

GRANTHAM TRIATHLON & AQUATHLON & AQUABIKE 2019 PARTICIPANT LIST
ALPHABETICAL ORDER

| Race No | NAME | WAVE TIME | LANE No | CLUB / TEAM NAME | TEAM ROLE | RACE |
|----------------|------------------------|------------------|----------------|------------------------------------|------------------|------------------|
| 212 | Allam, Steve | 10:00 | 6 | | | Lincs Tri Series |
| 197 | Amps, Ryan | 09:48 | 7 | | | Sprint |
| 321 | Andresen, Ove | 10:47 | 3 | Belvoir Tri Club | | Sprint |
| 267 | Andrews, Katherine | 10:27 | 1 | Tri 3 Sleaford | | Sprint |
| 249 | Angeloni, Mark | 10:18 | 5 | Belvoir Tri Club | | Sprint |
| 191 | Angrave, Richard | 09:44 | 6 | Wymeswold Running Club | | Sprint |
| 135 | Archer, Andy | 09:04 | 7 | Belvoir Tri Club | | Sprint |
| 108 | Armitage, Richard | 08:50 | 3 | | | Lincs Tri Series |
| 301 | Armstrong, John | 10:40 | 4 | Grimsby Tri Club | | Lincs Tri Series |
| 106 | Bajpai, Sachin | 08:45 | 7 | | | Sprint |
| 354 | Ball, Hayden | 10:55 | 6 | | | Sprint |
| 203 | Belfield, Steven | 09:52 | 6 | | | Sprint |
| 225 | Berry, Michael | 10:07 | 3 | WDAC | | Sprint |
| 192 | Bezance, Anna | 09:44 | 8 | | | Sprint |
| 214 | Billinghurst, Emily | 10:00 | 8 | | | Aquabike |
| 253 | Billinghurst, Matthew | 10:21 | 1 | | | Sprint |
| 246 | Billington, Paul | 10:18 | 2 | | | Aquabike |
| 400 | Blakemore, Mitchell | 10:53 | 7 | | | Aquathlon |
| 149 | Bland, Dan | 09:16 | 7 | Belvoir Tri Club | | Sprint |
| 150 | Blastland, David | 09:16 | 8 | Grimsby Tri Club | | Lincs Tri Series |
| 139 | Bordacs, Nicola | 09:12 | 5 | | | Sprint |
| 224 | Bott, Darren | 10:07 | 2 | | | Sprint |
| 193 | Bowman-Perks, Jonathan | 09:48 | 1 | Inspiring Leadership Trust-Charity | | Sprint |
| 388 | Boyson, Angharad | 10:21 | 7 | | | Super Sprint |
| 142 | Bradshaw, Paul | 09:12 | 8 | | | Lincs Tri Series |
| 243 | Bright, Russell | 10:13 | 6 | Woodhall Spa Steamers | | Lincs Tri Series |
| 232 | Brightwell, Jenna | 10:10 | 2 | Belper 10:20 | | Sprint |
| 180 | Britz, Suzanne | 09:40 | 3 | Belvoir Tri Club | | Sprint |
| 247 | Broad, Phil | 10:18 | 3 | Belvoir Tri Club | | Aquabike |
| 383 | Brookes, Kerrie | 09:48 | 3 | | | Super Sprint |
| 188 | Brooks, Darren | 09:44 | 3 | | | Sprint |
| 257 | Brooks, Suzanne | 10:21 | 5 | | | Aquabike |
| 300 | Buckland, Frere | 10:40 | 3 | | | Aquabike |
| 287 | Burrows, Dave | 10:35 | 6 | Yorkshire Vikings | | Sprint |
| 374 | Burt, Nicky | 09:00 | 8 | | | Super Sprint |
| 269 | Carayannis, Stavros | 10:27 | 3 | Northants Tri | | Sprint |
| 381 | Carpenter, Mark | 09:32 | 8 | | | Super Sprint |
| 128 | Carr, Laura | 09:01 | 8 | Worksop Harriers | | Sprint |
| 113 | Carrington, Paul | 08:50 | 8 | | | Sprint |
