



GRIMSTHORPE 10 2017 – PARTICIPANT LIST – 10 Miles

Race No	NAME	CLUB	CATEGORY	CANICROSS
401	Abbott, Josephine	Notts Women Runners	10 Mile	
402	Allen, Marian	Rugby & Northampton Athletic Club	10 Mile	
403	Amess, Sharon		10 Mile	
404	Andrews, Stuart		10 Mile	
405	Archer, Wayne	Team Derby Runner	10 Mile	
406	Atter, Andrew	Grantham Running Club	10 Mile	
407	Balestra, Jean-Louis	Newark Striders	10 Mile	
408	Ball, Katie	Boston Tri Club	10 Mile	
409	Barradell, Andy	Grantham Running Club	10 Mile	
410	Barratt, Rachael	Team CB	10 Mile	
411	Bashford, Becky	Notts Women Runners	10 Mile	
412	Baxter, Shane	Halmer Harriers	10 Mile	
413	Betts, Jo		10 Mile	
414	Black, Anna		10 Mile	
415	Bonner, Peter	Grantham Running Club	10 Mile	
416	Brewitt, Harriet		10 Mile	
417	Britton, Amanda	Yaxley Runners	10 Mile	
418	Brooks, David	Pudsey Pacers	10 Mile	
419	Brooks, Sharon		10 Mile	
420	Brown, Donna	Birstall	10 Mile	
421	Bull, Helen	Notts Women Runners	10 Mile	
422	Bullock, Daniel	Regain Fitness	10 Mile	
423	Burdass, Rosie		10 Mile	
424	Burford, Marianne	Notts Women Runners	10 Mile	
425	Burton, Jane	Holistic Health Team	10 Mile	
426	Calver, Joanne	Sleaford Town Runners	10 Mile	
427	Carlin, Fran		10 Mile	
428	Carr, Fiona		10 Mile	
429	Carter, Anne	Canicross Midlands	10 Mile	
430	Carter, Chris	Canicross Midlands	10 Mile	
431	Carter, Martin	Grantham Running Club	10 Mile	
432	Castledine, Sue	Huncote Harriers	10 Mile	
433	Cawley, Rich	Northbrook AC	10 Mile	
434	Chamberlain, Lisa	Notts Women Runners	10 Mile	
435	Chambers, Helen		10 Mile	
436	Chambers, Natalie	Notts Women Runners	10 Mile	
437	Chettle, Stephanie	Rugby & Northampton Athletic Club	10 Mile	
438	Chippington, Alison	Rugby & Northampton Athletic Club	10 Mile	
439	Clark, Karen	Bourne Town Harriers	10 Mile	
440	Clayton, Kathryn		10 Mile	
441	Cobb, Alison	Rugby & Northampton Athletic Club	10 Mile	Canicross
442	Congreve, Steven		10 Mile	
443	Cooper, Sarah	Lincs Ladies Running	10 Mile	
444	Cooper, Tracey	Notts Women Runners	10 Mile	
445	Copeland, Angela		10 Mile	
446	Copeland, Martin		10 Mile	

