

## Rockingham 10 2015

## Finisher List 10 mile race

Gun pos	Chip pos	Gender pos	Cat Pos	Name	Number	Gender	Age grp	Club	Gun time	Chip time	Start dly	Pace:	Split1	Split2	Split3	Ov'II (m/ml)	(m/Km)
1	1	1	1	Steve Gibson	354	M	M30-34	Beaumont Running Club	0:58:48	0:58:48	0:00		5:46	6:01	5:51	5:52	3:39
2	2	2	2	James Stringer	486	M	M30-34	Wootton Road Runners	0:59:34	0:59:34	0:00		5:54	5:59	5:58	5:57	3:41
3	3	3	3	Steve Lomax	408	M	M30-34	Yaxley Runners	0:59:56	0:59:56	0:00		5:51	6:09	5:59	5:59	3:43
4	4	4	4	Russell Tapping	492	M	M30-34		1:00:53	1:00:52	0:00		5:49	6:13	6:17	6:05	3:46
5	5	5	1	Mark Lambell	398	M	M35-39	West End Runners	1:01:03	1:01:02	0:00		6:03	6:14	6:01	6:06	3:47
6	6	6	1	Martin Higgins	370	M	M40-44		1:01:28	1:01:27	0:00		6:09	6:11	6:05	6:08	3:48
7	7	7	2	David Greenwood	362	M	M40-44	Holme Pierrepont	1:01:52	1:01:51	0:01		6:06	6:09	6:18	6:11	3:50
8	8	8	5	Chris Norman	442	M	M30-34	Leighton Buzzard AC	1:02:00	1:01:59	0:00		6:04	6:13	6:19	6:11	3:50
9	9	9	1	Chris Butterworth	323	M	M20-22		1:02:42	1:02:42	0:00		6:07	6:20	6:22	6:16	3:53
10	10	10	3	Stuart Day	335	M	M40-44	Cheadle Running Club	1:02:46	1:02:45	0:00		6:07	6:25	6:19	6:16	3:53
11	11	11	1	Greg Spellman	480	M	M45-49	Wellingborough and District	1:03:04	1:03:02	0:01		6:08	6:19	6:29	6:18	3:54
12	12	12	4	Dustin Odell	444	M	M40-44	Team Balancise	1:04:23	1:04:21	0:01		6:23	6:29	6:26	6:26	3:59
13	13	13	1	Terry Back	306	M	M55-59	IPSWICH JAFFA RC	1:04:56	1:04:53	0:02		6:20	6:31	6:38	6:29	4:01
14	14	14	5	Michael Kerrigan	394	M	M40-44	Marshall Milton Keynes AC	1:05:05	1:05:05	0:00		6:21	6:37	6:34	6:30	4:02
15	15	15	6	Jon Kemp	393	M	M40-44	Wellingborough & District AC	1:05:09	1:05:07	0:01		6:23	6:32	6:38	6:30	4:02
16	16	16	2	Gary Finch	350	M	M45-49	Bedford Harriers AC	1:05:26	1:05:25	0:00		6:27	6:38	6:32	6:32	4:03
17	17	1	1	Gill Fullen	353	F	F50-54	Bedford Harriers	1:05:34	1:05:34	0:00		6:21	6:37	6:44	6:33	4:04
18	18	17	2	CHRIS STOREY	512	M	M35-39	Corby Athletics Club	1:05:46	1:05:45	0:00		6:21	6:40	6:44	6:34	4:05
19	19	18	3	Lee Kershaw	395	M	M35-39	Kettering Town Harriers	1:06:44	1:06:43	0:00		6:21	6:48	6:55	6:40	4:08
20	20	19	6	Simon Richardson	462	M	M30-34		1:06:49	1:06:48	0:01		6:36	6:41	6:45	6:40	4:08
21	21	20	4	Andrew Palombella	450	M	M35-39	Bedford Harriers AC	1:07:01	1:07:01	0:00		6:37	6:43	6:46	6:42	4:09
22	22	2	1	Kelly Barnett	525	F	F23-29	Wellingborough &	1:07:04	1:07:03	0:00		6:30	6:50	6:49	6:42	4:09
