

## Duathlon Rockingham 2018

Chip pos	Gender pos	Age grp pos	Age grp	Name	M/F	Race num	Club	Chip time	Run 1	T1	Bike	T2	Run 2
<b>Sprint Duathlon</b>													
1	1	1	MU40	Mellor, James	M	227	University of Sheffield Triathlon Club	1:02:33	0:16:35	0:29	0:27:23	0:32	0:17:32
2	2	2	MU40	Maddocks, Phillip	M	91	Loughborough Students Tri Club	1:03:19	0:16:40	0:31	0:27:18	0:34	0:18:14
3	3	3	MU40	Holt, Charlie	M	93	Loughborough Students Tri Club	1:06:21	0:17:08	0:36	0:29:16	0:39	0:18:40
4	4	4	MU40	Horsley, Harry	M	100	Lutterworth Cycle Centre Triathlon Team	1:08:24	0:16:46	1:02	0:32:08	0:40	0:17:46
5	5	5	MU40	Shadwell, Michael	M	47	E3 coaching	1:09:12	0:18:49	0:47	0:29:13	0:35	0:19:46
6	6	6	MU40	Madge, Adam	M	245	Belvoir Tri Club	1:09:29	0:18:26	0:40	0:29:46	0:48	0:19:46
7	7	1	M50-59	Davis, Richard	M	220	Tri-Force	1:10:12	0:19:06	0:54	0:29:29	0:42	0:19:58
8	8	7	MU40	Seely, Will	M	169		1:10:29	0:17:35	0:43	0:32:51	0:42	0:18:35
9	9	2	M50-59	Smith, Gary	M	45	Coventry Triathletes	1:10:49	0:18:45	0:59	0:30:01	0:41	0:20:21
10	10	8	MU40	Blay, Simon	M	244	Coventry Cycling Club	1:12:00	0:18:37	1:10	0:32:19	1:10	0:18:42
11	11	9	MU40	Garfield, Sean	M	233	Worcester St Johns Cycling Club	1:13:29	0:19:09	1:12	0:32:25	0:38	0:20:03
12	12	10	MU40	Cadman, Tim	M	175		1:13:58	0:19:37	0:55	0:31:28	0:50	0:21:07
13	13	11	MU40	Griffiths, Tim	M	297		1:14:08	0:19:05	0:56	0:32:38	0:46	0:20:42
14	14	1	M40-49	Gammidge, Martyn	M	141		1:14:36	0:20:02	0:51	0:32:03	0:36	0:21:02
15	15	3	M50-59	Hiner, Karl	M	172	NiceTri St Neots	1:14:41	0:19:34	1:06	0:31:34	0:52	0:21:33
16	1	1	FU40	Pescott, Laura	F	94	Lutterworth Cycle Centre Triathlon Team	1:15:29	0:19:51	0:30	0:32:14	0:36	0:22:16
17	2	2	FU40	Armstrong, Ellie	F	123		1:15:42	0:19:17	0:35	0:34:34	0:34	0:20:39
18	3	3	FU40	Jones, Ruth	F	52	Farnham Tri	1:15:56	0:20:08	0:50	0:33:29	0:37	0:20:49
19	16	12	MU40	Davies, Geraint	M	127		1:16:34	0:20:34	0:47	0:32:52	0:39	0:21:41
20	17	13	MU40	Nicholls, Peter	M	194	Skegness triathlon club	1:16:42	0:21:31	1:14	0:31:00	0:56	0:22:00
21	18	4	M50-59	Ridley, Paul	M	173	NiceTri St Neots	1:16:56	0:19:27	1:16	0:34:54	1:01	0:20:15
22	19	14	MU40	Dart, Taylor	M	166		1:17:13	0:21:53	1:13	0:32:15	0:53	0:20:57
23	20	15	MU40	Spillane, Noel	M	148		1:17:17	0:20:51	0:59	0:33:12	0:56	0:21:17
