:10:35	
122	31	6	Seniors W45	Joanne Farmery	F	59	Grimsby Tri Club	09:32:00	01:38:51	00:10:22	00:01:08	00:47:56	00:00:38	00:38:46	11:10:51	
123	32	4	Women	Stephanie Owen	F	115		10:04:00	01:38:57	00:09:24	00:00:59	00:53:54	00:00:53	00:33:46	11:42:57	
124	89	8	Seniors M50	Philip Roberts	M	53	Tri3 Sleaford	09:28:00	01:39:10	00:12:02	00:01:50	00:49:44	00:00:54	00:34:38	11:07:10	
125	90	9	Seniors M50	Terry Hoodless	M	13		09:05:00	01:39:55	00:13:19	00:01:47	00:49:06	00:01:32	00:34:09	10:44:55	
126	91	8	Seniors M55	Michael Pell	M	10	Savona Striders	09:05:00	01:40:01	00:16:20	00:02:40	00:44:15	00:02:06	00:34:38	10:45:01	
127	33	7	Seniors W45	Elaine Herriott	F	38	Cleethorpes and District AC	09:17:00	01:40:28	00:12:11	00:01:15	00:51:35	00:00:39	00:34:46	10:57:28	
128	92	8	Men	Jack Coulbeck	M	2	JCS Fish	09:00:00	01:40:35	00:13:35	00:01:00	00:56:02	00:00:28	00:29:28	10:40:35	
129	93	17	Seniors M45	Robbie Mapletoft	M	99		09:56:00	01:41:25	00:10:04	00:01:20	00:33:21	00:00:40	00:56:00	11:37:25	
130	34	1	Seniors W55	Rosalind Jackson	F	23	Louth Triathlon Club	09:09:00	01:42:03	00:12:52	00:02:16	00:56:15	00:00:46	00:29:53	10:51:03	
131	94	17	Seniors M40	Ian Stratford	M	21		09:09:00	01:42:08	00:10:00	00:02:24	00:52:33	00:01:37	00:35:32	10:51:08	
132	35	8	Seniors W45	Jane Lammiman	F	39		09:17:00	01:42:19	00:11:54	00:01:28	00:54:05	00:00:47	00:34:02	10:59:19	
133	36	6	Seniors W40	Holly Mapletoft	F	102	Ashwater House	09:56:00	01:42:25	00:10:00	00:01:23	01:00:35	00:00:51	00:29:33	11:38:25	
134	37	6	Seniors W35	Emma Smith	F	24		09:09:00	01:42:25	00:12:53	00:02:32	00:55:59	00:00:52	00:30:07	10:51:25	
135	38	4	Seniors W50	Jayne Smith	F	67	Wolds Veterans	09:36:00	01:42:30	00:10:01	00:02:26	00:59:31	00:00:44	00:29:46	11:18:30	
136	39	5	Seniors W50	Alison Stones	F	54	Louth Triathlon Club	09:28:00	01:42:43	00:12:04	00:01:34	00:57:35	00:01:00	00:30:29	11:10:43	
137	40	5	Women	Alice Haskett-Smith	F	33		09:17:00	01:43:38	00:10:40	00:01:26	00:52:42	00:01:04	00:37:44	11:00:38	
138	95	1	Seniors M70	Michael Clark	M	75	Skegness Tri Club	09:40:00	01:43:55	00:10:31	00:02:24	00:52:50	00:01:34	00:36:33	11:23:55	
139	41	2	Seniors W55	Deborah Pollard	F	51		09:28:00	01:44:33	00:10:40	00:02:30	00:55:14	00:00:54	00:35:14	11:12:33	
140	96	3	Teenagers (male)	Nathan Smith	M	68		09:36:00	01:45:01	00:10:15	00:01:39	01:02:15	00:00:38	00:30:13	11:21:01	
141	97	18	Seniors M45	Mark Carter	M	15		09:05:00	01:45:08	00:14:03	00:01:49	00:54:26	00:01:30	00:33:18	10:50:08	
