

Grimsthorpe Gallop 2019

Finisher List 10 Mile

Pos	Chip time	Gender pos	Cat pos	Age grp	Race num	Name	Club	Pace (min/km)	Pace (min/mile)	Town	Family team name
10 Mile											
1	01:09:11	1	1	M40-44	715	Mark Page	Sleaford Striders AC	04:17	06:55	Sleaford	
2	01:10:17	2	1	M45-49	721	Mark Preston	Lincoln Wellington Athletic Club	04:22	07:01	Market Rasen	
3	01:11:24	1	1	F50-54	653	Paula Downing	Mablethorpe RC	04:26	07:08	Mablethorpe	
4	01:12:01	3	1	M23-29	632	Jack Chapman		04:28	07:12	Lincoln	
5	01:13:09	4	2	M45-49	677	Jonathan Harrison	Sleaford Striders AC	04:32	07:18	Billingborough	
6	01:13:15	5	1	M35-39	662	Craig Freestone		04:33	07:19	Oakham	
7	01:18:22	6	2	M23-29	670	Ronan Haas		04:52	07:50	Dunston	
8	01:18:43	7	1	M30-34	743	Ryan Stocks		04:53	07:52	Nottingham	
9	01:18:47	2	1	F45-49	663	Barbara Fulton		04:53	07:52	Nottingham	
10	01:20:03	8	2	M40-44	736	Richard Scott	Newark Striders Running Club	04:58	08:00	Newark	
11	01:20:21	9	3	M40-44	673	Paul Hammerton	Redhill Road Runners	04:59	08:02	Nottingham	
12	01:23:56	10	2	M35-39	669	Ian Guild		05:12	08:23	Greylees	
13	01:23:59	11	1	M50-54	622	Michael Brown	Harborough AC	05:13	08:23	Market Harborough	
14	01:24:50	3	1	F23-29	750	Katie Treadwell		05:16	08:29	Dunston	
15	01:26:17	12	2	M50-54	679	Ian Hearne	Kettering Town Harriers	05:21	08:37	Kettering	
16	01:26:27	13	1	M55-59	706	Eddie Murphy	Kettering Town Harriers	05:22	08:38	Kettering	
17	01:26:59	14	2	M30-34	761	Chrisopher Nicol		05:24	08:41		
18	01:28:32	15	4	M40-44	705	Leon Milner		05:30	08:51	Immingham	
19	01:29:04	16	2	M55-59	643	Gerald Cowdock	Desborough & Rothwell Running Club	05:32	08:54	Kettering	
20	01:29:15	4	1	F35-39	650	Naomi Daubrah-scott		05:32	08:55	Bingham	
21	01:29:21	17	3	M50-54	686	Mark Hookins		05:33	08:56	Bromyard	
22	01:30:04	5	1	F30-34	731	Abigail Righini-brand	Sleaford Town Runners	05:35	09:00	Sleaford	
23	01:30:10	6	1	F40-44	648	Elizabeth Daniels		05:36	09:01	Bourne	
24	01:30:18	18	4	M50-54	609	Peter Mittertreinen	Boston Community Runners	05:36	09:01		
25	01:30:19	19	5	M40-44	690	Chris Hurst	Skegness & District Running Club	05:36	09:01	Horncastle	
26	01:30:23	20	3	M55-59	985	Ian Mortimer	SBR EVENTS PACER TEAM	05:36	09:02	Corby	
27	01:30:46	21	3	M45-49	694	Sean King		05:38	09:04	Immingham	
28	01:30:58	22	6	M40-44	700	Clayton Maltby		05:39	09:05	Coningsby	
29	01:31:09	7	2	F35-39	763	Clare Burdell	Vegan Runners UK	05:39	09:06		
30	01:31:14	23	7	M40-44	734	Patrick Sayer		05:40	09:07	Sileby	
31	01:31:28	8	2	F45-49	656	Justine Edwards		05:41	09:08	Peterborough	
32	01:31:58	24	3	M35-39	764	Gareth Burdell	Vegan Runners UK	05:42	09:11		
33	01:32:14	25	4	M45-49	755	Richard Vater	Kettering Town Harriers	05:43	09:13	Kettering	
34	01:32:20	26	5	M45-49	655	Mark Edwards	Grantham Running Club	05:44	09:14	Grantham	
35	01:33:29	27	5	M50-54	685	Andrew Hooker	Halmer Harriers	05:48	09:20	Moulton	
36	01:33:32	28	8	M40-44	707	Martin Murray		05:48	09:21	Bourne	
37	01:33:49	29	6	M45-49	661	Craig Fear	Thorney RC	05:49	09:22	Spalding	
38	01:33:51	30	9	M40-44	760	James Wall		05:49	09:23		
39	01:33:53	9	2	F30-34	723	Kim Proctor		05:50	09:23	Gainsborough	
40	01:34:06	10	2	F50-54	642	Nicola Cottam	Grantham Running Club	05:50	09:24	Grantham	
41	01:34:21	11	1	F55-59	751	Rosalind Treadwell	Lincoln & District Runners	05:51	09:26	Lincoln	
42	01:34:47	12	3	F50-54	749	Anna Thompson	Sleaford Striders AC	05:53	09:28	Spalding	
43	01:35:12	13	4	F50-54	689	Sarah Humphries		05:54	09:31	Stamford	
44	01:36:07	31	6	M50-54	646	Paul Craven		05:58	09:36	Boston	
45	01:36:07	14	2	F40-44	645	Chrissy Craven		05:58	09:36	Sibsey	
46	01:36:27	32	4	M55-59	740	Mark Smith		05:59	09:38	Boston	
47	01:36:30	15	2	F55-59	658	Sheila Emery	Notts Women Runners	05:59	09:39	Bingham	
48	01:36:32	33	7	M50-54	725	Rob Pye		05:59	09:39	Peterborough	
49	01:36:32	16	3	F45-49	724	Catherine Pye		05:59	09:39	Peterborough	
50	01:36:51	17	2	F23-29	611	Vicki Ball	Grantham Running Club	06:01	09:41	Grantham	

