

## Grimsthorpe Gallop 2019

## Finisher List 10k

Pos	Chip time	Gender pos	Cat pos	Age grp	Race num	Name	Club	Pace (min/km)	Pace (min/mile)	Town	Family team name
<b>10k</b>											
1	00:42:09	1	1	M30-34	260	Nicholas Cooper		04:12	06:47	Lincoln	
2	00:43:48	2	1	M50-54	300	Steve King	Harborough AC	04:22	07:02	Market Harborough	
3	00:44:08	3	2	M50-54	245	Dave Burton	Sleaford Striders AC	04:24	07:06	Sleaford	
4	00:46:02	1	1	F18-19	367	Danielle Smith	Heanor RC	04:36	07:24	Heanor	
5	00:46:55	4	1	M45-49	345	Jason Palmer	Sleaford Striders AC	04:41	07:33	Sleaford	
6	00:47:54	5	1	M23-29	424	Adam Bevan		04:47	07:42	Boston	
7	00:47:58	2	1	F23-29	334	Kelsey Moloney	Heanor RC	04:47	07:43	Ilkeston	
8	00:48:26	6	1	M55-59	271	Mick Durkin	Sleaford Striders AC	04:50	07:47	Sleaford	
9	00:48:48	7	2	M45-49	298	James Karch		04:52	07:51	Hucknall	
10	00:49:14	8	3	M45-49	409	Mark Robertson	Cardiac Atheletes	04:55	07:55	Bourne	
11	00:50:09	3	1	F35-39	399	Elaine Wilkins	Heanor RC	05:00	08:04	Giltbrook	
12	00:50:18	9	3	M50-54	252	Rob Caven	Sleaford Striders AC	05:01	08:05	Sleaford	
13	00:51:39	10	1	M40-44	352	Mark Pidcock	SBR EVENTS PACER TEAM	05:09	08:18	Sutton In Ashfield	
14	00:52:15	11	2	M40-44	430	Simon Murphy	Lonely Goat RC	05:13	08:24		
15	00:53:36	12	2	M55-59	387	Nicholas Turner		05:21	08:37	Great Hale	
16	00:54:11	13	3	M55-59	320	Richard Mardling	Stamford Striders	05:25	08:43	Grantham	
17	00:54:27	4	1	F45-49	238	Amanda Britton	Yaxley Runners & Joggers	05:26	08:45	Peterborough	
18	00:54:39	14	4	M45-49	422	Simon Adey		05:27	08:47		
19	00:54:53	5	1	F50-54	317	Catrina Macrae	Sleaford Striders AC	05:29	08:49	Great Hale	
20	00:55:06	15	1	M35-39	418	Daniel Moore		05:30	08:52	Peterborough	
21	00:55:14	16	1	M12-13	273	Edward Elkin		05:31	08:53	Peterborough	
22	00:55:16	6	2	F45-49	348	Lisa Pask		05:31	08:53	Grantham	
23	00:55:53	7	2	F35-39	251	Meg Carpenter		05:35	08:59	Lincoln	
24	00:55:56	17	5	M45-49	257	Bob Collard	Fitmums and Friends	05:35	09:00	Hull	
25	00:55:57	18	2	M12-13	277	Harry Friend	Yaxley Runners & Joggers	05:35	09:00	Peterborough	
26	00:56:05	8	2	F23-29	425	Emma Weston		05:36	09:01		
27	00:56:22	19	6	M45-49	202	Stuart Baty	Grantham Running Club	05:38	09:04	Grantham	
28	00:56:36	20	1	M60-64	375	Lindsay Stuart	Sleaford Striders AC	05:39	09:06	Sleaford	
29	00:56:53	21	4	M50-54	239	Bryan Brockington	Sleaford Striders AC	05:41	09:09	Sleaford	
30	00:57:02	9	3	F35-39	395	Zoe Ward	Skegness & District Running Club	05:42	09:10	Boston	
31	00:57:02	10	1	F40-44	361	Rachael Satchwell		05:42	09:10	Boston	
32	00:57:30	22	7	M45-49	350	Martyn Pickworth	Sleaford Striders AC	05:45	09:15	Ruskington	
33	00:57:44	23	4	M55-59	356	Graham Riddell	Sleaford Striders AC	05:46	09:17	Sleaford	
34	00:57:54	24	3	M40-44	296	Steve Joicey		05:47	09:19	Newark	
35	00:58:29	11	2	F50-54	306	Leah Laird		05:50	09:24	Sleaford	