142	42	7	Seniors W40	Caroline Charlesworth	F	88		09:48:00	01:45:29	00:09:27	00:01:30	00:59:45	00:01:01	00:33:44	11:33:29	
143	98	9	Seniors M55	Charles Roberts	M	66	Sleaford Tri3	09:36:00	01:46:00	00:11:09	00:01:40	00:48:49	00:01:03	00:43:16	11:22:00	
144	43	7	Seniors W35	Roxanne Timmins	F	14		09:05:00	01:46:27	00:15:31	00:02:06	00:51:41	00:02:06	00:35:00	10:51:27	
145	44	6	Seniors W50	Gail Castledine	F	80	Louth AC	09:40:00	01:46:46	00:10:57	00:00:42	00:56:43	00:00:54	00:37:27	11:26:46	
146	45	8	Seniors W35	Miriam Barber	F	25	Louth Triathlon Club	09:13:00	01:47:53	00:13:06	00:01:23	01:00:35	00:00:49	00:31:58	11:00:53	
147	99	4	Seniors M60	Tony Housley	M	61		09:32:00	01:47:58	00:10:45	00:01:24	00:57:44	00:01:08	00:36:56	11:19:58	
148	46	2	Juniors U23	Dinah Smith	F	111		10:00:00	01:48:01	00:10:18	00:01:46	00:59:19	00:01:02	00:35:33	11:48:01	
149	47	8	Seniors W40	Sam Allen	F	29		09:13:00	01:49:08	00:11:30	00:01:15	00:57:56	00:00:51	00:37:34	11:02:08	
150	100	13	Seniors M35	Anthony Greenland	M	12		09:05:00	01:49:42	00:14:50	00:03:13	00:54:15	00:01:31	00:35:51	10:54:42	
151	48	9	Seniors W40	Tracy Howe	F	19		09:09:00	01:50:39	00:09:54	00:03:29	00:58:42	00:02:08	00:36:24	10:59:39	
152	49	7	Seniors W50	Jo Cudmore	F	89	Louth Triathlon Club	09:52:00	01:50:47	00:10:45	00:02:15	00:58:31	00:01:55	00:37:19	11:42:47	
153	50	8	Seniors W50	Karen Moulding	F	82	Louth Triathlon Club	09:48:00	01:52:05	00:09:21	00:01:05	01:08:28	00:00:41	00:32:28	11:40:05	
154	101	10	Seniors M55	Andrew Coulbeck	M	1	JCS Fish	09:00:00	01:52:34	00:13:40	00:02:30	00:59:14	00:01:23	00:35:45	10:52:34	
155	102	16	Seniors M30	Chris Johnson	M	7	JCS Fish	09:00:00	01:52:55	00:14:17	00:00:56	01:04:15	00:01:00	00:32:25	10:52:55	
156	51	9	Seniors W45	Gail Pocock	F	34		09:17:00	01:53:56	00:13:39	00:01:54	01:02:33	00:00:58	00:34:50	11:10:56	
157	52	9	Seniors W50	Beverley Johnson	F	11	Louth Triathlon Club	09:05:00	01:57:14	00:18:14	00:03:12	01:01:05	00:01:03	00:33:38	11:02:14	
158	103	4	Teenagers (male)	Will Mapletoft	M	101		09:56:00	01:58:02	00:10:06	00:02:41	01:03:57	00:00:55	00:40:21	11:54:02	
159	104	19	Seniors M45	Ian Dawson	M	76		09:40:00	02:01:05	00:10:53	00:02:06	01:03:16	00:02:08	00:42:40	11:41:05	
160	105	2	Teenagers (male)	Ed Mapletoft	M	100		09:56:00	02:02:21	00:10:01	00:02:57	01:07:15	00:00:55	00:41:12	11:58:21	
161	53	10	Seniors W45	Alison Horne	F	18		09:09:00	02:03:30	00:14:30	00:02:36	01:08:22	00:01:54	00:36:06	11:12:30	
162	54	1	Teenagers (female)	Jordan Stratford	F	22		09:09:00	02:05:23	00:12:58	00:04:13	00:56:25	00:03:09	00:48:35	11:14:23	