23	23	21	5	Jason Tomkins	500	M	M35-39		1:07:31	1:07:31	0:00		6:33	6:48	6:56	6:45	4:11
24	24	22	7	Richard Hodge	375	M	M40-44	Northbrook AC	1:07:45	1:07:43	0:01		6:47	6:43	6:48	6:46	4:12
25	25	23	1	Roger Bullen	320	M	M50-54	Wellingborough and District	1:07:58	1:07:57	0:01		6:38	6:51	6:54	6:47	4:13
26	26	24	3	Mike Gooch	357	M	M45-49	Wellingborough & District AC	1:08:46	1:08:44	0:02		6:46	6:55	6:57	6:52	4:16
27	27	3	1	Zoe Smith	476	F	F30-34	Rutland Running & Tri Club	1:08:58	1:08:56	0:02		6:40	7:00	7:03	6:53	4:16
28	28	25	4	Simon Storer	483	M	M45-49		1:09:49	1:09:43	0:06		6:50	7:00	7:05	6:58	4:19
29	29	26	8	Philip Kelly	391	M	M40-44	Totley AC	1:09:51	1:09:50	0:01		6:58	7:00	6:57	6:59	4:20
30	30	4	1	Lara Kristiansen	397	F	F40-44	Rutland Running & Triathlon	1:09:59	1:09:56	0:02		6:54	7:04	7:02	6:59	4:20
31	31	27	6	Gareth Evans	344	M	M35-39		1:10:22	1:10:20	0:01		6:46	7:11	7:12	7:02	4:22
32	32	28	2	John Donaldson	338	M	M55-59	Wellingborough & District AC	1:10:30	1:10:28	0:01		6:54	7:06	7:09	7:02	4:22
33	33	29	7	Andrew Pask	451	M	M30-34	Grantham Running Club	1:10:35	1:10:33	0:02		7:00	7:06	7:03	7:03	4:22
34	34	30	1	Shaun Hill	372	M	M23-29	Bourne Town Harriers	1:10:45	1:10:43	0:01		6:51	7:20	7:04	7:04	4:23
35	35	31	7	Neil Gray	359	M	M35-39	Higham Harriers	1:10:56	1:10:54	0:01		6:56	7:09	7:12	7:05	4:24
36	36	32	8	Steven McDonald	424	M	M30-34		1:11:11	1:11:06	0:05		7:04	7:10	7:05	7:06	4:24
37	37	33	2	Billy Slaven	472	M	M23-29	Werrington Joggers	1:11:13	1:11:11	0:02		7:01	7:09	7:12	7:07	4:25
38	38	34	2	Nigel Sheppard	469	M	M50-54	Redway Runners	1:11:26	1:11:24	0:01		7:08	7:09	7:06	7:08	4:26
39	39	35	8	Mike Shelton	468	M	M35-39	Mornington Chasers	1:12:08	1:12:01	0:07		7:07	7:23	7:06	7:12	4:28
40	40	36	9	Darren Gibson	355	M	M40-44	Team Balancise	1:12:43	1:12:39	0:03		7:01	7:18	7:31	7:15	4:30
41	41	37	1	Maurice O'Connell	443	M	M60-64	Redway Runners	1:12:48	1:12:45	0:03		7:14	7:19	7:16	7:16	4:31
42	42	38	5	Rob McGreal	425	M	M45-49	Redway Runners	1:13:06	1:13:02	0:04		7:14	7:24	7:16	7:18	4:32
43	43	39	9	Oliver Hodgkinson	377	M	M30-34		1:13:16	1:13:08	0:08		7:07	7:27	7:24	7:18	4:32
44	44	40	3	Tim Gould	358	M	M50-54	Peel Road Runners	1:13:47	1:13:39	0:07		7:15	7:23	7:28	7:21	4:34
45	45	41	10	Warwick Payne	453	M	M40-44		1:14:21	1:14:17	0:04		7:16	7:27	7:36	7:25	4:36
46	46	42	11	Mike Wheeler	514	M	M40-44	Northbrook AC	1:14:51	1:14:50	0:01		6:50	7:28	8:17	7:29	4:38
47	47	43	10	Sean Taylor	493	M	M30-34		1:15:10	1:15:01	0:08		7:22	7:37	7:32	7:30	4:39