| 239 | Carstairs, Tracey | 10:13 | 2 | Wellingborough & District AC | | Sprint |
| 326 | Carter, Andrew | 10:47 | 8 | Royal Navy Triathlon | | Sprint |
| 318 | Cartwright, Sam | 10:45 | 7 | Brighton Tri Club | | Sprint |
| 233 | Chattaway, Ellie | 10:10 | 3 | WV TRI | | Sprint |
| 213 | Chattaway, Georgina | 10:00 | 7 | Welland Valley Tri club | | Sprint |

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| 199 | Chattaway, James | 09:52 | 1 | Welland Valley Tri club | | Sprint |
| 270 | Clark, Michyla | 10:27 | 4 | Skegness Tri Club | | Lincs Tri Series |
| 259 | Cobb, Jason | 10:21 | 8 | | | Sprint |
| 245 | Cockram, Paul | 10:18 | 1 | Grimsby Tri Club | | Sprint |
| 102 | Cole, Edith | 08:45 | 3 | | | Sprint |
| 282 | Collier, Geoff | 10:35 | 1 | Belvoir Tri Club | | Sprint |
| 140 | Cook, Michelle | 09:12 | 6 | | | Sprint |
| 274 | Cooper, Abi | 10:27 | 8 | Stamford Tri | | Sprint |
| 236 | Cowan, Graham | 10:10 | 6 | Lincsqquad | | Lincs Tri Series |
| 376 | Cox, Matthew | 09:08 | 8 | | | Super Sprint |
| 344 | Creek, Spencer | 10:53 | 2 | Lincolnshire Fire and Rescue | | Lincs Tri Series |
| 179 | Croll, Russell | 09:40 | 2 | | | Sprint |
| 263 | Crosby, Tim | 10:24 | 5 | Tri3 Sleaford | | Sprint |
| 144 | Cummins, Liam | 09:16 | 2 | | | Sprint |
| 329 | Cutmore, Patrick | 10:49 | 3 | Belvoir Tri Club | | Sprint |
| 164 | Daniels, Elizabeth | 09:28 | 1 | | | Sprint |
| 370 | Davidson, Paul | GUIDE | GUIDE | Belvoir Tri Club | | Sprint |
| 137 | Davies, Jude | 09:12 | 3 | | | Aquabike |
| 349 | Davies, William | 10:55 | 1 | | | Sprint |
| 146 | Dawkins, Ann | 09:16 | 4 | | | Sprint |
| 155 | Dawn Wright, Sarah | 09:20 | 4 | | | Aquabike |
| 342 | Dawson, Kevin | 10:51 | 8 | Racing Team Dawson | | Sprint |
| 356 | de Groot, Marijke | 10:47 | 1 | Belvoir Tri Club | | Sprint |
| 393 | Dean, Jody | 09:12 | 1 | | | Aquathlon |
| 390 | Dean, Nige | 10:45 | 1 | | | Super Sprint |
| 235 | Dean, Steven | 10:10 | 5 | | | Lincs Tri Series |
| 248 | Dean, Tom | 10:18 | 4 | Belvoir Tri Club | | Sprint |
| 340 | Deane, Rachel | 10:51 | 6 | TFN Tri Club | | Sprint |
| 211 | Dewar, Kate | 10:00 | 5 | Belvoir Tri Club | | Sprint |
| 129 | Dhani, Inderjit | 09:04 | 1 | | | Sprint |
| 160 | Doughty, Adam | 09:24 | 3 | | | Sprint |
| 166 | Doughty, Adam | 09:28 | 3 | | | Sprint |
| 237 | Downing, Katy | 10:10 | 8 | Northants Tri | | Sprint |
| 118 | Drake, Karen | 08:55 | 6 | Leicester Triathlon Club | | Lincs Tri Series |
| 134 | Edwards, Mark | 09:04 | 6 | | | Sprint |
| 319 | Edwards, Matthew | 10:45 | 8 | University of Bristol Tri Club | | Sprint |
| 392 | Ellis, Mark | 08:45 | 1 | TRI4VI | | Sprint |