447	Cottam, Nicola	Grantham Running Club	10 Mile	
448	Cowlshaw, Damian	Long Eaton Running Club	10 Mile	
449	Crane, Elaine	Lincs Ladies Running	10 Mile	
450	Crick, Paula	Rugby & Northampton Athletic Club	10 Mile	
451	Croft, Stephen		10 Mile	
452	Cross, Emma	Notts Women Runners	10 Mile	
453	Cullis, Julie		10 Mile	
454	Cumbridge, Dave	King's Lynn Community Runners	10 Mile	
455	Cumbridge, Salina	King's Lynn Community Runners	10 Mile	
456	Daniels, Elizabeth		10 Mile	
457	Daniels, Stephen		10 Mile	
458	Das, Donna		10 Mile	
459	Davey, Tracy	Notts Women Runners	10 Mile	
460	Davidson, Dave		10 Mile	
461	Davis, Caroline	Grantham Running Club	10 Mile	
462	Davis, Paul	Grantham Running Club	10 Mile	
463	Day, Abigail		10 Mile	
464	Deacon, Olivia	Notts Women Runners	10 Mile	
465	Deeley, Sue	Rugby & Northampton Athletic Club	10 Mile	
466	Delahay, Karen	Rushcliffe AC	10 Mile	
467	Denney, Paul	Canicross Midlands	10 Mile	Canicross
468	Denton, Sophie		10 Mile	
469	Dhillon, Harneen	Notts Women Runners	10 Mile	
470	Dix, Adrian	Notfast RC	10 Mile	
471	Donaldson, Kate	Notts Women Runners	10 Mile	
472	Easey, Clive		10 Mile	
473	Ebbage, Steve	Rushcliffe AC	10 Mile	
474	Elders, Elizabeth		10 Mile	
475	Elliott, Eve		10 Mile	
476	Elliott, Paula	Notts Women Runners	10 Mile	
477	Emery, Faye	Rugby & Northampton Athletic Club	10 Mile	
478	Emery, Sheila	Notts Women Runners	10 Mile	
479	Evans, Victoria		10 Mile	
480	Fairbairn, Becky	Wigston Phoenix	10 Mile	
481	Finlay, Jeanie	Notts Women Runners	10 Mile	
482	Firth, Paul		10 Mile	
483	Fleming, Sarah	RMR	10 Mile	
484	Flowers, Jess	Regain Fitness	10 Mile	
485	Fountain, Jake		10 Mile	
486	Fox, Lorna	Belvoir Tri Club	10 Mile	
487	Francis, Lisa	Stamford Striders	10 Mile	
488	Freeman, John	Wellingborough and District AC	10 Mile	
489	Fryer, Kimberley	Spa Striders	10 Mile	
490	Fulton, Barbara		10 Mile	
491	Gabbutt, Stephen	Werrington Joggers	10 Mile	
492	Garner, Mike		10 Mile	
493	Gaughan, PJ		10 Mile	
494	Gilbert, Nicole		10 Mile	
495	Gills, Alexandra		10 Mile	
496	Goodwin, Ann	SheCan...Run Kettering Ladies	10 Mile	
497	Graham, Emma		10 Mile	
498	Gratton, Nikki	Lincoln & District Runners	10 Mile	

499	Griffiths, Alan	Wellingborough and District AC	10 Mile	
500	Griffiths, Tracey		10 Mile	
501	Grindey, Roz		10 Mile	
502	Grocock-Dixon, Joann	Notts Women Runners	10 Mile	
503	Guest, Christine		10 Mile	
504	Hales, Rebecca		10 Mile	
505	Handley, Leah	Notts Women Runners	10 Mile	
506	Harper, Donna	Rugby & Northampton Athletic Club	10 Mile	
507	Harper, Neil	Rugby & Northampton Athletic Club	10 Mile	
508	Harrison, Bernardine	Bourne Town Harriers	10 Mile	
509	Harwood, Hannah		10 Mile	
510	Hayden, Fiona	Notts Women Runners	10 Mile	
511	Hearn, Kathryn		10 Mile	
512	Henderson, Sandra	Nifty Nordics	10 Mile	
513	Hendy, Katherine	Notts Women Runners	10 Mile	
514	Herrick, Kelly	Notts Women Runners	10 Mile	
515	Hill, Shaun	Bourne Town Harriers	10 Mile	
516	Hill, Stuart		10 Mile	
517	Hinchcliffe, Richard		10 Mile	
518	Hodge, Maris		10 Mile	
519	Horne, Chris		10 Mile	
520	Housham, Carl		10 Mile	
521	Hoyles, Hannah		10 Mile	
522	Hull, Christopher	Riverside Runners	10 Mile	
523	Humphries, Sarah		10 Mile	
524	Hunt, Adrian		10 Mile	
525	Hutson, Rebecca	Rugby & Northampton Athletic Club	10 Mile	
526	illsley, karen	Newark Striders	10 Mile	
527	Ireland, Joanna	RMR	10 Mile	
528	Jacobs, Jacqueline	Grantham Running Club	10 Mile	
529	James, Jackie	Rugby & Northampton Athletic Club	10 Mile	
530	John, Alison	Notts Women Runners	10 Mile	
531	johnson, liz	Halmer Harriers	10 Mile	
532	Johnson, Louise	Notts Women Runners	10 Mile	
533	Jones, Debi	WIER Runners	10 Mile	
534	Jones, Nicholas	Grantham Running Club	10 Mile	
535	Julian, Lesley	The Nifty Nordics	10 Mile	
536	Kaminski, Jay	Lincoln TRI	10 Mile	
537	Kaminski, Sarah	Lincoln & District Runners	10 Mile	
538	Kapoor, Savitaa		10 Mile	
539	Katsogianni, Effie	Rugby & Northampton Athletic Club	10 Mile	
540	Kennedy, Pauline	Bushfield Joggers	10 Mile	
541	King, Ian	Fenland RC	10 Mile	
542	Kirk, Gail		10 Mile	
543	Kirk, James		10 Mile	
544	Kirk, Sarah		10 Mile	
545	Kirkwood, Nicola	Notts Women Runners	10 Mile	
546	Koroma, Kumba		10 Mile	
547	Lamb, Annabel		10 Mile	
548	Lambert, Kathryn	Lincoln & District Runners	10 Mile	
549	Langham, Jean	Northampton and Rugby AC	10 Mile	
550	Lapworth, Penny		10 Mile	