36	00:58:43	12	1	F55-59	330	Mary McGurk	Holme Pierrepont RC	05:52	09:26	Gamston	
37	00:58:57	13	4	F35-39	362	Gemma Scholes		05:53	09:29	Stamford	
38	00:58:57	25	4	M40-44	326	Simon Mason		05:53	09:29	Cambridge	
39	00:58:59	14	2	F40-44	365	Michelle Sendall		05:53	09:29	Bourne	
40	00:59:17	15	3	F45-49	388	Claire Varden		05:55	09:32	Nottingham	
41	00:59:41	16	3	F40-44	363	Karen Seal		05:58	09:36	Lincoln	
42	00:59:57	17	4	F40-44	344	Sharon Palmer	Sleaford Striders AC	05:59	09:38	Sleaford	
43	01:00:09	26	2	M60-64	261	Stephen Cornwell	Boston Community Runners	06:00	09:40	Donington	
44	01:00:22	27	5	M40-44	381	Clint Todd		06:02	09:42	Pinchbeck	
45	01:00:48	28	2	M35-39	429	Dale Towing	Grantham Running Club	06:04	09:47		
46	01:01:08	29	6	M40-44	312	Graham Lincoln		06:06	09:50	Wigsley	
47	01:01:08	18	5	F40-44	230	Jessica Blight		06:06	09:50	Oakham	
48	01:01:22	19	3	F50-54	253	Trudy Clarke		06:08	09:52	Skegness	
49	01:01:30	20	4	F45-49	248	Elizabeth Camelford	Bushfield Joggers	06:09	09:53	Peterborough	
50	01:01:38	21	5	F35-39	377	Justine Taylor		06:09	09:55	Bourne	

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51	01:01:39	22	6	F40-44	256	Anne Coles	Yaxley Runners & Joggers	06:09	09:55	Wittering	
52	01:01:46	23	1	F30-34	255	Katie Coleman	Corby Marvels	06:10	09:56	Corby	
53	01:01:48	24	7	F40-44	297	Claudette Joint	SBR EVENTS PACER TEAM	06:10	09:56	Grantham	
54	01:01:48	25	2	F30-34	232	Katie Bonner	Vegan Runners UK	06:10	09:56	Nottingham	
55	01:01:50	30	3	M35-39	319	Robert Mallinson		06:11	09:57	Grantham	
56	01:01:51	26	8	F40-44	283	Samantha Grant		06:11	09:57	Grantham	
57	01:02:32	27	4	F50-54	236	Sue Brentnall	Cambridge & Coleridge AC	06:15	10:03	Cambridge	
58	01:02:47	28	9	F40-44	229	Julia Blach		06:16	10:06	Nottingham	
59	01:03:00	29	2	F55-59	224	Joanne Baker		06:18	10:08	Spalding	
60	01:03:10	31	5	M50-54	416	Andrew Clutton		06:19	10:09	Barton seagrave	
61	01:03:10	30	5	F50-54	405	Joanna Winterton		06:19	10:09	Langham	
62	01:03:15	31	3	F23-29	389	Stephanie Voges	Step It Up Active	06:19	10:10	Rugby	
63	01:03:20	32	3	F30-34	343	Janey Orum	Sleaford Striders AC	06:20	10:11	Ruskington	
64	01:03:39	32	5	M55-59	309	Terry Lepore		06:21	10:14	Peterborough	
65	01:03:41	33	6	F50-54	410	Maria Yuill	Skegness & District Running Club	06:22	10:14	Boston	
66	01:03:42	34	3	F55-59	265	Diane Crookes		06:22	10:15	Grimsby	
67	01:03:48	33	2	M30-34	291	Daniel Holland		06:22	10:16	Grantham	
68	01:03:50	34	6	M55-59	329	Robert May		06:23	10:16	Nottingham	
69	01:03:55	35	5	F45-49	270	Ruth Dowling		06:23	10:17	Spalding	
70	01:03:57	36	7	F50-54	267	Mandy Dallorzo	Sleaford Striders AC	06:23	10:17	Sleaford	
71	01:03:58	37	6	F45-49	262	Lisa Craig	Step It Up Active	06:23	10:17	Rugby	
72	01:03:58	35	7	M55-59	349	Anthony Pearson		06:23	10:17	Grantham	