| 184 | Else, Catherine | 09:40 | 7 | Belper 10:20 | | Sprint |
| 226 | Ely, Stephen | 10:07 | 4 | | | Lincs Tri Series |
| 173 | Emmott, Joe | 09:36 | 3 | | | Sprint |
| 386 | Eustaquio, Fabio | 10:13 | 7 | Belvoir Tri Club | | Super Sprint |
| 124 | Evans, Alan | 09:00 | 5 | | | Sprint |
| 107 | Fakayode, Joanna | 08:50 | 2 | WEIR Runners | | Sprint |
| 177 | Farnsworth, David | 09:36 | 7 | | | Sprint |
| 265 | Felton, Katie | 10:24 | 7 | | | Lincs Tri Series |
| 143 | Fender, Carl | 09:16 | 1 | | | Lincs Tri Series |
| 353 | Finch, Carol | TEAM | TEAM | | Bike | Sprint |
| 317 | Foster, David | 10:45 | 6 | Belvoir Tri Club | | Sprint |
| 195 | Fourcin, Kersti | 09:48 | 5 | | | Sprint |
| 215 | Francis, Aaron | 10:04 | 1 | | | Sprint |

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| 189 | Friel, Des | 09:44 | 4 | Belvoir Tri Club | | Sprint |
| 221 | Frikha, Emily | 10:04 | 7 | | | Sprint |
| 325 | Frith, Karl | 10:47 | 7 | | | Sprint |
| 231 | Furborough, John | 10:10 | 1 | Racehub | | Lincs Tri Series |
| 314 | Gammidge, Martyn | 10:45 | 3 | | | Lincs Tri Series |
| 133 | Geddes, Caroline | 09:04 | 5 | Eye Community Runners | | Sprint |
| 378 | George, John | 09:24 | 7 | | | Super Sprint |
| 335 | Gibbs, Chris | 10:51 | 1 | Lincsqquad | | Lincs Tri Series |
| 283 | Gibson, James | 10:35 | 2 | West Bridgford Tri | | Sprint |
| 345 | Glenn, Adrian | 10:53 | 3 | Woodhall Spa Steamers | | Lincs Tri Series |
| 162 | Goss, Simon | 09:24 | 5 | | | Sprint |
| 170 | Gossage, Joe | 09:28 | 7 | | | Sprint |
| 333 | Green, Katie | 10:49 | 7 | Heanor Running Club | | Lincs Tri Series |
| 395 | Grindey, Rory | 09:52 | 2 | Belvoir Tri Club | | Aquathlon |
| 312 | Grogan, Mike | 10:42 | 8 | West Bridgford Tri | | Sprint |
| 292 | Gutteridge, Stuart | 10:38 | 3 | 100% Tri,Tri3 Sleaford | | Sprint |
| 385 | Hall, Andrew | 09:44 | 7 | | | Super Sprint |
| 205 | Hall, James | 09:56 | 7 | | | Sprint |
| 157 | Hall, Kendra | 09:20 | 6 | 3cTri | | Lincs Tri Series |
| 117 | Hallam, Michael | 08:55 | 5 | | | Sprint |
| 268 | Ham, Benjamin | 10:27 | 2 | Louth Cycle Centre | | Lincs Tri Series |
| 298 | Hames, Karen | 10:40 | 1 | Lynas Vokes Race Team | | Sprint |
| 280 | Hancocks, Ian | 10:30 | 7 | Belvoir Tri Club | | Sprint |
| 194 | Harper, Gary | 09:48 | 2 | | | Lincs Tri Series |
| 104 | Hayes, Andrew | 08:45 | 5 | | | Sprint |
| 105 | Hayes, Izaak | 08:45 | 6 | | | Sprint |
| 382 | Hazard, Amy | 09:36 | 8 | Bingham Tri Club | | Super Sprint |
| 167 | Heathershaw, Alan | 09:28 | 4 | Belvoir Tri Club | | Sprint |
| 352 | Hemmings, Jon-Paul | 10:55 | 4 | Lincoln Tri | | Lincs Tri Series |
| 389 | Hogg, Caroline | 10:40 | 7 | Flying Monk Tri Club | | Super Sprint |
