

# Longhorn 2017

## Finisher List Ultra 60Km

Pos	Chip time	Gender pos	Cat pos	Age grp	Race num	Name	Club	Pace (min/km)	Pace (min/mile)	Lap1	Lap2	Lap3	Lap4	Lap5	Final lap
<b>Ultra 60Km</b>															
<b>Ultra 60k</b>															
1	05:11:43	1	1	M40-44	11	Alex Garner		05:11	08:21	0:50:44	0:48:51	0:47:14	0:48:23	0:56:57	0:59:33
2	05:14:35	2	2	M40-44	46	Warren Foster	Scarborough AC	05:14	08:26	0:52:14	0:50:35	0:50:54	0:51:09	0:52:55	0:56:45
3	05:22:57	3	3	M40-44	12	Simon Haywood	Barnsley Harriers	05:22	08:39	0:50:45	0:48:56	0:51:02	0:51:45	0:58:17	1:02:10
4	05:48:21	4	1	M45-49	21	Jonathan Langford		05:48	09:20	0:52:23	0:54:24	0:55:04	0:59:23	1:05:16	1:01:50
5	05:52:20	5	4	M40-44	42	David Williams	Rugby Triathlon Club	05:52	09:27	0:57:17	1:00:41	0:57:13	0:59:11	0:58:54	0:59:03
6	05:55:54	6	5	M40-44	34	Mark Saunders		05:55	09:32	0:53:25	0:53:44	0:54:55	0:58:14	1:05:13	1:10:22
7	06:01:44	7	6	M40-44	3	Richard Bowley		06:01	09:42	0:50:23	0:48:44	0:55:20	1:05:47	1:11:53	1:09:37
8	06:03:04	1	1	F45-49	16	Emma Humphries	Team Mountain Fuel/Regain Fitness	06:03	09:44	0:53:55	0:55:33	0:58:05	1:02:32	1:07:00	1:05:57
9	06:06:55	8	1	M30-34	4	Michael Carpenter	Cleethorpes Tri Club	06:06	09:50	0:51:05	0:51:19	0:54:55	0:59:10	1:13:53	1:16:32
10	06:08:01	2	1	F40-44	1	Nicole Atkinson	Ilkeston Running Club	06:08	09:52	0:59:35	0:59:59	0:59:52	1:01:38	1:04:32	1:02:24
11	06:11:30	9	1	M35-39	37	Bryan Shipley	Beaumont Running Club	06:11	09:57	0:59:30	1:00:03	0:57:43	0:57:08	1:02:36	1:14:28
12	06:15:05	10	1	M23-29	20	Kris King		06:15	10:03	0:53:21	0:55:03	0:57:21	1:03:04	1:10:38	1:15:36
13	06:27:14	11	2	M35-39	33	Stewart Sale	Racehub Triathlon Club	06:27	10:23	0:53:20	0:55:57	1:01:13	1:08:14	1:14:38	1:13:50
14	06:38:34	3	2	F45-49	27	Helene Miller		06:38	10:41	1:07:32	1:01:57	1:03:55	1:10:38	1:08:12	1:06:19
15	06:46:15	12	2	M45-49	30	Nigel Paylor	Ashfield Tri	06:46	10:53	0:59:38	1:01:18	1:02:37	1:05:50	1:15:12	1:21:39
16	06:47:10	4	1	F30-34	25	Holly McCain	Beeston AC / Vegan Runners UK	06:47	10:55	1:09:24	1:03:55	1:03:18	1:06:32	1:12:41	1:11:19
17	06:52:43	13	2	M23-29	18	Chris Kay	100 Marathon Club	06:52	11:04	0:59:27	1:02:51	1:08:23	1:14:06	1:19:55	1:07:59
18	06:54:26	14	3	M35-39	6	Paul Crosby		06:54	11:06	1:07:05	1:01:38	1:03:31	1:05:58	1:12:53	1:23:18
19	07:01:04	15	1	M50-54	15	Stephen Headley	Selby Striders	07:01	11:17	1:05:12	1:04:54	1:02:35	1:06:52	1:20:03	1:21:27
20	07:01:55	5	2	F40-44	35	Lucy Saxelby	Lincoln Tri	07:01	11:19	1:09:51	1:02:00	1:11:18	1:13:30	1:13:39	1:11:35
21	07:04:11	6	3	F45-49	41	Sally Wheelhouse	Askern and District RC	07:04	11:22	0:58:54	0:59:39	1:05:55	1:19:47	1:17:29	1:22:26
22	07:19:35	16	2	M50-54	13	Richard Hazeldene	Fairlands valley Spartans	07:19	11:47	1:07:31	1:01:57	1:03:55	1:20:32	1:28:20	1:17:18
23	07:47:08	17	4	M35-39	10	Rhidian Edwards	Regain Fitness	07:47	12:31	1:05:55	1:13:31	1:20:23	1:18:43	1:25:06	1:23:28
24	07:57:25	7	1	F50-54	22	Jayne MacArthur	Sleaford Town Runners	07:57	12:48	1:12:26	1:10:17	1:23:47	1:25:33	1:26:40	1:18:41
25	08:15:34	8	3	F40-44	9	Ruth Dunstan	Belvoir Tri Club	08:15	13:17	1:16:46	1:21:45	1:19:31	1:23:36	1:23:59	1:29:55
26	08:27:49	9	2	F50-54	36	Debbie Scott	Selby Striders	08:27	13:37	1:05:49	1:09:44	1:24:01	1:28:03	1:37:40	1:42:31
27	08:38:15	18	1	M60-64	19	David Kellett	Selby Striders	08:38	13:54	1:13:44	1:16:29	1:19:28	1:21:21	1:34:14	1:52:57
28	08:38:17	19	1	M55-59	43	John Williamson	Lincoln Tri	08:38	13:54	1:06:36	1:11:05	1:18:59	1:31:53	1:29:17	2:00:27
<b>Ultra (5 laps / 50k)</b>															
1	05:27:36	1	1	F35-39	38	Louise Tidbury	101 Marathon Club			1:05:55	1:13:32	1:23:29	1:23:43		0:20:56
2	07:13:03	2	1	F30-34	26	Phillipa McGregor				1:09:00	1:07:18	1:30:20	1:49:24		1:36:59
3	07:14:25	3	1	F23-29	32	Amy-Jayne Saggars				1:09:00	1:07:18	1:30:20	1:49:24		1:38:22
4	07:14:29	4	2	F35-39	28	Zoey Moore				1:04:56	1:13:12	1:21:58	1:47:57		1:46:25
<b>Ultra (4 laps / 40k)</b>															
1	04:30:12	1	1	F40-44	44	Victoria Yeomans	Long Eaton Running Club			0:59:41	1:03:14	1:12:02			1:15:14
<b>Ultra (3 laps / 30k)</b>															
1	02:55:28	1	1	M45-49	7	Lee Daly				0:53:28	0:55:35				1:06:25
<b>Ultra (1 lap / 10k)</b>															
1	01:13:44	1	1	F50-54	14	Fiona Headley	Selby Striders								9:47:05

Number of records: 35