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51	01:36:52	18	3	F35-39	687	Cally Horsfall		06:01	09:41	Southwell	
52	01:37:00	19	1	F60-64	714	Sue Oldfield	Lincoln & District Runners	06:01	09:42	Lincoln	
53	01:37:11	20	4	F45-49	683	Karen Hindle		06:02	09:43	Boston	
54	01:37:14	21	4	F35-39	719	Kimberley Pittam	Boston Community Runners	06:02	09:43	Boston	
55	01:37:37	34	3	M30-34	619	Gareth Bradwick		06:03	09:45	Melton Mowbray	
56	01:37:38	35	8	M50-54	702	Philip Mason		06:04	09:45	Kettering	
57	01:37:45	22	5	F50-54	759	Amanda Young	Louth AC	06:04	09:46		
58	01:37:47	36	7	M45-49	684	Carl Holland		06:04	09:46	Spalding	
59	01:37:51	37	1	M60-64	728	Peter Ramsey	Veteran Runners UK	06:04	09:47	Whissendine	
60	01:37:58	23	6	F50-54	640	Caroline Colley	Lincoln Wellington Athletic Club	06:05	09:47	Lincoln	
61	01:38:02	24	2	F60-64	621	Rebecca Brooks	Barrow runners	06:05	09:48	Leicester	
62	01:39:22	38	8	M45-49	754	Matt Tunnard	Boston Community Runners	06:10	09:56	Boston	
63	01:39:45	25	3	F40-44	709	Hannah Norman		06:11	09:58	Lincoln	
64	01:39:45	26	4	F40-44	701	Sarah Manu-Smith		06:11	09:58	Lincoln	
65	01:40:17	27	3	F55-59	762	Jayne Wallis		06:13	10:01		
66	01:40:19	28	7	F50-54	708	Raynor Nieuwenhuizen		06:14	10:01	Bourne	
67	01:40:23	29	5	F40-44	697	Abi Lewis		06:14	10:02	Milton Keynes	
68	01:41:01	30	6	F40-44	651	Abigail Day		06:16	10:06	Bourne	
69	01:41:02	31	7	F40-44	682	Elaine Hickman	Desborough & Rothwell Running Club	06:16	10:06	Sibbertoft	
70	01:41:02	32	4	F55-59	757	Wendy Williams	Desborough & Rothwell Running Club	06:16	10:06	Market Harborough	
71	01:41:02	33	5	F45-49	699	Louise Lockwood	Desborough & Rothwell Running Club	06:16	10:06	Market Harborough	
72	01:41:05	34	5	F55-59	732	Sandra Rizan	Lincoln Wellington Athletic Club	06:16	10:06	Lincoln	
73	01:41:24	35	6	F45-49	722	Angela Preston	LWAC	06:18	10:08	Market Rasen	
74	01:41:33	39	10	M40-44	666	Neil Goodwin	Boston Community Runners	06:18	10:09	Boston	
75	01:42:43	36	7	F45-49	738	Virginia Smith	Lincs Ladies	06:22	10:16	Bourne	
76	01:43:02	37	8	F50-54	758	Anne Wilson		06:24	10:18	Radcliffe on Trent	
77	01:43:40	38	9	F50-54	630	Janet Cawley	Lincoln Wellington Athletic Club	06:26	10:22	Lincoln	
78	01:44:22	39	8	F45-49	627	Nicola Byrne		06:29	10:26	Oakham	
79	01:44:23	40	6	F55-59	657	Sandra Yates	Lincs Ladies	06:29	10:26	Bourne	
80	01:44:52	41	9	F45-49	747	Gabriele Thomas-Neher	SBR EVENTS PACER TEAM	06:30	10:29	Nottingham	
81	01:44:54	42	3	F30-34	742	Dannielle Stockdale		06:31	10:29	Sleaford	
82	01:45:15	43	7	F55-59	649	Donna Das	Werrington Joggers	06:32	10:31	Peterborough	
83	01:45:15	44	10	F45-49	729	Heather Revell	Werrington Joggers	06:32	10:31	Peterborough	
84	01:45:59	45	10	F50-54	691	Sue Smith	Skegness Coasters	06:35	10:35	Skegness	
85	01:45:59	46	3	F60-64	676	Janet Harmston	Skegness Coasters	06:35	10:35	Skegness	
86	01:46:23	47	4	F30-34	681	Jo Henstock		06:36	10:38	Cropwell Butler	
87	01:47:13	48	11	F45-49	610	Janine Baker		06:39	10:43	Wainfleet	
88	01:47:35	49	12	F45-49	735	Hilary Scoats		06:41	10:45	Peterborough	
89	01:47:58	50	5	F35-39	625	Cheryl Burrows		06:42	10:47	Lincoln	
90	01:47:58	51	13	F45-49	605	Emma Abbott	Lincoln Wellington Athletic Club	06:42	10:47	Lincoln	
91	01:48:31	52	6	F35-39	726	Laura Qualters		06:44	10:51	Gainsborough	
92	01:48:40	40	9	M50-54	607	Viktor Babic		06:45	10:52	Nottingham	
93	01:48:45	53	8	F40-44	718	Sharon Payne		06:45	10:52	Market Deeping	
94	01:48:45	54	11	F50-54	618	Carol Bowers		06:45	10:52	Market Deeping	
95	01:48:54	55	9	F40-44	626	Lesley Buswell	Boston Community Runners	06:46	10:53	Boston	
96	01:49:24	41	10	M50-54	727	Darron Quinn		06:47	10:56	Grantham	
97	01:49:33	56	8	F55-59	608	Alena Babicova		06:48	10:57	Nottingham	
98	01:49:58	57	12	F50-54	668	Elaine Grice		06:49	10:59	Stamford	
99	01:50:51	58	13	F50-54	671	Jeanine Hall		06:53	11:05	Sheffield	
100	01:51:12	59	4	F60-64	665	Anne Gilroy	Lincoln Wellington Athletic Club	06:54	11:07	Lincoln	
101	01:51:55	60	14	F45-49	634	Jodie Clark	Three Counties Running Club	06:57	11:11	Spalding	
102	01:51:55	42	9	M45-49	635	Jonathan Clark	Three Counties Running Club	06:57	11:11	Long Sutton	