24	4	4	FU40	Dickinson, Kathryn	F	79	Jackpot Racing	1:18:11	0:20:55	0:39	0:34:12	0:39	0:21:43
25	21	5	M50-59	Sankey, Craig	M	34	Bolsover Wheelers	1:18:24	0:20:41	1:36	0:32:02	1:06	0:22:56
26	22	2	M40-49	Lysons, Mark	M	293		1:18:52	0:21:39	1:32	0:31:47	1:21	0:22:32
27	23	16	MU40	Duffield, Cameron	M	226	University of Sheffield Triathlon Club	1:18:53	0:18:36	0:45	0:38:50	0:38	0:20:03
28	24	1	M60+	Rue, Steven	M	232	West Suffolk Wheelers	1:19:58	0:23:04	0:41	0:32:46	0:39	0:22:46
29	25	3	M40-49	Nelmes, Steve	M	62	HFCC	1:20:00	0:20:44	0:55	0:35:12	0:46	0:22:20
30	26	6	M50-59	Moriarty, Mark	M	230	Wellingborough & District AC	1:20:53	0:21:17	0:47	0:34:45	1:06	0:22:56
31	27	17	MU40	Marsland, Adam	M	234	WVTri	1:20:53	0:19:45	1:15	0:38:24	1:27	0:20:00
32	5	5	FU40	Noble, Millie	F	92	Loughborough Students Tri Club	1:21:06	0:21:06	0:49	0:35:17	0:44	0:23:07
33	28	18	MU40	Masters, Chris	M	295	Belvoir Tri Club	1:21:44	0:22:43	1:17	0:32:39	1:18	0:23:45
34	29	4	M40-49	Jarvis, James	M	133		1:22:20	0:22:03	0:55	0:35:29	0:41	0:23:09
35	30	5	M40-49	Calver, Jonathan	M	225	UkRunChat	1:22:31	0:20:39	1:13	0:37:42	1:14	0:21:41
36	6	6	FU40	Bell-Minogue, Samantha	F	77	Ilkeston Running Club	1:22:51	0:20:31	0:54	0:38:26	0:42	0:22:16
37	31	6	M40-49	Sykes, Francis	M	200	St Neots CC	1:22:52	0:22:42	1:13	0:32:56	1:11	0:24:48
38	32	7	M40-49	Halliday, Matthew	M	31	Bodymode Running Club	1:22:54	0:20:42	1:42	0:37:08	1:21	0:21:59
39	33	8	M40-49	Dauris, Mike	M	145		1:22:57	0:21:21	1:05	0:35:37	0:44	0:24:08
40	34	9	M40-49	Eckett, Matt	M	243	NTri Nothampton	1:23:57	0:21:14	1:04	0:37:21	1:06	0:23:10
41	35	10	M40-49	Rice, Graham	M	128		1:24:05	0:24:14	1:01	0:33:20	0:55	0:24:33
42	36	19	MU40	Mercer, Richard	M	185	Rugby Triathlon Club	1:25:22	0:22:21	1:12	0:33:52	1:23	0:26:33
43	7	7	FU40	Ritchie, Sarah	F	58	GreenlightPT	1:25:27	0:21:24	0:43	0:39:36	0:43	0:23:00
44	37	11	M40-49	Wilson, Neil	M	146		1:26:00	0:22:05	1:59	0:35:59	1:59	0:23:56
45	38	20	MU40	May, Peter	M	151		1:26:02	0:22:18	1:10	0:36:18	0:49	0:25:24
46	8	8	FU40	Mcniffe, Keeley	F	294	100 percent tri	1:26:04	0:23:25	1:08	0:35:21	1:18	0:24:50
47	39	2	M60+	Crump, Colin	M	60	Halmer Harriers	1:26:35	0:22:14	1:58	0:35:36	1:53	0:24:52