| 127 | Holden, Kate | 09:01 | 1 | | | Aquabike |
| 216 | Hoof , Sarah | 10:04 | 2 | Lincoln Tri | | Sprint |
| 121 | Hooley, Denise | 09:00 | 2 | Holme Pierrepont Running Club | | Lincs Tri Series |
| 348 | Howarth, Helen | 10:53 | 8 | | | Sprint |
| 277 | Hudson, Sean | 10:30 | 3 | Belvoir Tri Club | | Sprint |
| 266 | Hunt, Sophie | 10:24 | 8 | Belvoir Tri Club | | Sprint |
| 380 | Jackson, Catherine | 09:28 | 8 | | | Super Sprint |
| 169 | Jackson, Phillip | 09:28 | 6 | Louth Tri Club | | Lincs Tri Series |
| 168 | Jackson, Ros | 09:28 | 5 | Louth Tri Club | | Lincs Tri Series |
| 350 | Jaggard, Sharkie | 10:55 | 2 | Thames Valley Triathletes | | Aquabike |
| 363 | Johnson, Ben | 10:55 | 5 | | Swim | Sprint |
| 334 | Johnson, David | 10:49 | 8 | Mersey Tri | | Lincs Tri Series |
| 364 | Johnson, Louise | TEAM | TEAM | Mersey Tri | Run | Sprint |
| 285 | Joint, Darren | 10:35 | 4 | Belvoir Tri Club | | Sprint |
| 151 | Jones, Daniel | 09:20 | 1 | | | Lincs Tri Series |
| 281 | Keep, Robert | 10:30 | 8 | Louth Tri Club | | Sprint |
| 258 | Kent, Michelle | 10:21 | 6 | | | Sprint |
| 187 | Kirton, Zoe | 09:44 | 2 | Born2Tri | | Sprint |
| 234 | Kisby, Robert | 10:10 | 4 | Louth Tri Club | | Lincs Tri Series |
| 346 | Klimowicz, Emma | 10:53 | 4 | Welland Valley Tri club | | Sprint |

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| 271 | Knott, Alistair | 10:27 | 5 | Belvoir Tri Club | | Sprint |
| 120 | Kuster, Claudia | 09:00 | 1 | | | Sprint |
| 161 | Lancaster, Martyn | 09:24 | 4 | March Triathlon Club | | Aquabike |
| 323 | Lawlor, Mike | 10:47 | 5 | Louth Tri Club | | Lincs Tri Series |
| 273 | Logan, Rebecca | 10:27 | 7 | 100% Tri | | Lincs Tri Series |
| 372 | Lomax, Emily | 08:45 | 8 | Kenilworth Runners | | Super Sprint |
| 112 | Longstaff, Clare | 08:50 | 7 | | | Lincs Tri Series |
| 330 | Madge, Adam | 10:49 | 4 | Belvoir Tri Club | | Lincs Tri Series |
| 163 | Magee, Sarah | 09:24 | 6 | Boston Triathlon Club | | Lincs Tri Series |
| 367 | Marriott, Shaun | 09:16 | 3 | | Swim | Sprint |
| 109 | Marshall, Richard | 08:50 | 4 | | | Lincs Tri Series |
| 355 | Marsters, Ben | 10:55 | 7 | Boston Triathlon Club | | Sprint |
| 331 | Masters, Chris | 10:49 | 5 | Belvoir Tri Club | | Sprint |
| 175 | Maydew, Steven | 09:36 | 5 | | | Lincs Tri Series |
| 201 | McAndrew, Robert | 09:52 | 4 | Nene Valley Harriers | | Sprint |
| 174 | McLaughlin, Des | 09:36 | 4 | Louth Dolphins | | Lincs Tri Series |
| 337 | McNiffe, Keely | 10:51 | 3 | 100% TRI | | Sprint |
| 240 | McPherson, Stuart | 10:13 | 3 | | | Sprint |
| 182 | McPhun, Nicola | 09:40 | 5 | Hornsea Harriers | | Sprint |
| 297 | Mercer, Craig | 10:38 | 8 | Bassetlaw Triathlon Club | | Sprint |
