

Grimsthorpe 10 2017

Finisher List 10k

Pos	Chip time	Gender pos	Cat pos	Age grp	Race num	Name	Club	Pace (min/km)	Pace (min/mile)	Start delay	Town	Family team name
10k												
1	00:38:42	1	1	F30-34	131	Natalie Burns	Lincoln Wellington AC	03:52	06:13	0:00	Cleethorpes	
2	00:40:08	1	1	M40-44	241	Matthew Keyworth		04:00	06:27	0:01	Nottingham	
3	00:43:52	2	2	M40-44	235	Scott Jones	Grantham Running Club	04:23	07:03	0:00	Grantham	
4	00:44:45	3	3	M40-44	182	Steven Franklin		04:28	07:12	0:01	King's Lynn	
5	00:45:29	4	1	M45-49	256	Sam Lucas		04:32	07:19	0:07	Newark	
6	00:45:51	5	1	M30-34	228	Daniel Irwin	Bushfield Joggers	04:35	07:22	0:01	Peterborough	
7	00:46:14	6	1	M14-15	130	Mitchell Bunn		04:37	07:26	0:20	Sutton Bridge	
8	00:47:00	7	1	M35-39	155	Stephen Crook		04:42	07:33	0:07	Grantham	
9	00:47:07	8	1	M23-29	211	Jack Hart		04:42	07:34	0:00	Stamford	
10	00:47:17	2	1	F40-44	357	Emma Gilbert		04:43	07:36	0:00		
11	00:47:18	9	1	M50-54	358	Nigel Wallis		04:43	07:36	0:00		
12	00:48:25	3	1	F23-29	118	Hayley Biggs	Team Anstey	04:50	07:47	0:02	Leicester	
13	00:49:14	10	1	M55-59	309	Graham Smith	Team Anstey	04:55	07:55	0:02	Leicester	
14	00:49:23	11	4	M40-44	348	Rob Wing		04:56	07:56	0:02	Sleaford	
15	00:49:42	12	2	M45-49	254	Colin Lloyd	Running Mate	04:58	07:59	0:08	Wellingborough	
16	00:49:54	13	2	M50-54	242	Steve King	Harborough Athletics Club	04:59	08:01	0:00	Market Harborough	
17	00:50:38	4	2	F40-44	305	Jenny Skerritt		05:03	08:08	0:14	Colsterworth	
18	00:51:17	5	1	F35-39	271	Rachel Moore		05:07	08:15	0:06	Nottingham	
19	00:51:17	14	1	M12-13	272	Thomas Moore		05:07	08:15	0:06	Nottingham	
20	00:52:20	15	5	M40-44	326	Gary Taylor		05:14	08:25	0:02	Ilkeston	
21	00:52:41	6	2	F23-29	360	Kimberleigh Smith		05:16	08:28	0:05		
22	00:52:42	7	1	F55-59	185	Lindsay Fung	Beaumont Running Club	05:16	08:28	0:02	Leicester	
23	00:53:09	16	3	M45-49	240	Andrew Kendal	Stamford Striders	05:18	08:33	0:16	North Luffenham	
24	00:53:24	8	2	F30-34	230	Hannah Iwanejko	Bilsthorpe Ladies Running Club	05:20	08:35	0:01	Newark	
25	00:53:27	17	2	M35-39	274	Michal Nizler		05:20	08:36	0:06	Sleaford	
26	00:54:01	9	3	F40-44	233	Claudette Joint		05:24	08:41	0:14	Grantham	
27	00:54:17	10	4	F40-44	142	Vicky Clarke	TRI3 Sleaford	05:25	08:44	0:14	Colsterworth	
28	00:54:27	11	1	F45-49	162	Alison Dobney		05:26	08:45	0:03	Bottesford	
29	00:54:34	18	1	M70+	151	John Combie	Newark AC	05:27	08:46	0:06	Newark	
30	00:54:52	19	6	M40-44	234	Paul Stoker		05:29	08:49	0:14	Sewstern	
31	00:54:58	20	3	M35-39	343	Tony Welsh		05:29	08:50	0:16	Bedford	
32	00:55:29	12	3	F30-34	178	Pamela Fitton		05:32	08:55	0:14	Grantham	
33	00:55:38	13	4	F30-34	184	Emily Frikha		05:33	08:57	0:05	Melton Mowbray	
34	00:56:25	21	7	M40-44	191	Dean Glenn		05:38	09:04	0:09	Wellingborough	
35	00:56:45	14	2	F35-39	181	Louise Franklin		05:40	09:07	0:03	King's Lynn	
36	00:56:59	15	1	F50-54	216	Karen Hichisson	Newark Striders	05:41	09:10	0:16	Newark	
37	00:57:12	16	3	F35-39	220	Cally Horsfall		05:43	09:12	0:08	Southwell	