48	40	7	M50-59	Conaty, Declan	M	122		1:26:51	0:23:17	1:09	0:38:13	0:53	0:23:16
49	41	12	M40-49	Moore, Edd	M	238		1:26:54	0:23:23	1:02	0:36:10	0:48	0:25:29
50	42	8	M50-59	Dunn, Paul	M	247		1:26:55	0:24:28	0:52	0:35:55	0:52	0:24:46
51	9	9	FU40	Round, Karen	F	137		1:27:49	0:23:25	1:09	0:36:35	0:59	0:25:39
52	43	21	MU40	Baish, Ian	M	130		1:28:10	0:22:03	0:53	0:40:35	0:39	0:23:57

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53	10	10	FU40	Hallett, Camilla	F	116		1:28:34	0:20:44	1:07	0:42:58	1:07	0:22:35
54	44	13	M40-49	Thornley, Stephen	M	211	Team Jacum	1:28:36	0:24:37	1:21	0:32:31	1:12	0:28:54
55	11	1	F50-59	Riddle, Madeline	F	186	Rutland Runners	1:28:54	0:22:24	1:04	0:39:46	0:56	0:24:43
56	12	11	FU40	Rawson, Lizzie	F	284	Adelaide Tri Club	1:29:17	0:23:30	1:11	0:39:30	1:07	0:23:56
57	45	22	MU40	Crussell, Tom	M	183	Redway Runners	1:29:44	0:21:57	0:52	0:41:19	0:53	0:24:40
58	46	14	M40-49	Bussey, Steven	M	164		1:29:53	0:23:58	1:37	0:37:44	1:14	0:25:18
59	47	15	M40-49	Tough, Craig	M	119		1:29:57	0:25:33	1:52	0:34:16	1:13	0:27:02
60	48	23	MU40	Wheeler, Bradley	M	115		1:30:36	0:21:50	0:55	0:38:25	1:28	0:27:56
61	49	24	MU40	Simpson Smith, Maitland	M	479		1:30:43	0:20:56	1:56	0:42:01	1:23	0:24:25
62	50	9	M50-59	Rushton, Matthew	M	184	Royal Navy Tri	1:30:54	0:23:15	1:48	0:39:49	0:48	0:25:12
63	51	16	M40-49	Marcinkowski, Hubert	M	129		1:31:19	0:24:37	0:49	0:37:16	0:40	0:27:55
64	52	25	MU40	Gawryluk, Cyprian	M	237		1:31:20	0:24:37	1:07	0:36:56	1:01	0:27:36
65	53	26	MU40	Newbold, Stuart	M	165		1:32:21	0:23:23	1:50	0:38:28	1:45	0:26:54
66	54	17	M40-49	Donnell, Andrew	M	112		1:32:38	0:25:09	0:53	0:36:11	1:16	0:29:07
67	13	12	FU40	Whitmore, Amy	F	111		1:32:44	0:24:00	0:55	0:41:45	1:01	0:25:01
68	55	18	M40-49	Smart, Gavin	M	242		1:32:55	0:26:45	1:29	0:35:21	1:30	0:27:47
69	56	19	M40-49	Davis, Ian	M	131		1:33:41	0:24:56	1:55	0:36:01	1:31	0:29:16
70	57	20	M40-49	Halcomb, Mike	M	144		1:34:03	0:24:50	1:15	0:39:15	1:28	0:27:13
71	14	2	F50-59	Rue, Rita	F	231	West Suffolk Wheelers	1:34:20	0:26:06	0:47	0:38:58	0:46	0:27:42
72	15	3	F50-59	Southgate, Louise	F	38	bourne4running running club	1:34:51	0:24:55	1:41	0:41:15	1:30	0:25:26
73	58	10	M50-59	Vaus, Mark	M	43	Cleethorpes Tri Club	1:34:57	0:24:10	2:53	0:39:47	1:01	0:27:03
