

Louth Triathlon 2019

LTS	Age	Age	Name	M	Race	Club	Granth	Skegn	Louth	Aggre
Number of participants completed series: 42										
Triathlon										
1	MU40	6	Mike Lawlor	M	422	Louth Tri Club	1:00:13	0:58:57	1:11:32	3:10:42
2	M40-4	3	Martyn Gammidge	M	416		0:59:48	0:59:40	1:11:17	3:10:45
3	M40-4	2	John Armstrong	M	407	Grimsby Tri Club	1:01:11	0:59:49	1:10:11	3:11:11
4	M40-4	10	Spencer Creek	M	440	Lincolnshire Fire	1:00:49	1:00:44	1:15:50	3:17:23
5	MU40	11	Lee St Quinton	M	431	Skegness Tri Club	1:03:20	1:01:33	1:14:29	3:19:22
6	MU40	7	jack worley	M	420	Royal Marines	1:05:27	1:01:39	1:12:28	3:19:34
7	M60+	1	Ian Williamson	M	344	Belvoir Tri Club	1:01:28	1:03:05	1:16:18	3:20:51
8	M40-4	7	David Johnson	M	428	Mersey Tri	1:06:17	1:03:41	1:14:11	3:24:09
9	M40-4	9	Mark Salmon	M	408	Animis /	1:04:32	1:04:19	1:15:45	3:24:36
10	M40-4	12	Richard Talbot	M	337	Grimsby Tri Club	1:05:59	1:06:39	1:16:19	3:28:57
11	MU40	14	Adrian Glenn	M	435	Woodhall Spa	1:11:30	1:10:00	1:16:42	3:38:12
12	FU40	6	Rebecca Logan	F	341	100% Tri	1:10:13	1:08:29	1:22:04	3:40:46
13	M60+	2	Phillip Jackson	M	229	Louth Tri Club	1:09:57	1:10:35	1:24:03	3:44:35
14	M40-4	22	Russell Bright	M	306	Woodhall Spa	1:13:05	1:10:06	1:22:33	3:45:44
15	FU40	9	Katie Felton	F	320		1:11:55	1:08:54	1:25:03	3:45:52
16	F40-4	2	Claire West	F	244	Lincsquad	1:13:43	1:10:15	1:24:28	3:48:26
17	M40-4	25	Ian Satchwell	M	403	Boston Triathlon	1:12:14	1:11:20	1:25:52	3:49:26
18	M40-4	26	David Blastland	M	170	Grimsby Tri Club	1:16:45	1:12:10	1:26:38	3:55:33
19	F40-4	5	Michyla Clark	F	335	Skegness Tri Club	1:16:10	1:13:41	1:27:13	3:57:04
20	F50-5	3	Julie Stewart	F	279		1:16:44	1:11:33	1:28:51	3:57:08
21	FU40	10	Ellen Smith	F	350	Boston Triathlon	1:15:26	1:15:56	1:27:44	3:59:06
22	M40-4	27	Clinton Todd	M	316		1:16:56	1:14:40	1:27:42	3:59:18
23	F40-4	4	Kendra Hall	F	201	3cTri	1:17:44	1:16:01	1:27:10	4:00:55
24	M40-4	35	Steven Dean	M	297		1:16:45	1:15:00	1:31:57	4:03:42
25	F40-4	7	Rachael Satchwell	F	259	Boston Triathlon	1:20:13	1:16:23	1:29:22	4:05:58
26	FU40	14	Zoe Ward	F	209	Boston Triathlon	1:20:33	1:14:52	1:31:11	4:06:36
27	MU40	32	Daniel Jones	M	171		1:19:36	1:17:31	1:33:38	4:10:45
28	F40-4	9	Sarah Magee	F	232	Boston Triathlon	1:22:27	1:17:30	1:31:40	4:11:37
29	M50-5	19	Gary Harper	M	247		1:21:06	1:19:14	1:32:13	4:12:33
30	M40-4	30	Karl Frith	M	248		1:19:20	1:24:23	1:29:52	4:13:35
31	F40-4	11	Sarah Rastall	F	260		1:25:17	1:21:33	1:34:11	4:21:01
32	F50-5	7	Karen Moulding	F	311	Louth Tri Club	1:23:41	1:21:47	1:37:29	4:22:57
33	F40-4	22	Lisa Pickard	F	146	Louth Tri Club	1:29:16	1:31:02	1:45:56	4:46:14
34	FU40	25	Caroline Geddes	F	123	Eye Community	1:35:40	1:27:04	1:43:31	4:46:15
35	F40-4	19	Claire Tunnard	F	198		1:32:40	1:33:40	1:43:42	4:50:02
36	FU40	17	Denise Hooley	F	30	Holme Pierrepont	1:40:06	1:32:59	1:37:24	4:50:29
37	FU40	24	Tia Smith-Shaw	F	168		1:40:34	1:31:20	1:42:14	4:54:08
38	M40-4	52	Carl Fender	M	144		1:36:15	1:29:26	1:57:01	5:02:42
39	M50-5	26	Steve Allam	M	275		1:37:08	1:36:50	1:58:18	5:12:16
40	M50-5	25	Richard Marshall	M	21		1:48:30	1:38:20	1:54:02	5:20:52
41	F40-4	27	Clare Longstaff	F	25		1:57:46	1:46:20	2:02:18	5:46:24
42	F40-4	31	Cheryl Snowden	F	24		1:57:47	1:50:58	2:18:54	6:07:39