48	48	44	3	James Bullard	319	M	M23-29		1:15:16	1:15:14	0:01		7:15	7:41	7:41	7:31	4:40
49	49	45	3	Gavin Lucas	411	M	M55-59	Redway Runners	1:15:31	1:15:27	0:03		7:21	7:40	7:40	7:32	4:41
50	50	5	1	Robyn Thorman	498	F	F35-39		1:15:53	1:15:51	0:01		7:25	7:39	7:42	7:35	4:42
51	51	46	6	Ian Bates	310	M	M45-49		1:16:04	1:15:59	0:04		7:20	7:45	7:45	7:35	4:43
52	52	47	2	Chris Donovan	339	M	M60-64	Leamington C & AC	1:16:07	1:16:01	0:05		7:42	7:32	7:32	7:36	4:43

## Rockingham 10 2015

## Finisher List 10 mile race

Gun pos	Chip pos	Gender pos	Cat Pos	Name	Number	Gender	Age grp	Club	Gun time	Chip time	Start dly	Pace:	Split1	Split2	Split3	Ov'II (m/ml)	(m/Km)
53	53	6	2	Clare Rowntree	463	F	F30-34	Northbrook	1:16:09	1:16:07	0:02		7:35	7:38	7:36	7:36	4:43
54	54	7	2	Lauren Elmore	343	F	F23-29		1:16:13	1:16:11	0:02		7:30	7:46	7:36	7:37	4:43
55	55	48	4	Barry Newman	438	M	M23-29		1:16:20	1:16:17	0:02		7:21	7:45	7:49	7:37	4:44
56	56	8	3	Rebecca Hobbs	373	F	F23-29	Ivanhoe Runners	1:16:35	1:16:33	0:01		7:34	7:49	7:36	7:39	4:45
57	57	9	4	Katharine Baxter	311	F	F23-29	Wellingborough and District	1:16:57	1:16:54	0:02		7:37	7:43	7:44	7:41	4:46
58	58	49	11	Adam sharman	466	M	M30-34	Redway Runners	1:17:07	1:17:02	0:05		7:27	7:53	7:49	7:42	4:47
59	59	50	5	Dave Hobbs	374	M	M23-29	Ivanhoe Runners	1:17:35	1:17:33	0:02		7:34	7:49	7:55	7:45	4:48
60	60	51	6	Jason Relton	460	M	M23-29		1:19:00	1:18:54	0:06		7:45	7:59	7:57	7:53	4:54
61	62	52	12	Joe Williams	218	M	M30-34	UKRunChat	1:19:09	1:19:04	0:05		8:00	7:52	7:48	7:54	4:54
62	61	10	2	Katie Mawdsley	422	F	F35-39		1:19:09	1:19:03	0:06		8:00	7:52	7:48	7:54	4:54
63	63	53	7	Calum Weston	513	M	M23-29		1:19:20	1:19:15	0:05		7:48	8:01	7:58	7:55	4:55
64	64	54	12	Steven Latham	402	M	M40-44	Wigston Phoenix Running	1:19:26	1:19:25	0:01		7:46	7:59	8:05	7:56	4:55
65	65	11	3	Lindsay Smith	474	F	F35-39	Long Eaton Running Club	1:19:43	1:19:39	0:03		8:05	7:54	7:51	7:57	4:56
66	66	12	5	Joscelyn	305	F	F23-29		1:19:57	1:19:53	0:03		8:00	8:03	7:53	7:59	4:57
67	67	55	8	Tom Foyster	352	M	M23-29	Fleckney & Kibworth Running	1:20:32	1:20:24	0:07		7:51	8:07	8:11	8:02	4:59
68	68	56	7	Dean Morgan	433	M	M45-49	Team Balancise	1:20:35	1:20:27	0:08		7:59	7:59	8:09	8:02	4:59
69	69	57	13	Philip Gray	360	M	M40-44		1:20:37	1:20:32	0:04		8:06	8:03	7:58	8:03	5:00
70	70	58	14	Niteen Sawant	464	M	M40-44	Wellingborough and District	1:20:44	1:20:37	0:06		8:01	8:18	7:52	8:03	5:00