73	01:04:05	36	6	M50-54	314	Darren Long	Woodthorpe Huffers and Puffers	06:24	10:18	Nottingham	
74	01:04:13	38	4	F23-29	392	Sophie Wadsworth		06:25	10:20	Saffron Walden	
75	01:04:35	39	7	F45-49	397	Helen White		06:27	10:23	Kirkby la Thorpe	
76	01:04:43	37	3	M60-64	304	Vic Knight	Notfast RC	06:28	10:24	Newark	
77	01:05:18	40	10	F40-44	237	Sharon Brigden		06:31	10:30	Kettering	
78	01:05:49	41	6	F35-39	411	Rebecca Ireland	Sleaford Striders AC	06:34	10:35	Sleaford	
79	01:05:51	42	8	F50-54	357	Lisa Ridley		06:35	10:35	Newark	
80	01:05:53	38	3	M30-34	308	Chris Lawson		06:35	10:36	Cranwell	
81	01:05:59	43	8	F45-49	347	Emma Parkes		06:35	10:37	Peterborough	
82	01:06:00	44	9	F45-49	403	Patsy Wilson	Harborough AC	06:36	10:37	Market Harborough	
83	01:06:07	45	10	F45-49	432	Nicola Anderson		06:36	10:38		
84	01:06:11	39	4	M35-39	313	Stephen Linden-Wyatt	Sleaford Striders AC	06:37	10:39	Helpingham	
85	01:06:13	46	9	F50-54	288	Karen Hearne	Kettering Town Harriers	06:37	10:39	Kettering	
86	01:06:22	40	4	M30-34	333	Neil Miller		06:38	10:40	Lincoln	
87	01:06:28	47	11	F40-44	328	Caroline Matthews		06:38	10:41	Grantham	
88	01:06:29	41	7	M40-44	391	Matthew Wadkin		06:38	10:41	Grantham	
89	01:06:29	48	12	F40-44	374	Victoria Streater		06:38	10:41	Oakham	
90	01:06:29	49	7	F35-39	269	Emily Dickons		06:38	10:41	Empingham	
91	01:06:37	42	8	M45-49	226	John Bateson		06:39	10:43	Colsterworth	
92	01:06:56	43	7	M50-54	423	Darren Bevan		06:41	10:46	Boston	
93	01:06:57	50	13	F40-44	234	Kate Boulton	Halmer Harriers	06:41	10:46	Spalding	
94	01:07:12	51	10	F50-54	351	Amanda Pickworth	Sleaford Striders AC	06:43	10:48	Ruskington	
95	01:07:13	52	11	F45-49	376	Samantha Tate	Sleaford Striders AC	06:43	10:49	Sleaford	
96	01:07:28	53	4	F30-34	332	Fay Miller		06:44	10:51	Boston	
97	01:07:36	54	11	F50-54	371	Vanessa Stalker	Step It Up Active	06:45	10:52	Rugby	
98	01:07:45	55	8	F35-39	407	Lisa Wright		06:46	10:54	Peterborough	
99	01:07:53	44	9	M45-49	289	Kevin Hindle		06:47	10:55	Boston	
100	01:08:01	56	12	F50-54	417	Karen Stone	Desborough & Rothwell Running Club	06:48	10:56	Kettering	
101	01:08:01	57	13	F50-54	419	Jane Elliott	Desborough & Rothwell Running Club	06:48	10:56	Kettering	
102	01:08:04	45	8	M50-54	428	Howard Rudder	Grantham Running Club	06:48	10:57		

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103	01:08:04	58	14	F50-54	400	Sarah Williamson		06:48	10:57	Roxholm	
104	01:08:05	59	12	F45-49	379	Michelle Timson	Bourne 4 Running	06:48	10:57	Bourne	
105	01:08:18	46	5	M35-39	426	Adam Heal		06:49	10:59	Montclair	
106	01:08:20	60	13	F45-49	311	Georgina Lidgard	Boston Community Runners	06:50	10:59	Boston	
107	01:08:20	47	8	M55-59	318	Paul Maddison	Boston Community Runners	06:50	10:59	Boston	
108	01:08:22	48	8	M40-44	340	Jonathan Ogden		06:50	11:00	Lincoln	
109	01:08:26	61	15	F50-54	372	Lucy Stancer		06:50	11:00	Lutterworth	