551	Lees, Fiona	Notts Women Runners	10 Mile	
552	Lewnes, Kirsty	Rugby & Northampton Athletic Club	10 Mile	
553	Lock, Simon	Notfast RC	10 Mile	
554	Locke, Carole	King's Lynn Community Runners	10 Mile	
555	Longstaffe, Ian	Regain Fitness	10 Mile	
556	Louth, Shaun	Sleaford Town Runners	10 Mile	
557	MacArthur, Jayne	Sleaford Town Runners	10 Mile	
558	Madon, Claire	Notts Women Runners	10 Mile	
559	Malins, Sandra	Rugby & Northampton Athletic Club	10 Mile	
560	Malone, Anita		10 Mile	
561	Malthouse, Laura		10 Mile	
562	Marfleet, Heather	Rugby & Northampton Athletic Club	10 Mile	
563	Margeson, Sarah	Notts Women Runners	10 Mile	
564	Marsden, Vanessa	Werrington Joggers	10 Mile	
565	Marshall, Derek	Team Anstey Amblers and Runners	10 Mile	
566	Marshall, Gemma		10 Mile	
567	Marsland, Philip	Gainsborough & Morton Striders	10 Mile	
568	Martin, Neil	Stamford Striders	10 Mile	
569	Martyn, Tanya		10 Mile	
570	Matthews, Tracey		10 Mile	
571	Mawby, Trudi	Rugby & Northampton Athletic Club	10 Mile	
572	May, Jennie	Rugby & Northampton Athletic Club	10 Mile	
573	McArthur, Helen	North Derbyshire Running club	10 Mile	
574	Mclaren, Heather	Rugby & Northampton Athletic Club	10 Mile	
575	Meadows, Gav	Grantham Running Club	10 Mile	
576	Meller, Elspeth		10 Mile	Canicross
577	Millns, Tamsin	Notts Women Runners	10 Mile	
578	Molloy, Louise	Desborough & Rothwell Running Club	10 Mile	
579	Moorley, Carla	Team Anstey	10 Mile	
580	Moreton, Karl		10 Mile	
581	Morley, Dawn		10 Mile	
582	Morris, Michelle	Amphill and Flitwick Flyers	10 Mile	
583	Mulder, Nicola	Notts Women Runners	10 Mile	
584	Mumford, Miranda		10 Mile	
585	Murdoch, Sarah	Canicross Midlands	10 Mile	
586	Murphy, Carry	Yaxley Runners	10 Mile	
587	Nealon, Mary	Rugby & Northampton Athletic Club	10 Mile	
588	Neher, Gabriele	Notts Women Runners	10 Mile	
589	Newnes, Elaine		10 Mile	
590	Newsam, David		10 Mile	
591	Newton, Catherine		10 Mile	
592	Nicholas, Julie		10 Mile	
593	Nind, Mark	Lincoln & District Runners	10 Mile	
594	Noble, Heather	Rugby & Northampton Athletic Club	10 Mile	
595	Noble-Evans, Faye		10 Mile	
596	Oldfield, Sue	Witham Runners	10 Mile	
597	Osborn, Rachel		10 Mile	
598	Owen, Chris	Canicross Midlands	10 Mile	Canicross
599	Palmer, Sharon	Team Derby Runner	10 Mile	
600	Parker, Sarah	Team Anstey	10 Mile	
601	Parr, Richard	Witham Runners	10 Mile	
602	Pask, Joe		10 Mile	