38	00:57:29	17	1	F14-15	278	Isobel Parsons		05:44	09:15	0:06	Nottingham	
39	00:57:46	18	2	F45-49	170	Mandie Elson		05:46	09:17	0:15	Newark	
40	00:57:50	19	2	F50-54	299	Amanda Scuffham	Harborough Athletics Club	05:47	09:18	0:01	Market Harborough	
41	00:57:54	20	4	F35-39	215	Shelley Hemsley		05:47	09:19	0:04	Hucknall	
42	00:58:09	22	2	M55-59	275	Michael Nolan		05:48	09:21	0:04	Boston	
43	00:58:12	23	3	M50-54	746	Ian Hart		05:49	09:21	0:01	Market Deeping	
44	00:58:28	24	8	M40-44	202	Colin Hammocks	Halmer Harriers	05:50	09:24	0:19	Spalding	
45	00:59:03	21	5	F40-44	296	Rosalind Sadler	Grantham Running Club	05:54	09:30	0:17	Grantham	
46	00:59:07	22	3	F45-49	43	Victoria Bailey		05:54	09:30	0:10	Peterborough	
47	00:59:11	23	1	F60-64	207	Beverley Harker		05:55	09:31	0:04	Boston	
48	00:59:17	25	2	M23-29	317	Martin Strawson		05:55	09:32	0:09	Lincoln	
49	00:59:37	26	4	M45-49	334	Steve Tucker		05:57	09:35	0:15	Spalding	
50	00:59:37	24	6	F40-44	344	Maria Whittaker		05:57	09:35	0:02	Nottingham	

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Pos	Chip time	Gender pos	Cat pos	Age grp	Race num	Name	Club	Pace (min/km)	Pace (min/mile)	Start delay	Town	Family team name
51	00:59:37	27	4	M35-39	297	Pawel Sawczuk		05:57	09:35	0:10	Grantham	
52	00:59:55	25	7	F40-44	332	Sally Tomlinson		05:59	09:38	0:03	Lutterworth	
53	01:00:03	28	4	M50-54	328	Martin Tempest		06:00	09:39	0:13	Bourne	
54	01:00:05	26	5	F35-39	239	Sonia Kendal	Stamford Striders	06:00	09:40	0:13	North Luffenham	
55	01:00:28	29	1	M60-64	284	Ron Phillips		06:02	09:43	0:16	Spalding	
56	01:00:29	30	5	M50-54	342	Mark Wells	Werrington Joggers	06:02	09:44	0:16	Peterborough	
57	01:00:29	31	6	M50-54	150	Robert Coles	Yaxley Runners	06:02	09:44	0:16	Peterborough	
58	01:00:29	32	7	M50-54	268	Paul Meadows		06:02	09:44	0:16	Peterborough	
59	01:00:30	27	3	F50-54	303	Paula Simpson	Notts Women Runners	06:03	09:44	0:01	Nottingham	
60	01:00:45	28	4	F45-49	355	Josephine Johnson		06:04	09:46	0:11	Lincoln	
61	01:00:50	29	1	F12-13	110	Amelia Jukes		06:05	09:47			
62	01:00:54	30	8	F40-44	232	Laura Jennings		06:05	09:48	0:06	Rugby	
63	01:00:57	33	9	M40-44	273	Martin Murray		06:05	09:48	0:08	Bourne	
64	01:01:01	31	6	F35-39	223	Ruth Hughes		06:06	09:49	0:23	Rugby	
65	01:01:32	32	9	F40-44	218	Vicky Holden		06:09	09:54	0:07	Nottingham	
66	01:02:00	33	10	F40-44	101	Emma Abbott		06:12	09:58	0:10	Lincoln	
67	01:02:14	34	2	F55-59	115	Caroline Beck		06:13	10:00	0:06	Huntingdon	
68	01:02:24	35	11	F40-44	124	Claire Booth		06:14	10:02	0:07	Mansfield	
69	01:02:36	36	7	F35-39	139	Danielle Chambers		06:15	10:04	0:20	Lincoln	
70	01:02:52	37	4	F50-54	160	Yvonne Dew		06:17	10:07	0:14	Skellingthorpe	
71	01:02:53	38	8	F35-39	249	Estelle Leake	Kings Forest	06:17	10:07	0:11	Barnsley	
72	01:03:05	39	9	F35-39	221	Sally Howitt		06:18	10:09	0:20	Lincoln	
73	01:03:05	40	10	F35-39	134	Cheryl Burrows		06:18	10:09	0:10	Lincoln	
74	01:03:10	34	10	M40-44	330	Adrian Todd		06:19	10:09	0:13	Nottingham	