Louth Triathlon 2015

Pos	Gndr pos	Age grp pos	Age grp	Name	M/F	Race num	Club	Start time	Compltd	Swim	T1	Bike	T2	Run	Finished at	Team
163	106	18	Seniors M40	Anthony Thompson	M	8	JCS Fish	09:00:00	02:05:50	00:16:14	00:02:23	01:12:33	00:00:44	00:33:54	11:05:50	
164	107	9	Men	Luke Gallagher	M	4	JCS Fish	09:00:00	02:05:57	00:15:01	00:01:15	01:08:27	00:01:10	00:40:01	11:05:57	
165	108	3	Teenagers (male)	Jack Grey	M	5	JCS Fish	09:00:00	02:17:08	00:13:57	00:04:31	01:11:03	00:01:29	00:46:06	11:17:08	
166	109	10	Seniors M50	John Grey	M	6	JCS Fish	09:00:00	02:22:59	00:14:59	00:05:46	01:08:44	00:02:03	00:51:24	11:22:59	
167	110	17	Seniors M30	Craig Oliver	M	195	Louth Triathlon Club	10:52:00	DSQ	00:05:29	00:00:45	00:41:37	00:00:54	00:23:25	DSQ	
168	111	11	Seniors M50	Stephen Mowbray	M	104		09:56:00	DSQ	00:09:34	00:01:18	00:46:02	00:01:11	00:26:05	DSQ	
169	55	10	Seniors W50	Debbie Black	F	49		09:28:00	DSQ	00:11:09	00:02:34	00:52:33	00:01:04	00:33:12	DSQ	
-1	-1	-1	Seniors M40	Mark Salmon	M	176	Lincsquad	10:40:00	DNS							
-1	-1	-1	Seniors M30	David Cox	M	156	Louth Cycle Centre	10:28:00	DNS							
-1	-1	-1	Seniors M45	Andy Sheard	M	144		10:20:00	DNS							
-1	-1	-1	Men	Stephen Dearden	M	134	Lincolnshire Fire and Rescue	10:16:00	DNS							
-1	-1	-1	Seniors M45	Graham Cowan	M	133	Grimsby Tri Club / OTCF	10:16:00	DNS							
-1	-1	-1	Seniors W35	Hayley Smith	F	128		10:12:00	DNS							
-1	-1	-1	Seniors M35	Paul Swaby	M	126		10:12:00	DNF	00:10:07	00:00:59					
-1	-1	-1	Seniors W30	Rhian Ridgeway	F	125		10:12:00	DNS							
-1	-1	-1	Seniors W30	Kimberley Ward-Pawson	F	113		10:04:00	DNS							
-1	-1	-1	Seniors W55	Carol Silverwood	F	110	Savona Striders	10:00:00	DNS							
-1	-1	-1	Seniors W35	Lisa Rolfe	F	107		10:00:00	DNS							
-1	-1	-1	Seniors M45	Denzil Lynch	M	98		09:56:00	DNS							
-1	-1	-1	Seniors M45	Dean Wann	M	81		09:48:00	DNS							
-1	-1	-1	Seniors W50	Julie Killingbeck	F	79		09:40:00	DNS							
-1	-1	-1	Seniors M35	Nathan Michael	M	64		09:32:00	DNS							
-1	-1	-1	Seniors W35	Laura Huntley	F	63		09:32:00	DNS							
-1	-1	-1	Seniors W40	Tanya Allsopp	F	55	Skegness Tri Club	09:28:00	DNS							
-1	-1	-1	Women	Rebecca Hesketh	F	37		09:17:00	DNS							
-1	-1	-1	Seniors W40	Emma Garner	F	32	Wolds Veterans	09:13:00	DNS							
-1	-1	-1	Women	Katherine Bilsland	F	26		09:13:00	DNS							
-1	-1	-1	Seniors M30	Chris Chalk	M	16		09:05:00	DNS							
-1	-1	-1	Seniors M40	Mark Davies	M	3	JCS Fish	09:00:00	DNF	00:17:02	00:01:40	00:56:54				