| 307 | Metcalfe, Robert | 10:42 | 3 | Racehub | | Sprint |
| 255 | Michael, John | 10:21 | 3 | | | Sprint |
| 136 | Miller, Steven | 09:12 | 2 | | | Sprint |
| 316 | Moore, Joe | 10:45 | 5 | Grimsby Tri Club | | Lincs Tri Series |
| 296 | Morton, Rich | 10:38 | 7 | Doncaster Triathlon Club | | Sprint |
| 241 | Moss, Barry | 10:13 | 4 | Belper 10:20 | | Sprint |
| 244 | Moulding, Karen | 10:16 | 7 | Louth Tri Club | | Lincs Tri Series |
| 357 | Murphy, Claire | 10:16 | 8 | | | Super Sprint |
| 159 | Muscott, Mike | 09:24 | 2 | Velo Club Flintham | | Sprint |
| 204 | Neville, Kimberley | 09:52 | 7 | | | Sprint |
| 119 | Newham, Jackie | 08:55 | 7 | TFN Tri Club | | Sprint |
| 351 | Newman, Hayley | 10:55 | 3 | Greenwich Tritons | | Sprint |
| 209 | Noon, James | 10:00 | 3 | Belvoir Tri Club | | Sprint |
| 396 | Norman, Eleanor | 10:10 | 7 | Skegness Tri Club | | Aquathlon |
| 294 | Norris, Paul | 10:38 | 5 | | | Sprint |
| 217 | North, Rob | 10:04 | 3 | | | Sprint |
| 130 | O'Connell, Jane | 09:04 | 2 | | | Sprint |
| 377 | O'Connor, Adele | 09:20 | 8 | | | Super Sprint |
| 126 | O'Connor, Peter | 09:00 | 7 | | | Sprint |
| 373 | Oliver, Pamela | 08:55 | 8 | UK Triathlon | | Super Sprint |
| 368 | Paukina, Lelde | TEAM | TEAM | | Run | Sprint |
| 394 | Penfold, Mary | 09:24 | 1 | Broxtowe Tri | | Aquathlon |
| 114 | Perkins, Sonia | 08:55 | 2 | | | Aquabike |
| 227 | Perry, Louise | 10:07 | 5 | Belvoir Tri Club | | Sprint |
| 347 | Petukhov, Pavel | 10:53 | 6 | | | Sprint |
| 138 | Pickard, Lisa | 09:12 | 4 | Louth Tri Club | | Lincs Tri Series |
| 341 | Potter, John | 10:51 | 7 | LEJOG Hardcore | | Sprint |
| 141 | Price, Andrew | 09:12 | 7 | | | Sprint |
| 313 | Pugh, Chris | 10:45 | 2 | Belvoir Tri Club | | Sprint |
| 153 | Race, Leonie | 09:20 | 2 | | | Sprint |

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| 202 | Rastall, Sarah | 09:52 | 5 | | | Lincs Tri Series |
| 379 | Reid, Rose | 09:24 | 8 | | | Super Sprint |
| 125 | Rimmer, David | 09:00 | 6 | | | Sprint |
| 276 | Ringer, Andy | 10:30 | 2 | | | Sprint |
| 206 | Roberts, Charles | 09:56 | 8 | Tri 3 Sleaford/ Boston Tri | | Sprint |
| 229 | Roberts, Sara | 10:07 | 7 | Belper 10:20 | | Sprint |
| 222 | Rodriguez, Richard | 10:04 | 8 | PACTRAC | | Sprint |
| 288 | Rogers, Dan | TEAM | TEAM | | Bike | Sprint |
| 365 | Rogers, Gemma | 10:35 | 7 | | Swim | Sprint |
| 366 | Rogers, Steve | TEAM | TEAM | Belvoir Tri Club | Run | Sprint |
| 132 | Romilly, Vicky | 09:04 | 4 | | | Sprint |
| 399 | Rowland, Paul | 10:53 | 5 | WV TRI | | Aquathlon |
| 208 | Rudyk, Daria | 10:00 | 2 | | | Sprint |
| 254 | Ruhier, Mark | 10:21 | 2 | Lynas Vokes Race Team | | Sprint |