603	Pawlak, Tracey	Notts Women Runners	10 Mile	
604	Pennill, Andrew		10 Mile	
605	Pensom, Ann	Witham Runners	10 Mile	
606	Perry, Kathleen		10 Mile	
607	Perry, Philip		10 Mile	
608	Pike, Lindsey	Notts Women Runners	10 Mile	
609	Pinion, Rachael	Nene Valley Harriers	10 Mile	
610	Price, Jennifer	Canicross Midlands	10 Mile	Canicross
611	Pridgeon, John		10 Mile	
612	Radbourne, Garath	Werrington Joggers	10 Mile	
613	Rayns, Nicholas	Notfast RC	10 Mile	
614	Razaque, Rebecca		10 Mile	
615	Redhead, Chris	Notfast RC	10 Mile	
616	Redmile, Jo	Notts Women Runners	10 Mile	
617	Rees-Squelch, Stacey	Bushfield Joggers	10 Mile	
618	Revell, Heather		10 Mile	
619	Rice, Emily		10 Mile	
620	Richards, Mike	Witham Runners	10 Mile	
621	Richardson, Judith		10 Mile	
622	Roberts, Tracy	Rugby & Northampton Athletic Club	10 Mile	
623	Rose, Kimberley	Regain Fitness	10 Mile	
624	Rowatt, Charlotte	Notts Women Runners	10 Mile	
625	Rowlands, Andrew	Notfast RC	10 Mile	
626	Rowlands, Breeze	Notfast RC	10 Mile	
627	Sanders, Wendy		10 Mile	
628	Scott, Laurence	Rugby & Northampton Athletic Club	10 Mile	
629	Sears, Natalie	SheCan...Run Kettering Ladies	10 Mile	
630	Seth, Laura		10 Mile	
631	Sharman, Joanne		10 Mile	
632	Sharpe, Claire		10 Mile	
633	Shepperson, Alison	Bushfield Joggers	10 Mile	
634	Slade, Jo	Yaxley Runners	10 Mile	
635	Smith, Angie	Notts Women Runners	10 Mile	
636	Smith, David		10 Mile	
637	Smith, Virginia		10 Mile	
638	Snowdon, Kelly		10 Mile	
639	Snutch, Sarah-Jane		10 Mile	
640	Sparkes, Caroline	Rugby & Northampton Athletic Club	10 Mile	
641	Spilletts, Deana	Rugby & Northampton Athletic Club	10 Mile	
642	Stanton, Joyce		10 Mile	
643	Stevens, Andrew	Sleaford Tri Club	10 Mile	
644	Stevenson, Angela	Notts Women Runners	10 Mile	
645	Stewart, Ian		10 Mile	
646	Stuchbury, Sam	Rugby & Northampton Athletic Club	10 Mile	
647	Sunman, Tracey		10 Mile	
648	Sutton, Cher		10 Mile	
649	Tack, Lois	Lincoln & District Runners	10 Mile	
650	Thompson, Anna	Sleaford Striders	10 Mile	
651	Tomlinson, Ken	Sinfin RC	10 Mile	
652	Travis, Natalie		10 Mile	
653	Turczyn, Mike		10 Mile	
654	Turner, Luke		10 Mile	

655	Turner, Mark	Lincoln Wellington AC	10 Mile	
656	Twissell, Kevin		10 Mile	
657	Ulyatt, Leanne		10 Mile	
658	Unwin, Kathy		10 Mile	
659	Upton, Steven	Ampthill and Flitwick Flyers	10 Mile	
660	Walden, Elizabeth	Desborough & Rothwell Running Club	10 Mile	
661	Waldron, Sarah	Notts Women Runners	10 Mile	
662	Walker, Julie		10 Mile	
663	Walker, Sarah		10 Mile	
664	Walker, Tim	Lincoln & District Runners	10 Mile	
665	Wallage, Daniel	King's Lynn Community Runners	10 Mile	
666	Walton, Teresa	Halmer Harriers	10 Mile	
667	Warnes, Leanne	Lincoln & District Runners	10 Mile	
668	Watson, Becky	Holme Pierrepoint RC	10 Mile	
669	Weaver, Austin		10 Mile	
670	Wells, Jenny	Desborough & Rothwell Running Club	10 Mile	
671	Whelan, Anthony	Lincoln & District Runners	10 Mile	
672	Wilkins, Katie		10 Mile	
673	Williams, Sarah	Bushfield Joggers	10 Mile	
674	Williams, Sue		10 Mile	
675	Williamson, Nicola	Notts Women Runners	10 Mile	
676	Willis, SJ	Grantham Running Club	10 Mile	
677	Wills, Diane		10 Mile	
678	Wilson, Mathew	Witham Runners	10 Mile	
679	Wilson, Sarah	Notts Women Runners	10 Mile	
680	Wilson, Sarah	Notts Women Runners	10 Mile	
681	Wolstenholme, Andrea	Rugby & Northampton Athletic Club	10 Mile	
682	Wolstenholme, Nick	Rugby & Northampton Athletic Club	10 Mile	
683	Woodford, Gwyneth		10 Mile	
684	Wyatt, Dee	Notts Women Runners	10 Mile	
685	Wyatt, Helen	Northampton and Rugby AC	10 Mile	
686	Young, Aaron	Bushfield Joggers	10 Mile	