110	01:08:43	62	14	F45-49	415	Tracey Clutton		06:52	11:03	Barton Seagrave	
111	01:08:44	63	15	F45-49	339	Rebecca Murphy	Kettering Town Harriers	06:52	11:03	Kettering	
112	01:08:52	64	5	F30-34	223	Chloe Artis	Melton Running Club	06:53	11:04	Edith Weston	
113	01:08:57	65	16	F50-54	370	Hilary Speller	Skegness & District Running Club	06:53	11:05	Horncastle	
114	01:09:10	66	14	F40-44	294	Amelia Iliffe		06:55	11:07	Lincoln	
115	01:09:14	49	9	M50-54	249	Simon Rees	team bex	06:55	11:08		
116	01:09:14	67	16	F45-49	354	Sally Rees		06:55	11:08	Huntingdon	
117	01:09:21	68	4	F55-59	404	Kip Wilson		06:56	11:09	Sleaford	
118	01:09:23	50	9	M55-59	386	Neil Turner		06:56	11:09	Cranwell	
119	01:09:23	51	10	M45-49	364	Stephen Searson		06:56	11:09	Grantham	
120	01:09:29	69	17	F50-54	241	Amanda Buchan		06:56	11:10	Peterborough	
121	01:09:52	52	10	M55-59	225	Rick Barrow		06:59	11:14	Morcott	
122	01:09:54	70	6	F30-34	342	Samantha Oliver		06:59	11:14	Lincoln	
123	01:10:10	71	17	F45-49	274	Shona Elkin	Werrington Joggers	07:01	11:17	Peterborough	
124	01:10:10	72	5	F23-29	331	Lily Merrony		07:01	11:17	Sleaford	
125	01:10:11	73	7	F30-34	368	Kimberleigh Smith		07:01	11:17	Peterborough	
126	01:10:25	74	9	F35-39	383	Deborah Tomblin		07:02	11:19	Grantham	
127	01:10:30	75	5	F55-59	385	Mary Turner		07:03	11:20	Great Hale	
128	01:10:40	53	10	M50-54	246	Richard Burton		07:04	11:22	Bourne	
129	01:11:12	76	18	F50-54	346	Carole Parker		07:07	11:27	Wellingore	
130	01:11:12	77	8	F30-34	433	Aileen Considine		07:07	11:27		
131	01:11:14	78	15	F40-44	310	Fiona Lewis		07:07	11:27	Morcott	
132	01:11:26	79	10	F35-39	353	Chloe Ratcliffe		07:08	11:29	Cambridge	
133	01:11:38	80	11	F35-39	398	Agata Wightman	Lonely Goat RC	07:09	11:31	Hemswell	
134	01:11:58	81	16	F40-44	358	Alison Robbins	Sleaford Striders AC	07:11	11:34	Sleaford	
135	01:12:23	54	5	M30-34	323	Greg Marshall	Bushfield Joggers	07:14	11:38	Peterborough	
136	01:12:24	82	18	F45-49	321	Amanda Margerson	Yaxley Runners & Joggers	07:14	11:39	Stilton	
137	01:12:36	83	12	F35-39	315	Deb Lord	Vegan Runners UK	07:15	11:41	Newark	
138	01:12:57	84	13	F35-39	292	Laura Howland		07:17	11:44	Coningsby	
139	01:13:05	85	19	F45-49	235	Janet Box	UK Run Chat	07:18	11:45	Rugby	
140	01:13:38	86	19	F50-54	378	Sue Tildesley	Huncote Harriers	07:21	11:51	Enderby	
141	01:13:38	87	20	F50-54	402	Sarah Willoughby		07:21	11:51	Spalding	
142	01:13:54	88	1	F60-64	282	Sarah Gordon		07:23	11:53	Leicester	
143	01:14:03	55	2	M23-29	303	Callum Kirk		07:24	11:55	Bloxholm	
144	01:14:10	89	20	F45-49	431	Andrea Crellin		07:25	11:56	March	
145	01:14:59	90	17	F40-44	280	Laura Garrett	Desborough & Rothwell Running Club	07:29	12:04	Kettering	
146	01:15:24	56	11	M55-59	427	Gary Milner		07:32	12:08		
147	01:15:33	91	6	F23-29	244	Alison Burton		07:33	12:09	Bourne	
