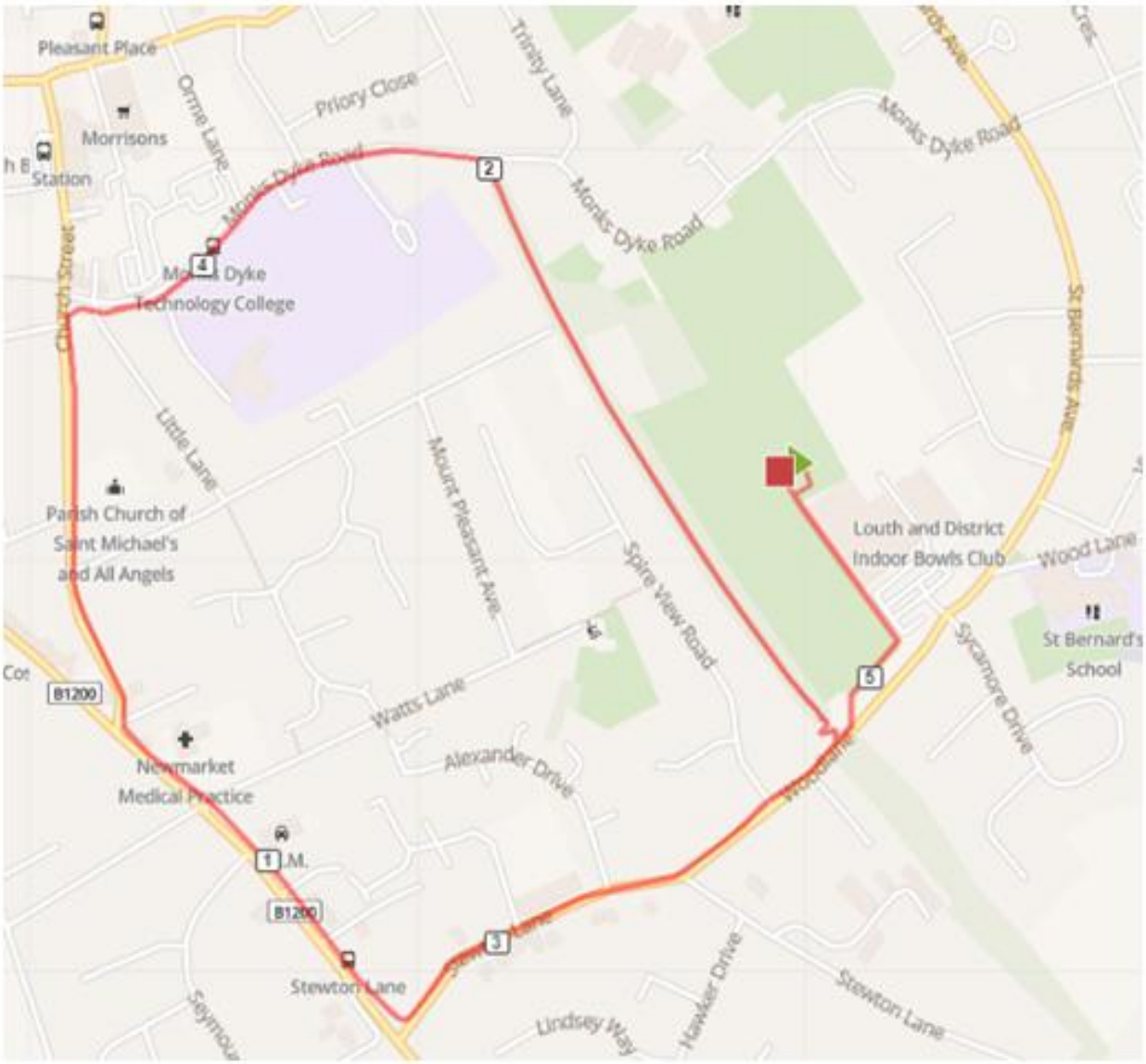
Louth Run Map



STARTING FROM TRANSITION ATHLETES RUN SOUTH FROM THE MONKS DYKE PLAYING FIELDS (MDPF) INTO MERIDIAN LEISURE CENTRE'S (MLC) PLAYING FIELD TO FOLLOW THE FUNNEL ONTO THE PAVEMENT RUNNING ALONG WOOD LANE CONTINUING INTO STEWTON LANE.

AT THE END OF STEWTON LANE TURN RIGHT ONTO NEWMARKET AND AFTER 1.2KM TURN RIGHT DOWN CHURCH LANE. AT THE END OF CHUCH LANE AT 1.55KM TURN RIGHT ONTO MONKS DYKE ROAD. FOLLOW THE PAVEMENT (AND ROAD WHERE THE PAVEMENT ENDS) AND WHEN YOU REACH THE TOP OF RAILWAY WALK AT 2.0KM TURN RIGHT TO FOLLOW RAILWAY WALK (CLOSED TO THE PUBLIC ON RACE DAY).

