

Longhorn 2018

Finisher List Nordic Walkers 5k

Pos	Chip time	Gender pos	Cat pos	Age grp	Race num	Name	Club	Pace (min/km)	Pace (min/mile)	Lap1	Lap2	Lap3	Lap4	Lap5	Final lap	st
Nordic Walkers 5k																
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1	00:46:30	1	1	F50-54	5189	Amanda Saunderson	Woodthorpe Huffers and Puffers	09:18	14:58						12:39:13	11:52:43.1
2	00:46:32	2	1	F55-59	5186	Sue Russell	Woodthorpe Huffers and Puffers	09:18	14:58						12:39:13	11:52:40.9
3	00:46:37	3	2	F55-59	5082	Gale Cockayne	Woodthorpe Huffers and Puffers	09:19	15:00						12:39:16	11:52:39.3
4	00:46:44	4	3	F55-59	5040	Alison Allen	Nordic UK - Chesterfield	09:20	15:02						12:39:28	11:52:44.7
5	00:46:58	5	4	F55-59	5074	Judith Cartwright	Woodthorpe Huffers and Puffers	09:23	15:07						12:39:40	11:52:42.3
6	00:47:01	6	5	F55-59	5061	Christine Bentley	Woodthorpe Huffers and Puffers	09:24	15:07						12:39:41	11:52:39.4
7	00:48:23	1	1	M60-64	5127	Gerhard Iwanczuk		09:40	15:34						12:41:10	11:52:47.5
8	00:49:14	7	1	F60-64	5158	Julie Matthews	Woodthorpe Huffers and Puffers	09:50	15:50						12:41:56	11:52:42.3
9	00:49:30	8	1	F65+	5100	Jackie Feckey	Woodthorpe Huffers and Puffers	09:54	15:55						12:42:14	11:52:44.0
10	00:50:11	2	1	M70+	5220	Martin Whysall	Holistic Health Nordic Walking Club	10:02	16:09						12:42:56	11:52:44.8
11	00:53:48	9	2	F60-64	5170	Kathryn Osborne-Iwanczuk		10:45	17:18						12:46:34	11:52:46.0
12	00:57:29	10	2	F65+	5219	Judy Whysall	Holistic Health Nordic Walking Club	11:29	18:30						12:50:20	11:52:51.0

Number of records: 12