

## Ashbourne 10 2019

## Finisher List 5Km

Chip pos	Name	Number	Gender	Gender pos	Age grp	Age grp pos	Club	Town	Chip time	Pace m/Km	(m/ml)
<b>5Km</b>											
<b>Finished: 717</b>											
1	Oliver Brocklehurst	105	M	1	M20-22	1	Matlock AC		0:19:10	3:49	6:10
2	David Spencer	76	M	2	M55-59	1	Belper Tri Club	Matlock	0:22:12	4:26	7:08
3	Steph Spencer	75	F	1	F45-49	1	Derby AC	Matlock	0:22:20	4:27	7:11
4	James King	47	M	3	M10-11	1			0:23:17	4:39	7:29
5	Amber Wilkins	90	F	2	F12-13	1	Heanor RC	Giltbrook	0:23:45	4:44	7:38
6	Anita Weaver	87	F	3	F50-54	1		Sheffield	0:24:31	4:54	7:53
7	Megan Weaver	86	F	4	F14-15	1	Hallamshire harriers	Sheffield	0:25:10	5:01	8:05
8	Emma Wilkins	91	F	5	F12-13	2	Heanor RC	Giltbrook	0:27:19	5:27	8:47
9	Naz Ali	2	M	4	M23-29	1		Burton on Trent	0:27:51	5:34	8:57
10	Steve Rowlands	70	M	5	M50-54	1		Marlow	0:28:41	5:44	9:13
11	Nicholas Carlyle	16	M	6	M40-44	1		Nottingham	0:29:46	5:57	9:34
12	Rachel Watkins	85	F	6	F40-44	1		Crewe	0:29:50	5:57	9:36
13	Mark Wordley	94	M	7	M50-54	2	Ashbourne Triathletes	Ashbourne	0:32:29	6:29	10:27
14	Helen Wordley	95	F	7	F55-59	1		Ashbourne	0:32:30	6:29	10:27
15	Alexander Done	23	M	8	M16-17	1	Burton AC	Ashbourne	0:32:53	6:34	10:35
16	Georgia Fleeman	30	F	8	F16-17	1		Ashbourne	0:32:54	6:34	10:35
17	Thomas King	48	M	9	MU8	1			0:33:01	6:36	10:37
18	Cynthia King	44	F	9	F40-44	2		Ashbourne	0:33:01	6:36	10:37
19	Evie Middleton	59	F	10	F16-17	2		Alfreton	0:33:10	6:37	10:40
20	Lorna Charles	108	F	11	F35-39	1			0:33:32	6:42	10:47
21	Martin Burns	106	M	10	M35-39	1			0:34:06	6:49	10:58
22	Steven Pearson Adams	65	M	11	M55-59	2		Crewe	0:34:21	6:52	11:03
23	Laura Adams	1	F	12	F23-29	1		Matlock	0:34:22	6:52	11:03
24	Gary Love	51	M	12	M45-49	1		Corby	0:34:27	6:53	11:05
25	Lucy Stancer	77	F	13	F50-54	2	Step It Up Active	Lutterworth	0:34:50	6:57	11:12
26	Isabel Onley	60	F	14	F10-11	1		Bulbeck	0:35:02	7:00	11:16
27	Jonathan Wolfe	93	M	13	M23-29	2		Stone	0:35:11	7:02	11:19
28	Jennifer Lee	50	F	15	F23-29	2		Stockton on Tees	0:35:11	7:02	11:19
29	Vicki Reilly	67	F	16	F40-44	3	Step It Up Active	Rugby	0:35:19	7:03	11:22
30	Trina Deakin	107	F	17	F45-49	2			0:35:32	7:06	11:26
31	Stephanie Brown	12	F	18	F23-29	3		Ashbourne	0:35:59	7:11	11:34
32	Eesah Iqbal	40	M	14	M10-11	2		Derby	0:36:06	7:13	11:37
33	Millie Parker	63	F	19	F18-19	1		Belper	0:36:12	7:14	11:39
34	Craig Thomas	83	M	15	M50-54	3	Stoke FIT	Stoke on Trent	0:36:31	7:18	11:45
35	Elizabeth Hardman	35	F	20	F35-39	2	Sheffield RC	Sheffield	0:36:42	7:20	11:48
36	Sara Corker	20	F	21	F45-49	3	Sheffield RC	Sheffield	0:36:57	7:23	11:53
37	Matthew May	57	M	16	M45-49	2		Wellingborough	0:37:04	7:24	11:55
38	Hannah Kowalk	102	F	22	F10-11	2			0:37:11	7:26	11:58
39	Piotr Kowalik	100	M	17	M35-39	2	Shepshed RC		0:37:12	7:26	11:58
40	Abby Marson	109	F	23	F16-17	3			0:38:08	7:37	12:16
41	Elizabeth Green	33	F	24	F16-17	4		Cleethorpes	0:38:08	7:37	12:16
42	David Ball	7	M	18	M60-64	1	Step It Up Active	Rugby	0:38:34	7:42	12:24
43	James Done	24	M	19	M45-49	3		Ashbourne	0:39:14	7:50	12:37
44	Owais Iqbal	39	M	20	M12-13	1		Derby	0:39:17	7:51	12:38
45	Gemma Harris	36	F	25	F35-39	3		Uttoxeter	0:39:32	7:54	12:43
46	Liz Gunn	101	F	26		1	Uttoxeter Road Runners		0:39:41	7:56	12:46
47	Martin Bolsover	9	M	21	M50-54	4		Nottingham	0:39:50	7:57	12:49
48	Finn Done	25	M	22	M12-13	2		Ashbourne	0:39:50	7:57	12:49

