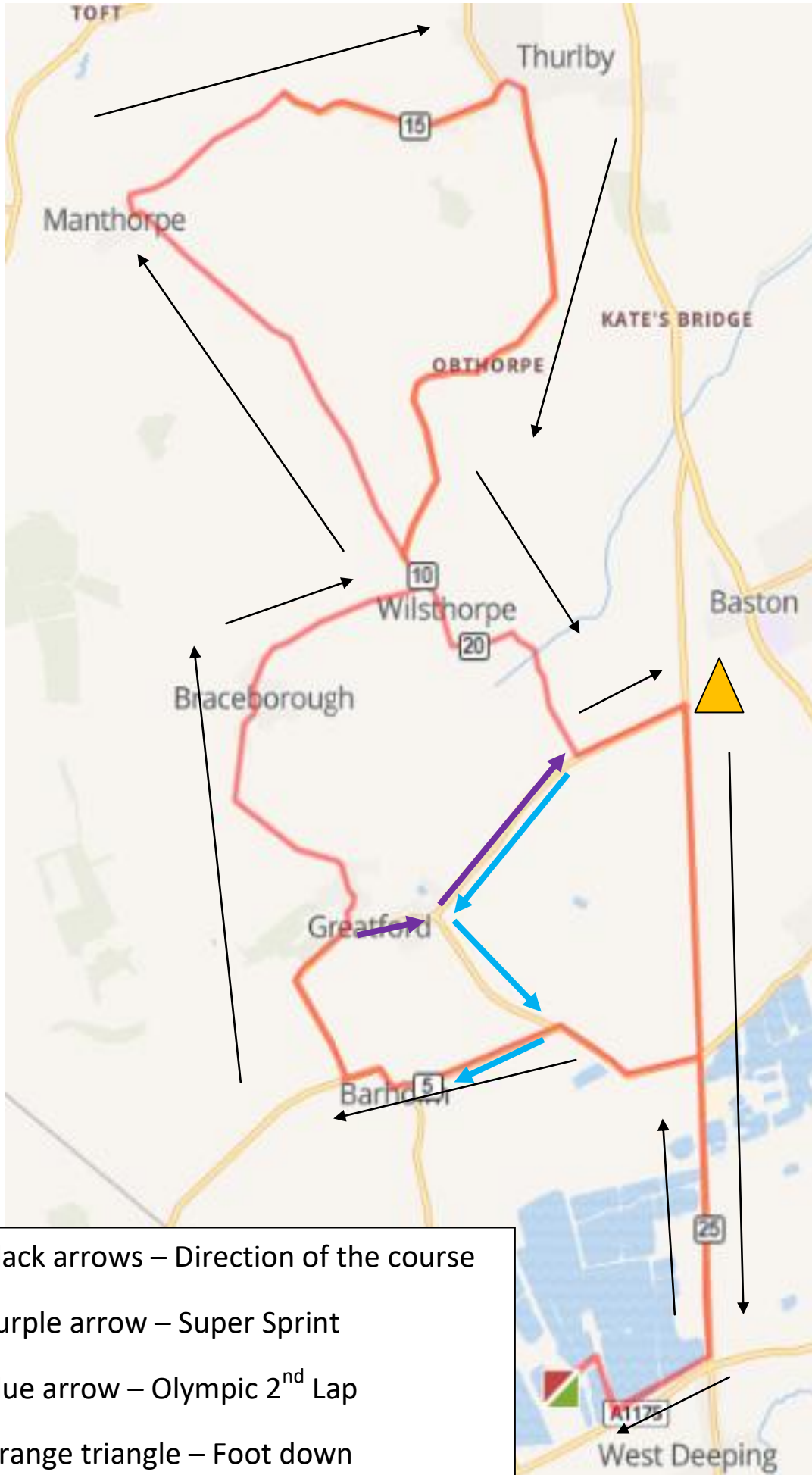


Tallington Lakes Sprint & Olympic Bike route



Black arrows – Direction of the course

Purple arrow – Super Sprint

Blue arrow – Olympic 2nd Lap

Orange triangle – Foot down