74	59	21	M40-49	Wood, Jez	M	135		1:35:56	0:23:18	1:36	0:42:38	0:45	0:27:37
75	60	11	M50-59	Ogden, Brian	M	59	Halmer Harriers	1:36:15	0:27:18	1:44	0:37:34	1:27	0:28:09
76	61	22	M40-49	Bates, Paul	M	150		1:36:28	0:26:23	1:28	0:40:03	2:27	0:26:05
77	62	27	MU40	Jenkins, Adam	M	104		1:36:41	0:25:08	1:35	0:41:16	1:37	0:27:03
78	16	13	FU40	Preston, Louise	F	241		1:36:50	0:25:00	0:55	0:42:33	0:43	0:27:38
79	63	28	MU40	Dean, steven	M	162		1:37:19	0:27:13	0:49	0:37:20	0:58	0:30:56
80	64	23	M40-49	Hicks, David	M	90	Kings Lynn Triathlon Club	1:37:26	0:26:04	1:39	0:39:46	1:25	0:28:30
81	65	12	M50-59	Corbett, Charles	M	117		1:37:32	0:24:12	2:32	0:43:29	1:49	0:25:29
82	66	29	MU40	Harvey, Paul	M	190	Skegness triathlon club	1:37:37	0:28:12	1:17	0:37:37	1:10	0:29:18
83	17	1	F40-49	Marsh, Laura	F	24	Bedford Harriers AC	1:37:58	0:21:43	1:17	0:48:43	1:24	0:24:47
84	18	14	FU40	Udall, Lisa	F	25	Belvoir Tri Club	1:38:01	0:25:56	1:29	0:40:21	0:46	0:29:27
85	19	2	F40-49	Poole, Tracey	F	27	Belvoir Tri Club	1:39:00	0:28:27	1:38	0:38:30	1:29	0:28:54
86	20	3	F40-49	Ballans, Lynsey	F	37	Boston Triathlon Club	1:39:00	0:29:08	1:21	0:36:41	0:58	0:30:50
87	67	13	M50-59	Knibbs, Ian	M	132		1:39:08	0:26:10	1:55	0:41:05	1:01	0:28:55
88	21	4	F40-49	Edwards, Lianne	F	235	WVTri	1:39:09	0:27:33	1:25	0:39:21	1:28	0:29:20
89	22	15	FU40	Tindal, Rachael	F	154		1:39:54	0:27:14	1:02	0:40:17	1:23	0:29:55
90	23	16	FU40	Winstone, Roslyn	F	44	Coventry Road Club	1:40:02	0:25:45	2:37	0:40:16	2:23	0:28:59
91	68	24	M40-49	Reeve, Camden	M	179		1:40:33	0:27:45	1:50	0:40:08	1:26	0:29:23
92	24	5	F40-49	Redhead, Jemma	F	236	Kings Lynn Triathlon Club	1:40:57	0:26:49	1:06	0:39:47	1:49	0:31:24
93	25	4	F50-59	Boneham, Wendy	F	167		1:41:09	0:27:14	1:52	0:39:51	2:54	0:29:15
94	69	14	M50-59	Poole, Stephen	M	188	Rutland Running & Tri Club	1:41:25	0:27:28	1:51	0:43:21	1:37	0:27:06
95	70	25	M40-49	Atkins, Tim	M	178		1:41:39	0:28:18	2:00	0:39:03	1:21	0:30:56
96	71	26	M40-49	Jones, Matt	M	142		1:41:42	0:27:11	1:57	0:41:13	2:19	0:29:00
97	72	15	M50-59	Thompson, Ray	M	156		1:41:47	0:28:53	1:34	0:36:52	1:39	0:32:47
98	26	5	F50-59	Carstairs, Tracey	F	229	Wellingborough & District AC	1:41:54	0:26:02	2:12	0:44:53	1:20	0:27:24
99	27	6	F40-49	Pearson, Amanda	F	110		1:42:03	0:26:14	1:40	0:43:59	1:18	0:28:49