AT THE BOTTOM OF RAILWAY WALK (2.63KM) AND THE END OF LAP ONE FOLLOW THE COURSE FOR 1 MORE LAP ALONG WOOD LANE, STEWTON LANE, NEWMARKET, CHURCH LANE, MONKS DYKE ROAD BACK DOWN RAILWAY WALK AND AT THE END TURN LEFT TO RETRACE YOUR STEPS TROUGH THE FUNNEL IN MLC INTO THE MDPF AND THE FINISH LINE.

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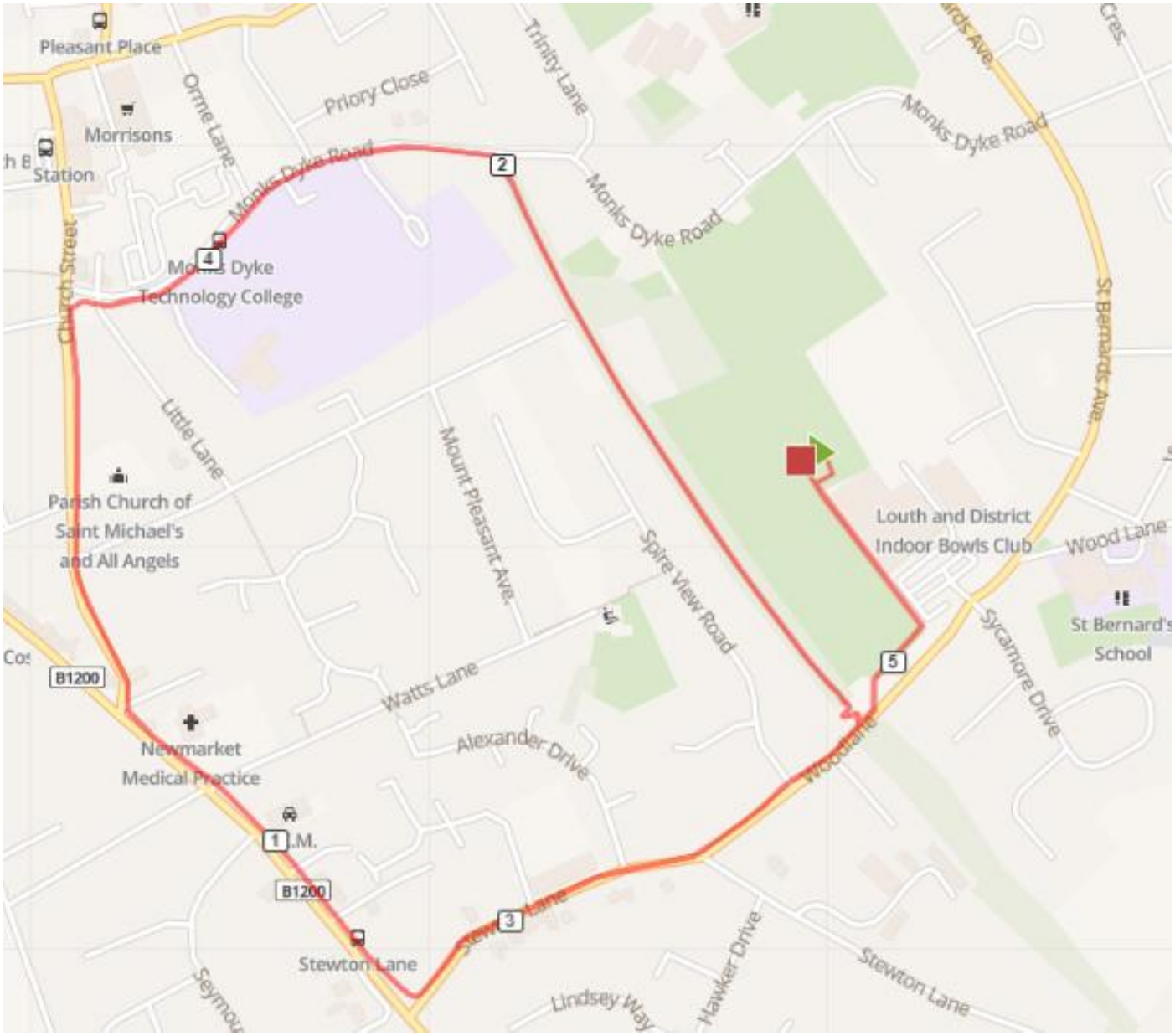

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