75	01:03:11	35	11	M40-44	322	Wayne Swiffin	Ilkeston Running Club	06:19	10:10	0:08	Mansfield	
76	01:03:12	36	2	M30-34	252	Jonathan Lill	Grantham Running Club	06:19	10:10	0:17	Grantham	
77	01:03:19	41	5	F50-54	125	Karen Boulton		06:19	10:11	0:14	Billingham	
78	01:03:25	42	5	F45-49	320	Sue Swann	Grantham Running Club	06:20	10:12	0:17	Grantham	
79	01:03:26	37	3	M23-29	261	Greg Marshall	Bushfield Joggers	06:20	10:12	0:20	Peterborough	
80	01:03:26	38	2	M60-64	263	Gary Marshall	Bushfield Joggers	06:20	10:12	0:20	Peterborough	
81	01:03:33	43	12	F40-44	106	Rachel Ashmore		06:21	10:13	0:06	Melton Mowbray	
82	01:03:35	44	13	F40-44	165	Ruth Dowling		06:21	10:13	0:19	Spalding	
83	01:03:49	39	5	M45-49	288	Andrew Read		06:22	10:16	0:05	Lincoln	
84	01:03:49	45	5	F30-34	105	Chloe Artis	Melton Running Club	06:22	10:16	0:15	Edith Weston	
85	01:03:50	40	6	M45-49	244	Laurie king		06:23	10:16	0:05	Lincoln	
86	01:04:03	46	11	F35-39	265	Andrea Martin		06:24	10:18	0:02	Lincoln	
87	01:04:04	47	6	F45-49	306	Tracey Smith	Grantham Running Club	06:24	10:18	0:18	Grantham	
88	01:04:27	48	1	F65+	172	Barbara Eveling		06:26	10:22	0:06	Grantham	
89	01:04:52	49	6	F50-54	209	Jane Harston	Notts Women Runners	06:29	10:26	0:25	Hucknall	
90	01:04:56	50	3	F23-29	117	Clare Biddle		06:29	10:27	0:06	Nottingham	
91	01:05:04	41	8	M50-54	219	Andrew Hooker		06:30	10:28	0:19	Spalding	
92	01:05:07	51	12	F35-39	189	Anna Gee	Erewash Valley Running Club	06:30	10:28	0:05	Long Eaton	
93	01:05:10	42	3	M30-34	167	Peter Duncan	Regain Fitness	06:31	10:29	0:15	Gainsborough	
94	01:05:31	52	13	F35-39	164	Stephanie Dodd	Rugby & Northampton Athletic Club	06:33	10:32	0:22	Rugby	
95	01:05:39	53	14	F40-44	286	Amanda Proffitt	Rugby & Northampton Athletic Club	06:33	10:33	0:21	Rugby	
96	01:05:40	54	15	F40-44	140	Mel Clark	Rugby & Northampton Athletic Club	06:34	10:34	0:21	Rugby	
97	01:05:57	55	7	F45-49	345	Vicky Willan	Grantham Running Club	06:35	10:36	0:17	Grantham	
98	01:06:19	56	16	F40-44	114	Fiona Beales	Notts Women Runners	06:37	10:40	0:04	Nottingham	
99	01:06:20	57	14	F35-39	107	Stacey Atkins	Newark Striders	06:38	10:40	0:12	Newark	
100	01:06:20	58	6	F30-34	144	Philippa Clarke	Newark Striders	06:38	10:40	0:12	Newark	
101	01:06:30	59	17	F40-44	190	Justyna Gill	Grantham Running Club	06:39	10:42	0:06	Grantham	
102	01:06:36	60	8	F45-49	325	Terri Taylor	Notts Women Runners	06:39	10:43	0:24	Nottingham	

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Pos	Chip time	Gender pos	Cat pos	Age grp	Race num	Name	Club	Pace (min/km)	Pace (min/mile)	Start delay	Town	Family team name
103	01:06:39	61	7	F30-34	277	Ann-Maria Parkinson	Kings Forest Cani Cross	06:39	10:43	0:11	Bury St Edmunds	
104	01:06:48	62	9	F45-49	153	Andrea Cooke	Halmer Harriers	06:40	10:45	0:01	Spalding	
105	01:06:53	63	8	F30-34	359	Christine Daniels		06:41	10:45	0:11		
106	01:07:18	64	10	F45-49	267	Fiona McMahon	Rugby & Northampton Athletic Club	06:43	10:49	0:22	Rugby	
107	01:07:18	65	15	F35-39	154	Rachel Cox		06:43	10:49	0:06	Melton Mowbray	