71	71	59	15	Ashley Locke	406	M	M40-44		1:20:46	1:20:42	0:03		8:08	8:10	7:52	8:04	5:00
72	72	60	9	Derek Wood	520	M	M35-39	Transition Tri	1:21:56	1:21:52	0:03		7:57	8:11	8:28	8:11	5:05
73	73	61	8	Richard Nixon	441	M	M45-49	Pactrac / Stamford tri	1:22:06	1:22:03	0:03		8:02	8:18	8:19	8:12	5:05
74	74	13	4	Janine Bush	321	F	F35-39	Cheadle Running Club	1:22:12	1:22:09	0:03		8:06	8:09	8:23	8:12	5:06
75	75	62	13	Alex Baker	307	M	M30-34		1:22:48	1:22:39	0:08		8:04	8:38	8:07	8:15	5:08
76	76	63	14	Dave Stanley	482	M	M30-34		1:22:59	1:22:51	0:07		8:02	8:24	8:27	8:17	5:08
77	77	64	10	Matthew Street	485	M	M35-39		1:23:36	1:23:27	0:08		8:04	8:18	8:43	8:20	5:10
78	78	65	3	David Fern	348	M	M60-64		1:23:53	1:23:46	0:07		8:11	8:44	8:14	8:22	5:12
79	79	14	5	Janet Worley	522	F	F35-39		1:24:01	1:23:57	0:03		8:40	8:22	8:03	8:23	5:12
80	80	66	16	Ian Simpson	470	M	M40-44		1:24:12	1:24:09	0:02		8:13	8:39	8:24	8:24	5:13
81	81	67	4	Russell Cartwright	326	M	M50-54	Bedford Harriers AC	1:24:49	1:24:43	0:05		8:21	8:33	8:31	8:28	5:15
82	82	68	4	Chris Inman	381	M	M55-59	Gainsborough & Morton	1:24:59	1:24:52	0:07		8:09	8:46	8:37	8:29	5:16
83	84	70	9	Josh Mansfield	417	M	M23-29	Transition Tri	1:25:18	1:25:11	0:06		8:11	8:41	8:45	8:31	5:17
84	83	69	17	Paul Crook	334	M	M40-44	Team Balancise	1:25:19	1:25:11	0:08		8:13	8:39	8:45	8:31	5:17
85	85	71	4	Stephen Allsopp	301	M	M60-64		1:25:24	1:25:21	0:02		8:28	8:45	8:23	8:32	5:18
86	86	15	2	Alison McMurtrie	428	F	F40-44	Wootton Road Runners	1:25:32	1:25:28	0:03		8:33	8:37	8:27	8:32	5:18
87	87	72	15	Adam Rees	459	M	M30-34		1:25:40	1:25:35	0:04		8:32	8:31	8:36	8:33	5:18
88	88	73	9	Rob Hundley	379	M	M45-49	UKnetrunners	1:25:42	1:25:39	0:02		8:00	8:40	9:10	8:33	5:19
89	89	74	11	Graeme Mckay	426	M	M35-39		1:26:34	1:26:25	0:08		8:08	8:55	8:59	8:38	5:22
90	90	75	10	Matthew Hall	364	M	M23-29		1:26:35	1:26:29	0:06		8:33	8:38	8:46	8:38	5:22
91	91	76	10	Demetrio Orefice	447	M	M45-49	Team Balancise	1:26:53	1:26:46	0:06		8:39	8:44	8:38	8:40	5:23
92	92	77	11	Philip Middleton	429	M	M45-49	Team Balancise	1:26:56	1:26:50	0:06		8:38	8:49	8:35	8:41	5:23
93	93	16	3	Danielle Mayes	423	F	F30-34	Beaumont Running Club	1:27:13	1:27:04	0:08		8:51	8:44	8:29	8:42	5:24
94	94	17	6	Jenni Morris	435	F	F35-39		1:28:10	1:28:04	0:05		8:41	8:55	8:50	8:48	5:28
95	95	18	7	Jenny Dowling	340	F	F35-39		1:29:32	1:29:27	0:04		8:49	8:59	9:02	8:56	5:33
96	96	19	8	Lisa Watts	509	F	F35-39		1:30:02	1:29:59	0:02		8:46	9:05	9:11	8:59	5:35