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49	Rebecca Palin	62	F	27	F14-15	2	Notts Women Runners	Sutton In Ashfield	0:39:55	7:58	12:50
50	Julie Palin	61	F	28	F45-49	4	Notts Women Runners	Sutton In Ashfield	0:39:55	7:58	12:50
51	Gabriel Done	26	M	23	MU8	2		Ashbourne	0:40:21	8:04	12:59
52	Harry May	58	M	24	M14-15	1		Wellingborough	0:40:21	8:04	12:59
53	Janet Jovanovic	910	M	25	M30-34	1			0:40:38	8:07	13:04
54	Tracey May	32	F	29	F40-44	4		Wellingborough	0:40:47	8:09	13:07
55	Paul Witherington	92	M	26	M60-64	2		Leicester	0:40:49	8:09	13:08
56	Neil Mangnall	52	M	27	M35-39	3		Derby	0:41:25	8:16	13:19
57	Lisa Allsopp	4	F	30	F35-39	4		Burton on Trent	0:42:31	8:30	13:41
58	Nosh Ali	3	F	31	F23-29	4		Burton on Trent	0:42:34	8:30	13:42
59	Sophie Onley-Elton	103	F	32	F8-9	1			0:42:59	8:35	13:50
60	Pauline Elton	29	F	33	F65-69	1		Preston	0:45:24	9:04	14:36
61	Alasdair Smith	74	M	28	M14-15	2		Rugby	0:45:32	9:06	14:39
62	Aimear Elson	27	F	34	F16-17	5	Vegan Runners UK / Step It Up Active	Rugby	0:45:33	9:06	14:39
63	Lydia Smith	73	F	35	F18-19	2		Rugby	0:45:33	9:06	14:39
64	Paul Stewart	79	M	29	M35-39	4		Nottingham	0:49:14	9:50	15:50
65	Lucy Stewart	80	F	36	F8-9	2		Nottingham	0:49:16	9:51	15:51
66	Sophie Wright	96	F	37	F10-11	3		Stoke on Trent	0:50:03	10:00	16:06
67	Steve Wright	97	M	30	M35-39	5	Stoke FIT	Stoke on Trent	0:50:07	10:01	16:07
68	Harry Tariq	81	M	31	M23-29	3		Burton on Trent	0:53:37	10:43	17:15
69	Nageena Iqbal	41	F	38	F30-34	1		Derby	0:54:54	10:58	17:40
70	anna redfern	66	F	39	F40-44	5	All About Jogging AAJ	Nottingham	0:57:43	11:32	18:34

Number of records: 70