| 220 | Rycroft, John | 10:04 | 6 | | | Sprint |
| 219 | Rycroft, Wilson | 10:04 | 5 | | | Sprint |
| 311 | Salmon, Mark | 10:42 | 7 | Animis / Lincsqquad | | Lincs Tri Series |
| 338 | Sanigar, Thomas | 10:51 | 4 | Grimsby Tri Club | | Lincs Tri Series |
| 291 | Satchwell, Ian | 10:38 | 2 | Boston Triathlon Club | | Lincs Tri Series |
| 200 | Satchwell, Rachael | 09:52 | 3 | Boston Triathlon Club | | Lincs Tri Series |
| 122 | Savage, Neil | 09:00 | 3 | Mansfield Triathlon Club | | Sprint |
| 147 | Saxon, Jacqui | 09:16 | 5 | AnimisRacing Tri Team | | Lincs Tri Series |
| 306 | Saxon, Oliver | 10:42 | 2 | Animis Racing Tri Team | | Lincs Tri Series |
| 322 | Scoffins, Dean | 10:47 | 4 | Belvoir Tri Club | | Sprint |
| 310 | Scott, Marc | 10:42 | 6 | Rushcliffe A.C. | | Aquabike |
| 250 | Searle, Wayne | 10:18 | 6 | Belvoir Tri Club | | Sprint |
| 284 | Sellars, Adam | 10:35 | 3 | Boston Triathlon Club | | Sprint |
| 256 | Sharpe, Richard | 10:21 | 4 | Louth Tri Club | | Lincs Tri Series |
| 264 | Shaw, Adam | 10:24 | 6 | | | Sprint |
| 115 | Sheard, Sarajane | 08:55 | 3 | | | Aquabike |
| 328 | Sheppard, Steven | 10:49 | 2 | Belvoir Tri Club | | Sprint |
| 154 | Simms, Martin | 09:20 | 3 | Belper TenTwenty | | Sprint |
| 315 | Smith, Charlotte | 10:45 | 4 | | | Sprint |
| 289 | Smith, Ellen | 10:35 | 8 | Boston Triathlon Club | | Lincs Tri Series |
| 238 | Smith, Kristian | 10:13 | 1 | | | Sprint |
| 302 | Smith, Neil | 10:40 | 5 | Bingham Tri Club | | Sprint |
| 116 | Smith-Shaw, Tia | 08:55 | 4 | | | Sprint |
| 111 | Snowden, Cheryl | 08:50 | 6 | | | Lincs Tri Series |
| 198 | Sowery, Alison | 09:48 | 8 | | | Sprint |
| 293 | Spencer, Tom | 10:38 | 4 | | | Sprint |
| 299 | Squires, Steve | 10:40 | 2 | Belvoir Tri Club | | Sprint |
| 336 | St Quinton, Lee | 10:51 | 2 | Skegness Tri Club | | Lincs Tri Series |
| 218 | Stening, Jazz | 10:04 | 4 | | | Sprint |
| 278 | Stewart, Julie | 10:30 | 4 | | | Sprint |
| 261 | Strengge, Neil | 10:24 | 3 | PSOF | | Lincs Tri Series |
| 327 | Sweeney, Jim | 10:49 | 1 | WV TRI | | Sprint |
| 252 | Talbot, Richard | 10:18 | 8 | Grimsby Tri Club | | Sprint |
| 290 | Taylor, Louisa | 10:38 | 1 | | | Sprint |
| 309 | Taylor, Stuart | 10:42 | 5 | Long Eaton | | Aquabike |
| 171 | Tector, Clare | 09:36 | 1 | Speedhub Triathlon | | Sprint |

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| 152 | Temprell, Brian | 09:56 | 3 | | | Sprint |
| 210 | Temprell, Scott | 10:00 | 4 | Belvoir Tri Club | | Sprint |
| 343 | Thomas, Spencer | 10:53 | 1 | Leicester Triathlon Club | | Sprint |
| 176 | Thomas, Wyn | 09:36 | 6 | Newark Tri Club | | Sprint |
| 339 | Thorne, Christian | 10:51 | 5 | Absolute Triathlon | | Sprint |