148	01:15:33	92	14	F35-39	284	Tracy Grimshaw	Lincs Ladies	07:33	12:09	Bourne	
149	01:15:49	57	9	M40-44	250	Paper Carl		07:34	12:12	Market Deeping	
150	01:15:49	93	9	F30-34	290	Chelsey Holland		07:34	12:12	Grantham	
151	01:16:51	94	6	F55-59	322	Penny Marsden	Notts Women Runners	07:41	12:22	Matlock	
152	01:18:10	95	21	F50-54	258	Sue Cook		07:49	12:34	Sleaford	
153	01:19:19	58	10	M40-44	228	Jean Kleber Bezerra de Mello		07:55	12:45	Peterborough	
154	01:19:23	59	11	M50-54	279	Fernando Gallucci		07:56	12:46	Peterborough	

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155	01:19:50	96	7	F55-59	266	Alison Dale	Lincoln Wellington Athletic Club	07:59	12:50	Market Rasen	
156	01:19:54	97	10	F30-34	401	Beth Willis-Dixon		07:59	12:51	Sleaford	
157	01:19:56	98	21	F45-49	276	Michelle Ford		07:59	12:51	Lincoln	
158	01:19:57	99	7	F23-29	336	Tracy Mullenger		07:59	12:52	Nocton	
159	01:19:58	100	11	F30-34	406	Gemma Wortley		07:59	12:52	Woodhall Spa	
160	01:20:16	101	22	F45-49	214	Cara Johnson		08:01	12:55	Oakham	
161	01:20:47	102	8	F23-29	293	Lucy Hulls		08:04	13:00	London	
162	01:21:33	103	23	F45-49	302	sharon Kirby		08:09	13:07	Lincoln	
163	01:21:40	104	15	F35-39	324	Hannah Marshall	Bushfield Joggers	08:10	13:08	Peterborough	
164	01:22:21	105	22	F50-54	240	Beverley Brown		08:14	13:15	Market Harborough	
165	01:22:42	106	18	F40-44	393	Cj Walker	Grantham Running Club	08:16	13:18	Grantham	
166	01:22:42	107	12	F30-34	299	Sandra King		08:16	13:18	Lincoln	
167	01:24:07	60	12	M50-54	278	Steve Fruen	Skegness & District Running Club	08:24	13:32	Boston	
168	01:24:24	108	9	F23-29	281	Georgia Gibson-Smith		08:26	13:34	Brentford	
169	01:25:03	109	19	F40-44	285	Samantha Hall		08:30	13:41	Spalding	
170	01:25:03	110	2	F18-19	227	Megan Bean		08:30	13:41	Spalding	
171	01:25:31	111	20	F40-44	327	Katie Mason		08:33	13:45	Kettering	
172	01:25:58	61	1	M70+	384	Maurice Tompkins	Skegness & District Running Club	08:35	13:50	Boston	
173	01:26:53	112	16	F35-39	359	Elida Rubio	Wootton Road Runners	08:41	13:58	Stamford	
174	01:27:02	113	10	F23-29	337	Jodie Mullenger		08:42	14:00	Woodhall Spa	
175	01:27:40	114	21	F40-44	287	Lynette Harte		08:46	14:06	Boothby Pagnell	
176	01:28:53	115	23	F50-54	247	Rachel Cadman	Notts Women Runners	08:53	14:18	Nottingham	
177	01:28:56	116	24	F45-49	369	Katie South	Notts Women Runners	08:53	14:18	Nottingham	
178	01:29:45	117	8	F55-59	301	Sally King		08:58	14:26	Murrow	
179	01:29:45	118	2	F60-64	275	Janet Everett		08:58	14:26	Walton Highway	
180	01:34:58	119	22	F40-44	233	Catherine Booth-Stammers		09:29	15:17	Bottesford	
181	01:34:59	120	23	F40-44	316	Michelle Mabbitt		09:29	15:17	Bottesford	
182	01:35:33	121	24	F50-54	231	Helen Bloodworth	Bushfield Joggers	09:33	15:22	Peterborough	
183	01:35:33	62	4	M60-64	325	Gary Marshall	Bushfield Joggers	09:33	15:22	Peterborough	

Number of records: 183