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103	01:52:07	61	3	F23-29	624	Rosie Burdass		06:57	11:12	Lincoln	
104	01:52:46	62	7	F35-39	652	Vanessa Dodsworth		07:00	11:16	Gainsborough	
105	01:53:03	63	8	F35-39	720	Hannah Plimmer		07:01	11:18	Oakham	
106	01:53:10	64	10	F40-44	688	Dianne Houghton	Boston Community Runners	07:01	11:19	Boston	
107	01:53:28	65	15	F45-49	703	Karen Midgley		07:03	11:20	Cawston	
108	01:53:28	66	9	F35-39	674	Elizabeth Harber	Step It Up Active	07:03	11:20	Rugby	
109	01:53:43	67	16	F45-49	660	Nicola Fahy	Grantham Running Club	07:03	11:22	Grantham	
110	01:53:43	68	9	F55-59	733	Julie Ryell		07:03	11:22	Lincoln	
111	01:54:19	69	14	F50-54	623	Maria Bryan		07:06	11:25	Corby	
112	01:55:19	70	10	F35-39	737	Kelly Simcox		07:09	11:31	Gainsborough	
113	01:56:02	71	17	F45-49	644	Elaine Crane	Lincs Ladies	07:12	11:36	Bourne	
114	01:56:56	72	5	F30-34	633	Gina Chapman		07:15	11:41	Lincoln	
115	01:57:51	73	11	F40-44	710	Abi Norman	Kings Heath Running Club	07:19	11:47	Birmingham	
116	01:59:43	74	18	F45-49	631	Debbie Challinor		07:26	11:58	Lincoln	
117	02:00:36	75	6	F30-34	748	Kim Thompson	Lonely Goat RC	07:29	12:03	Mansfield	
118	02:02:34	76	19	F45-49	629	Suzanne Catley	Notfast RC	07:36	12:15	Newark	
119	02:02:34	77	15	F50-54	620	Maria Brambles	Notfast RC	07:36	12:15	Newark	
120	02:03:07	43	11	M50-54	698	Colin Lloyd	Redwell Runners	07:39	12:18	Wellingborough	
121	02:03:08	78	10	F55-59	717	Sue Pawson	Redwell Runners	07:39	12:18	Wellingborough	
122	02:03:37	79	12	F40-44	654	Zoe Edwards		07:40	12:21	Newton	
123	02:03:38	80	11	F55-59	678	Karen Harrison	Holme Pierrepont RC	07:40	12:21	Nottingham	
124	02:03:38	44	11	M40-44	753	Andy Trow	Holme Pierrepont RC	07:40	12:21	Nottingham	
125	02:05:11	45	12	M50-54	739	Graham Smith		07:46	12:31	Rugby	
126	02:07:12	81	20	F45-49	704	Pauline Mills	Corby Running Marvels	07:54	12:43	Corby	
127	02:09:43	82	21	F45-49	659	Carolyn English		08:03	12:58	Peterborough	
128	02:29:57	83	22	F45-49	213	Jo Harris		09:19	14:59	Bedford	

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