| 190 | Thorpe, Angela | 09:44 | 5 | Born2tri | | Sprint |
| 230 | Tickell, Francis | 10:07 | 8 | Coalville Triathlon Club | | Sprint |
| 183 | Timlin, Emilie | 09:40 | 6 | | | Sprint |
| 262 | Todd, Clinton | 10:24 | 4 | | | Lincs Tri Series |
| 251 | Tokley, John | 10:18 | 7 | | | Sprint |
| 369 | Tozer, Mick | GUIDE | GUIDE | | | Sprint |
| 178 | Treharne, Michael | 09:40 | 1 | | | Sprint |
| 228 | Tremain, Marc | 10:07 | 6 | Belvoir Tri Club | | Sprint |
| 158 | Tunnard, Claire | 09:20 | 7 | | | Lincs Tri Series |
| 148 | Turner, Luke | 09:16 | 6 | Belvoir Tri Club | | Sprint |
| 185 | Uttley, Daniel | 09:40 | 8 | | | Sprint |
| 110 | Vaughan, Gemma | 08:50 | 5 | | | Sprint |
| 145 | Waistell-Brown, Adam | TEAM | TEAM | | Bike | Sprint |
| 375 | Wakefield, Kim | 09:04 | 8 | UK Run Chat | | Super Sprint |
| 172 | Walker, Lisa | 09:36 | 2 | | | Sprint |
| 308 | Walker, Richard | 10:42 | 4 | West Bridgford Tri | | Sprint |
| 101 | Walmsley, Adam | 08:45 | 2 | Bearbrooke RC | | Sprint |
| 303 | Walpole, Caroline | 10:40 | 6 | | | Sprint |
| 304 | Walpole, Hannah | 10:40 | 8 | | | Sprint |
| 156 | Ward, Zoe | 09:20 | 5 | Boston Triathlon Club | | Sprint |
| 223 | Waters, Rebecca | 10:07 | 1 | | | Lincs Tri Series |
| 387 | Waters, Stephen | 10:13 | 8 | | | Super Sprint |
| 384 | Watson, Elspeth | 09:48 | 4 | | | Super Sprint |
| 165 | Watson, Katie | 09:28 | 2 | | | Sprint |
| 398 | Watson, Phil | 10:30 | 5 | | | Aquathlon |
| 397 | Weaver, Craig | 10:24 | 1 | | | Aquathlon |
| 186 | West, Claire | 09:44 | 1 | Lincsqquad | | Lincs Tri Series |
| 103 | Whapples, Daniel | 08:45 | 4 | | | Sprint |
| 196 | Whitford, Steven | 09:48 | 6 | | | Sprint |
| 131 | Whittingham, Claire | 09:04 | 3 | | | Sprint |
| 295 | Whysall, Emma | 10:38 | 6 | Belper TenTwenty | | Sprint |
| 332 | Wilkinson, Rhys | 10:49 | 6 | 100% Tri | | Sprint |
| 305 | Williams, Adam | 10:42 | 1 | | | Sprint |
| 324 | Williams, Philip | 10:47 | 6 | Lincoln Tri | | Lincs Tri Series |
| 286 | Williamson, Ian | 10:35 | 5 | Belvoir Tri Club | | Lincs Tri Series |
| 123 | Williamson, Sarah | 09:00 | 4 | | | Aquabike |
| 279 | Wilson, Ruth | 10:30 | 6 | Racing Team Dawson | | Sprint |
| 181 | Wisniewski, Kat | 09:40 | 4 | Bassetlaw Triathlon Club | | Sprint |
| 272 | Wood, Oliver | 10:27 | 6 | | | Sprint |
| 242 | Woods, Caroline | 10:13 | 5 | | | Sprint |
| 275 | Woods, Lucy | 10:30 | 1 | West Suffolk Wheelers | | Sprint |
| 260 | Woods, Luke | 10:24 | 2 | | | Sprint |
| 320 | Worley, Jack | 10:47 | 2 | Royal Marines Triathlon | | Lincs Tri Series |
| 391 | Wright, Helen | 09:52 | 8 | | | Super Sprint |
| 207 | Wright, Matthew | 10:00 | 1 | | | Sprint |