108	01:07:29	66	1	F16-17	126	Millie Bowyer	Witham Runners	06:44	10:51	0:12	Lincoln	
109	01:07:29	43	9	M50-54	127	Stuart Bowyer	Witham Runners	06:44	10:51	0:12	Lincoln	
110	01:07:48	67	11	F45-49	246	Roisin Kirby		06:46	10:54	0:12	Nottingham	
111	01:07:54	68	7	F50-54	111	Belinda Baker		06:47	10:55	0:17	Grantham	
112	01:08:00	69	4	F23-29	112	Hayley Barratt	Rugby & Northampton Athletic Club	06:48	10:56	0:22	Rugby	
113	01:08:04	70	3	F55-59	104	Penny Appleyard	Rugby & Northampton Athletic Club	06:48	10:57	0:22	Rugby	
114	01:08:13	71	8	F50-54	307	Lorraine Smith	Rugby & Northampton Athletic Club	06:49	10:58	0:22	Rugby	
115	01:08:34	72	9	F50-54	137	Angela Carr	Grantham Running Club	06:51	11:02	0:17	Grantham	
116	01:08:34	73	16	F35-39	198	Tracy Grimshaw		06:51	11:02	0:12	Bourne	
117	01:09:02	74	12	F45-49	183	Samantha Franks		06:54	11:06	0:24	Grimsby	
118	01:09:02	75	17	F35-39	229	Debbie Iwanczuk		06:54	11:06	0:23	Grimsby	
119	01:09:02	76	18	F35-39	333	Emma Troop		06:54	11:06	0:24	Grimsby	
120	01:09:11	77	10	F50-54	356	Karen Richardson	Cambridge and Coleridge AC	06:55	11:08	0:23		
121	01:09:23	78	19	F35-39	253	Hannah Lingard	Stamford Striders	06:56	11:09	0:09	Stamford	
122	01:09:44	79	9	F30-34	204	Sarah Hant		06:58	11:13	0:11	Loughborough	
123	01:09:46	44	5	M35-39	174	Douglas Fazzani		06:58	11:13	0:10	Barrow-Upon-Soar	
124	01:09:47	80	20	F35-39	250	Louise Lee	Stamford Striders	06:58	11:13	0:10	Stamford	
125	01:09:49	81	21	F35-39	187	Lucinda Gamble		06:58	11:14	0:17	Grantham	
126	01:09:57	82	18	F40-44	324	Yvette Taylor	Grantham Running Club	06:59	11:15	0:17	Grantham	
127	01:09:58	83	22	F35-39	315	Jackie Stockdale	Regain Fitness	06:59	11:15	0:05	Gainsborough	
128	01:09:59	84	19	F40-44	226	Ruth Hutchison	Saddleworth Runners	06:59	11:15	0:05	Greater Manchester	
129	01:10:03	45	1	M65-69	143	Ernest Clarke	Notfast RC	07:00	11:16	0:19	Newark	
130	01:10:03	85	23	F35-39	116	Sarah B Belton	Rugby & Northampton Athletic Club	07:00	11:16	0:22	Rugby	
131	01:10:04	86	2	F60-64	145	Cathy Clarke	Notfast RC	07:00	11:16	0:19	Newark	
132	01:10:06	87	24	F35-39	208	Rhian Harris	Rugby & Northampton Athletic Club	07:00	11:16	0:23	Rugby	
133	01:10:25	88	13	F45-49	177	Sharon Fitton	Notts Women Runners	07:02	11:19	0:10	Sutton in Ashfield	
134	01:10:35	46	12	M40-44	245	Christopher King		07:03	11:21	0:18	Peterborough	
135	01:10:40	89	11	F50-54	283	Denise Phillips	Notts Women Runners	07:04	11:22	0:04	Nottingham	
136	01:11:02	90	25	F35-39	129	Zoe Brown		07:06	11:25	0:13	Peterborough	
137	01:11:07	91	12	F50-54	237	Suchitra Kanagasundaram		07:06	11:26	0:22	Stamford	
138	01:11:16	47	10	M50-54	292	Neil Roberts	Erewash Valley Running Club	07:07	11:28	0:11	Nottingham	
139	01:11:22	92	13	F50-54	152	Ali Cook		07:08	11:29	0:12	Bourne	
140	01:11:22	93	20	F40-44	217	Melanie Hinchcliffe		07:08	11:29	0:20	Leeds	
141	01:11:29	94	10	F30-34	262	Hannah Marshall	Bushfield Joggers	07:08	11:30	0:20	Peterborough	
142	01:11:38	48	1	M18-19	199	Rory Grindey		07:09	11:31	0:20	Grantham	