97	97	20	9	Abi Vernon	503	F	F35-39	Westend runners	1:30:22	1:30:19	0:02		8:39	9:03	9:28	9:01	5:36
98	98	21	4	Sherie Griffiths	363	F	F30-34		1:31:08	1:31:02	0:05		8:46	9:10	9:27	9:06	5:39
99	99	22	1	Mary Sullivan	487	F	F55-59	Northampton Road Runners	1:31:50	1:31:43	0:07		9:03	9:15	9:14	9:10	5:41
100	100	78	18	Carl Holland	378	M	M40-44		1:32:07	1:31:58	0:08		8:55	9:17	9:26	9:11	5:42
101	101	79	5	Tony Edwards	342	M	M55-59		1:32:08	1:31:59	0:08		9:18	9:14	9:00	9:11	5:42
102	102	23	5	Kizzy Storr	484	F	F30-34	Urban Girls	1:32:14	1:32:08	0:06		9:03	9:16	9:21	9:12	5:43
103	103	24	1	Louise Diaz	337	F	F45-49		1:32:56	1:32:51	0:04		9:16	9:21	9:14	9:17	5:46
104	104	25	3	Polly Gilkes	356	F	F40-44		1:33:08	1:33:02	0:05		8:57	9:23	9:39	9:18	5:46



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Gun pos	Chip pos	Gender pos	Cat Pos	Name	Number	Gender	Age grp	Club	Gun time	Chip time	Start dly	Pace:	Split1	Split2	Split3	Ov'II (m/ml)	(m/Km)
105	105	80	12	Ashley Walden	505	M	M45-49		1:33:13	1:33:03	0:09		9:16	9:22	9:16	9:18	5:46
106	106	26	2	Helen Walden	506	F	F45-49		1:33:28	1:33:18	0:09		9:02	9:13	9:48	9:19	5:47
107	107	81	5	Andy Kemp	392	M	M50-54	Fleckney & Kibworth Running	1:33:30	1:33:22	0:07		9:10	9:25	9:27	9:20	5:47
108	109	28	6	Victoria McKee	427	F	F23-29	Team Balancise	1:33:30	1:33:24	0:06		9:24	9:16	9:18	9:20	5:48
109	108	27	3	Sadie Hursey	380	F	F45-49		1:33:34	1:33:23	0:10		9:09	9:20	9:34	9:20	5:47
110	112	83	12	Austin Weaver	510	M	M35-39		1:34:54	1:34:51	0:03		8:43	9:45	10:10	9:29	5:53
111	111	29	4	Rebecca Razaque	458	F	F40-44		1:34:55	1:34:51	0:03		8:43	9:45	10:10	9:29	5:53
112	110	82	13	Gary Hedges	367	M	M45-49		1:34:57	1:34:51	0:05		9:35	9:27	9:23	9:29	5:53
113	114	30	10	Michaela Latham	401	F	F35-39	Wigston Phoenix Running	1:35:03	1:35:02	0:01		9:13	9:49	9:32	9:30	5:54
114	113	84	16	Billy Ling	405	M	M30-34		1:35:08	1:34:57	0:11		9:07	9:20	10:07	9:29	5:53
115	115	31	11	Becky Ots	448	F	F35-39		1:35:26	1:35:19	0:07		9:27	9:44	9:24	9:31	5:55
116	116	85	13	Jeff Mitchell	431	M	M35-39		1:35:31	1:35:25	0:06		9:08	9:30	10:05	9:32	5:55
117	117	32	12	Natalie Sears	465	F	F35-39	She Can Run - Kettering	1:35:44	1:35:36	0:07		9:34	9:32	9:34	9:33	5:56
118	118	33	6	Michelle Tilbury	499	F	F30-34		1:35:47	1:35:43	0:03		9:29	9:28	9:46	9:34	5:56
119	119	86	5	Bob Wright	523	M	M60-64		1:36:40	1:36:29	0:10		9:24	9:46	9:48	9:38	5:59
120	120	34	1	Jean Wright	524	F	F60-64		1:36:40	1:36:30	0:10		9:24	9:47	9:49	9:39	5:59