100	73	16	M50-59	Carroll, Phil	M	153		1:42:07	0:26:45	1:15	0:41:03	1:40	0:31:23
101	74	30	MU40	Crook, Danny	M	120		1:43:14	0:25:52	1:45	0:46:28	1:25	0:27:42
102	75	17	M50-59	Nash, James	M	134		1:43:39	0:29:00	1:45	0:38:15	2:15	0:32:22
103	28	17	FU40	O'Brien, Emma	F	124		1:43:57	0:25:58	1:26	0:44:32	1:24	0:30:35
104	76	18	M50-59	Clubb, Andy	M	113		1:44:19	0:29:13	1:55	0:39:05	1:40	0:32:24
105	29	6	F50-59	McPhun, Nicola	F	50	East Hull Harriers	1:45:16	0:28:25	1:20	0:42:38	1:17	0:31:32
106	30	1	F60+	Reid, Rose	F	157		1:45:40	0:28:47	1:41	0:42:16	1:16	0:31:38

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107	77	19	M50-59	Hick, Keith	M	40	BRJ Huntingdon	1:46:23	0:26:44	3:28	0:41:06	2:08	0:32:55
108	31	7	F40-49	Deane, Rachel	F	213	TFN Tri Club	1:47:10	0:27:23	2:24	0:46:07	1:25	0:29:49
109	78	27	M40-49	Owen, Chris	M	80	Kettering Town Harriers	1:47:20	0:26:47	2:08	0:45:41	2:54	0:29:48
110	79	20	M50-59	Morris, Christopher	M	118		1:47:21	0:26:47	2:51	0:44:58	2:56	0:29:47
111	80	21	M50-59	O'carroll, John	M	136		1:51:58	0:28:13	2:57	0:45:53	2:53	0:32:00
112	32	18	FU40	Hooley, Denise	F	64	Holme Pierrepont RC	1:52:35	0:26:08	2:10	0:55:33	1:16	0:27:26
113	81	28	M40-49	Hopkinson, Spencer	M	296		1:53:22	0:25:59	1:38	0:55:06	2:34	0:28:05
114	33	19	FU40	Wakefield, Kim	F	246	UkRunChat	1:54:51	0:31:14	1:52	0:45:06	2:04	0:34:33
115	34	7	F50-59	Thompson, Serena	F	160		1:57:49	0:32:41	2:34	0:44:35	2:32	0:35:25
116	35	20	FU40	Barnes, Anne	F	176	Notts Women Runners	1:58:38	0:32:09	1:03	0:47:38	1:28	0:36:17
117	36	8	F50-59	Tremayne, Deborah	F	46	Daventry Road Runners	1:59:05	0:27:53	2:48	0:53:12	2:41	0:32:30
118	37	21	FU40	Dean, Jody	F	239		2:05:01	0:32:41	1:28	0:53:16	1:07	0:36:28
119	38	9	F50-59	Bamford, Christine	F	177	Notts Women Runners	2:05:33	0:31:17	1:22	0:56:28	1:27	0:34:57
120	82	29	M40-49	Barratt, Darren	M	208	Stamford Striders	2:06:04	0:32:23	1:54	0:51:45	1:59	0:38:01
121	83	3	M60+	Temple, Mike	M	23	Bassetlaw Triathlon Club	2:31:56	0:34:15	2:12	1:02:35	2:38	0:50:14
DNF	39	22	FU40	Shaw, Katy	F	180	PACTRAC	DNF	0:24:53	1:11	0:41:27	1:11	0:26:21
DNF	40	23	FU40	Allan, Nicola	F	147		DNF	0:25:49	2:00	0:38:52	0:41	0:30:04
DNF	84	31	MU40	Bayliss, Jamie	M	436		DNF	0:25:42	2:31	0:34:18	2:58	0:34:49