



- RED / GREEN SQUARE - START POINT
- GREEN ARROWS - DIRECTION OF TRAVEL
- BLUE DOT - WATER STATION
- ORANGE DOT - MARSHAL POINT
- 1 - TOP OF HILL ENTERING WOODS
- 2 - PRIVATE ROAD CROSSING
- 3 - EMERGING FROM WOODS ONTO ROAD
- 4 - PERLETHORPE VILLAGE
- 5 - RIGHT TURN MEERING WITH 10K AND 10 MILE ROUTE
- 6 - 5k/10k MERGE AREA - NEAR STONEBRIDGE

Numbers of laps: 2

Direction of travel - anticlockwise