121	121	35	5	Catherine Hodgetts	376	F	F40-44	Astley and Tyldesley	1:37:27	1:37:20	0:06		9:50	9:44	9:35	9:44	6:02
122	122	87	17	Alan Eathorne	341	M	M30-34		1:38:09	1:38:00	0:08		9:01	9:33	11:02	9:48	6:05
123	123	88	14	Martyn Swann	489	M	M45-49		1:38:11	1:38:01	0:09		9:41	9:44	10:00	9:48	6:05
124	124	36	7	Jess Skippen	471	F	F23-29		1:38:45	1:38:41	0:04		9:35	9:54	10:11	9:52	6:07
125	125	89	14	Ashley Smith	477	M	M35-39		1:38:45	1:38:41	0:04		9:35	9:54	10:11	9:52	6:07
126	126	37	8	Rebecca Peck	455	F	F23-29		1:39:05	1:39:02	0:02		9:37	10:08	10:01	9:54	6:09
127	127	38	4	Michelle Olcot	445	F	F45-49		1:39:15	1:39:06	0:08		9:56	9:49	9:56	9:54	6:09
128	128	39	2	Sally Hewitt	369	F	F60-64	Wellingborough & Distrct AC	1:40:20	1:40:12	0:07		9:49	10:04	10:13	10:01	6:13
129	129	90	18	Simon Brooks	318	M	M30-34	Team Balancise	1:40:37	1:40:30	0:07		10:06	10:01	10:00	10:03	6:14
130	130	91	19	Shaun Louth	410	M	M40-44	Sleaford Town Runners	1:41:08	1:41:00	0:08		10:13	9:58	10:03	10:06	6:16
131	131	92	2	Jonathan Arnold	304	M	M20-22		1:41:26	1:41:17	0:08		10:16	9:49	10:15	10:07	6:17
132	132	93	3	Daniel Terry	494	M	M20-22		1:41:26	1:41:18	0:08		10:16	9:49	10:15	10:07	6:17
133	133	40	9	Siobhan Jenkins	385	F	F23-29	Stopsley Striders	1:41:33	1:41:27	0:06		9:42	10:09	10:42	10:08	6:18
134	134	41	5	Jane Keig	390	F	F45-49	Buckingham and Stowe	1:41:52	1:41:46	0:06		9:35	10:19	10:46	10:10	6:19
135	135	42	13	Kerry Lott	409	F	F35-39		1:42:13	1:42:03	0:09		10:11	9:59	10:26	10:12	6:20
136	136	43	6	Tracie Larkins	400	F	F40-44	Team Balancise	1:42:17	1:42:11	0:06		9:54	10:14	10:35	10:13	6:20
137	137	94	11	Patrick Mackintosh	416	M	M23-29	Sweatshop Running club	1:42:21	1:42:13	0:08		10:11	10:13	10:14	10:13	6:20
138	138	44	6	Tina Brayford	317	F	F45-49	Team Balancise	1:42:25	1:42:18	0:07		9:54	10:14	10:37	10:13	6:21
139	139	45	2	Linda Knox	396	F	F50-54	Buckingham and Stowe	1:42:40	1:42:34	0:06		9:44	10:24	10:46	10:15	6:22
140	140	46	7	Angela Irving	382	F	F45-49		1:45:25	1:45:20	0:05		10:10	10:50	10:41	10:32	6:32
141	141	47	3	Denise Farmer	346	F	F50-54	Redway Runners	1:45:29	1:45:24	0:04		10:10	10:50	10:42	10:32	6:32
142	142	48	8	Yvonne James	384	F	F45-49		1:45:36	1:45:25	0:10		10:07	10:51	10:44	10:32	6:32
143	143	49	14	Nikki Mackie	415	F	F35-39		1:46:17	1:46:12	0:05		10:10	10:50	10:58	10:37	6:35
144	144	50	10	Rebecca Thomson	497	F	F23-29		1:46:47	1:46:40	0:07		10:30	10:42	10:49	10:40	6:37