143	01:11:56	95	26	F35-39	327	Danielle Tempest		07:11	11:34	0:13	Bourne	
144	01:11:58	96	21	F40-44	290	Nicol Rippon	Tickhill Running and Athletic Club	07:11	11:34	0:11	Doncaster	
145	01:12:32	49	3	M55-59	248	Raymond Lapworth		07:15	11:40	0:13	Loughborough	
146	01:12:47	97	14	F50-54	347	sarah willoughby		07:16	11:42	0:19	Spalding	
147	01:12:53	50	2	M14-15	203	Luis Hammocks	Halmer Harriers	07:17	11:43	0:14	Spalding	
148	01:13:05	98	22	F40-44	321	Helen Swiffin	Notts Women Runners	07:18	11:45	0:25	Clipstone	
149	01:13:31	99	5	F23-29	224	Lucy Hulls		07:21	11:49	0:15	Sleaford	
150	01:13:50	100	23	F40-44	195	Rachel Gregory		07:23	11:52	0:08	Bingham	
151	01:15:04	101	11	F30-34	758	Sandra King		07:30	12:04	0:41	Lincoln	
152	01:15:21	102	24	F40-44	291	Alison Robbins	Sleaford Striders	07:32	12:07	0:25	Sleaford	
153	01:15:26	103	12	F30-34	354	Victoria Harvey		07:32	12:08	0:18	Ashbourne	
154	01:15:27	104	25	F40-44	339	CJ Walker	Grantham Running Club	07:32	12:08	0:17	Grantham	

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155	01:16:10	105	14	F45-49	169	Nicola Elliott	Rugby & Northampton Athletic Club	07:37	12:15	0:22	Northampton	
156	01:16:17	106	15	F45-49	201	Amanda Hammocks	Halmer Harriers	07:37	12:16	0:15	Spalding	
157	01:17:58	107	16	F45-49	583	Nicola Mulder	Notts Women Runners	07:47	12:32	0:05	Nottingham	
158	01:18:31	108	4	F55-59	119	Mel Snutch		07:51	12:38	0:05	Leicester	
159	01:18:46	109	26	F40-44	481	Jeanie Finlay	Notts Women Runners	07:52	12:40	0:04	Nottingham	
160	01:18:51	110	27	F35-39	264	Lucy Martin	Notts Women Runners	07:53	12:41	0:24	Hucknall	
161	01:20:12	111	6	F23-29	146	Rachel Clay		08:01	12:54	0:21	Spalding	
162	01:20:12	112	28	F35-39	316	Amanda Stoffel		08:01	12:54	0:21	Spalding	
163	01:20:36	51	7	M45-49	340	Barry Webb		08:03	12:58	0:07	Peterborough	
164	01:21:26	113	17	F45-49	318	Debbie Streng	PSOF	08:08	13:06	0:15	Peterborough	
165	01:21:26	114	7	F23-29	304	Ruby May Simpson		08:08	13:06	0:15	Crowland	
166	01:21:29	115	29	F35-39	341	Louise Webb		08:08	13:06	0:07	Peterborough	
167	01:21:53	116	18	F45-49	171	Carolyn English		08:11	13:10	0:09	Peterborough	
168	01:22:24	117	5	F55-59	243	Sally King	Fenland RC	08:14	13:15	0:11	wisbech	
169	01:22:49	52	2	M18-19	136	Ryan Carpenter		08:16	13:19	0:25	Heckington	
170	01:23:11	118	13	F30-34	336	Rachel Upex		08:19	13:23	0:06	Peterborough	
171	01:23:57	53	11	M50-54	300	Karl Searson		08:23	13:30	0:08	Bourne	
172	01:23:57	119	15	F50-54	301	Sherel Searson		08:23	13:30	0:08	Bourne	
173	01:24:21	120	27	F40-44	135	Emma Carpenter	Sleaford Striders	08:26	13:34	0:25	Heckington	
174	01:24:38	54	13	M40-44	205	Richard Hardy		08:27	13:37	0:15	Sleaford	
175	01:26:06	121	19	F45-49	102	Emma Alder		08:36	13:51	0:23	Newark	
176	01:28:13	122	28	F40-44	331	Jenny Todd		08:49	14:11	0:13	Nottingham	
177	01:36:40	123	29	F40-44	113	Michelle Baxter	Mansfield Harriers	09:40	15:33	0:26	Mansfield	
178	01:46:23	124	2	F12-13	361	Natalie Betts		10:38	17:07	0:28		

Number of records: 178