145	145	51	7	Tracy Carr	325	F	F40-44		1:46:51	1:46:42	0:09		9:57	10:43	11:30	10:40	6:37
146	146	52	2	Angela Kay	388	F	F55-59	Bedford Harriers	1:46:57	1:46:48	0:09		10:37	10:41	10:43	10:40	6:37
147	147	53	8	Sam Margan	420	F	F40-44	Redway Runners	1:48:40	1:48:35	0:04		10:16	11:04	11:22	10:51	6:44
148	148	54	15	Emma Jacobs	383	F	F35-39	Redway Runners	1:48:55	1:48:49	0:05		10:54	11:08	10:35	10:52	6:45
149	149	55	9	Bali Turner	502	F	F40-44	Redway Runners	1:49:01	1:48:55	0:05		10:54	11:08	10:37	10:53	6:45
150	150	56	7	Steph Musselle	437	F	F30-34		1:49:30	1:49:21	0:09		10:22	10:54	11:40	10:56	6:47
151	151	95	15	David Armstrong	303	M	M35-39	Bushfield Joggers	1:50:24	1:50:17	0:07		10:44	11:08	11:16	11:01	6:50
152	152	57	16	Zoe Locke	407	F	F35-39		1:51:34	1:51:29	0:04		11:00	11:19	11:09	11:08	6:55
153	153	58	9	Teresa Walton	508	F	F45-49		1:52:01	1:51:58	0:03		10:41	11:14	11:47	11:11	6:57
154	154	59	10	Heather Marfleet	419	F	F40-44	Rugby and Northampton	1:52:50	1:52:46	0:04		10:51	11:27	11:38	11:16	7:00
155	155	60	11	Rachel Cator	328	F	F23-29		1:52:56	1:52:49	0:07		10:59	11:20	11:36	11:16	7:00
156	156	96	6	Steve Case	327	M	M60-64	Jog Derbyshire	1:53:53	1:53:41	0:11		10:58	11:20	11:54	11:22	7:03

Rockingham 10 2015

Finisher List 10 mile race

Gun pos	Chip pos	Gender pos	Cat Pos	Name	Number	Gender	Age grp	Club	Gun time	Chip time	Start dly	Pace:	Split1	Split2	Split3	Ov'II (m/ml)	(m/Km)
157	157	97	19	Gavin Smith	479	M	M30-34		1:54:06	1:53:56	0:09		10:46	11:26	12:08	11:23	7:04
158	158	98	15	Paul Mack	413	M	M45-49		1:54:29	1:54:23	0:06		11:48	11:28	10:56	11:26	7:06
159	159	61	8	Helen Wiggins	516	F	F30-34		1:55:07	1:55:02	0:05		11:10	11:16	12:09	11:30	7:08
160	160	62	3	Cheryl Johnson	386	F	F55-59	Wigston Pheonix Running	1:57:41	1:57:38	0:03		11:41	11:49	11:47	11:45	7:18
161	161	63	12	Emma Chapman	330	F	F23-29		2:00:58	2:00:51	0:07		7:34	15:33	14:20	12:05	7:30
162	162	64	9	Elizabeth Poole	456	F	F30-34		2:03:10	2:03:00	0:09		11:45	12:01	13:15	12:18	7:38
163	163	65	13	Aimee Purnell-Willett	457	F	F23-29	Redway Runners	2:03:52	2:03:41	0:10		11:47	12:26	13:02	12:22	7:40
164	164	99	1	Ivan Mostyn-Scott	436	M	M70-74		2:04:58	2:04:48	0:10		11:57	12:47	12:49	12:28	7:45
165	165	66	11	Jenny Cole	331	F	F40-44	Redway Runners	2:06:24	2:06:19	0:05		12:01	13:00	13:02	12:37	7:50
166	166	1	1	N.N. 50001	50001				1:19:20	1:19:14	0:05		7:48	8:01	7:58	7:55	4:55

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