

## Longhorn 2019

## Finisher List 10k AM

Pos	Chip time	Gender pos	Cat pos	Age grp	Race num	Name	Club	Pace (min/km)	Pace (min/mile)	Lap1	Lap2	Lap3	Lap4	Lap5	Final lap
<b>10k AM</b>															
<b>10k AM</b>															
1	00:39:31	1	1	M30-34	10217	Steven Dowse		03:57	06:21						11:40:07
2	00:40:28	2	1	M35-39	10243	Keith Foster	Hurricane Striders	04:02	06:30						11:41:05
3	00:40:32	3	2	M30-34	10362	Adam Kennedy		04:03	06:31						11:41:09
4	00:40:45	4	3	M30-34	10159	Joe Clarke	Grantham Running Club	04:04	06:33						11:41:21
5	00:41:39	5	1	M16-17	10447	Nathan Murphy	Danum Harriers	04:09	06:42						11:42:15
6	00:42:19	6	4	M30-34	10097	Richard Beastall	Rowland Hill Harriers	04:13	06:48						11:42:55
7	00:42:33	7	5	M30-34	10647	Andrew Walters		04:15	06:50						11:43:10
8	00:42:42	8	1	M45-49	10445	Richard Mottram	Bassetlaw Tri Club	04:16	06:52						11:52:49
9	00:42:44	9	6	M30-34	10170	Tom Coleman		04:16	06:52						11:43:20
10	00:43:28	10	1	M23-29	10603	Cezary Swiatkowski	Danum Harriers	04:20	06:59						11:44:06
11	00:43:43	11	1	M40-44	10626	Tim Tickner	Birstall RC	04:22	07:02						11:44:19
12	00:44:05	12	2	M45-49	10544	Mark Salisbury	Sutton In Ashfield Harriers	04:24	07:05						11:44:42
13	00:44:31	13	2	M35-39	10098	Andrew Beastall	Rowland Hill Harriers	04:27	07:09						11:45:07
14	00:44:35	14	2	M40-44	10317	James Holloway	Danum Harriers	04:27	07:10						11:45:12
15	00:44:46	15	7	M30-34	10275	Simon Hall	Beeston AC	04:28	07:12						11:45:27
16	00:44:58	16	3	M35-39	10773	Russell Diamond-Webb	SBR EVENTS PACER TEAM	04:29	07:14						11:45:35
17	00:45:27	17	4	M35-39	10502	Michael Plant	Danum Harriers	04:32	07:18						11:46:07
18	00:45:30	18	8	M30-34	10789	Shaun Busby	Bedford Harriers AC	04:33	07:19						11:46:08
19	00:45:48	19	3	M45-49	10229	Rob Evans	Lonely Goat Running Club	04:34	07:22						11:46:29
20	00:46:09	20	3	M40-44	10212	Ano	Danum Harriers	04:36	07:25						11:46:49
21	00:46:34	21	5	M35-39	10297	Craig Heathcote	Wingerworth Wobblers	04:39	07:29						11:47:17
22	00:46:38	22	4	M45-49	10464	Tony Nicholls	Huncote Harriers	04:39	07:30						11:47:23
23	00:46:54	23	5	M45-49	10482	Darren Parker		04:41	07:32						11:47:35
24	00:46:58	24	1	M60-64	10648	Martin Walters		04:41	07:33						11:47:37
25	00:47:02	25	4	M40-44	10342	Alex Jefferson		04:42	07:34						11:47:39
26	00:47:06	26	6	M45-49	10349	Jonathan Jones	Danum Harriers	04:42	07:34						11:47:46
27	00:47:12	27	6	M35-39	10667	Anthony Welsh	Redway Runners	04:43	07:35						11:47:55
28	00:47:15	28	7	M35-39	10113	Andrew Bostock		04:43	07:36						11:49:06
29	00:47:19	1	1	F23-29	10803	Zoe Attenborough		04:43	07:36						11:47:56
30	00:47:36	29	2	M23-29	10138	Matthew Burns	Danum Harriers	04:45	07:39						11:48:16
31	00:47:43	30	9	M30-34	10465	Damien Numan		04:46	07:40						11:48:26
32	00:47:47	31	1	M18-19	10151	Robbie Chambers		04:46	07:41						11:49:39
33	00:47:54	32	8	M35-39	10500	Alan Peters		04:47	07:42						11:51:49
34	00:47:59	33	5	M40-44	10156	Anthony Chester		04:47	07:43						11:48:39
35	00:47:59	2	1	F35-39	10304	Katie Hicken		04:47	07:43						11:48:39
36	00:48:08	3	2	F23-29	10169	Kirsty Coggan		04:48	07:44						11:48:46
37	00:48:20	34	6	M40-44	10415	Wayne Marshall	March Triathlon Club	04:50	07:46						11:58:38
38	00:48:20	4	1	F40-44	10399	Vicky Linfoot	Fylde Coast Runners	04:50	07:46						11:48:59
39	00:48:22	35	7	M45-49	10406	Sam Lucas		04:50	07:47						11:49:15
40	00:48:23	36	9	M35-39	10497	Jodi Pembleton		04:50	07:47						11:49:01
41	00:48:31	37	3	M23-29	10431	Martin Mills		04:51	07:48						11:54:41
42	00:48:45	38	10	M30-34	10360	Ashlee Keeton		04:52	07:50						11:49:23
43	00:49:03	39	1	M55-59	10488	Charlie Parr		04:54	07:53						11:49:45
44	00:49:09	40	7	M40-44	10201	Scott Dalby		04:54	07:54						11:49:47
45	00:49:16	41	4	M23-29	10689	Chad Wolpert		04:55	07:55						11:51:12
46	00:49:25	42	8	M45-49	10187	Darren Cowling		04:56	07:57						11:59:28
47	00:50:00	43	8	M40-44	10155	Richard Chester		05:00	08:02						11:50:41
48	00:50:07	5	3	F23-29	10278	Jennifer Hambling		05:00	08:03						11:50:49

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Pos	Chip time	Gender pos	Cat pos	Age grp	Race num	Name	Club	Pace (min/km)	Pace (min/mile)	Lap1	Lap2	Lap3	Lap4	Lap5	Final lap
49	00:50:27	6	2	F35-39	10680	Elaine Wilkins	Heanor RC	05:02	08:07						11:51:06
50	00:50:34	44	9	M45-49	10532	Mark Robertson		05:03	08:08						11:51:13
51	00:50:55	7	2	F40-44	10621	Louise Thompson		05:05	08:11						11:51:38
52	00:50:58	8	1	F14-15	10382	Francesca Lambert	Danum Harriers	05:05	08:12						11:51:38
53	00:51:05	45	1	M50-54	10682	Tony Wilkinson		05:06	08:13						11:51:48
54	00:51:17	46	10	M45-49	10227	Neil Elliott		05:07	08:15						11:51:57
55	00:51:31	9	3	F35-39	10640	Fiona Vickers	Crystal Palace Fun Runners	05:09	08:17						11:57:44
56	00:51:32	47	11	M30-34	10330	Andrew Hutchinson		05:09	08:17						11:52:19
57	00:51:38	48	12	M30-34	10277	Aaron Hallam		05:09	08:18						12:01:39
58	00:51:43	49	9	M40-44	10128	Martin Brown	North Derbyshire Running Club	05:10	08:19						11:57:45
59	00:51:43	50	2	M50-54	10149	John Chambers		05:10	08:19						11:53:37
60	00:51:45	51	11	M45-49	10195	Jon Crowder		05:10	08:19						11:52:25
61	00:51:46	52	10	M35-39	10103	Chris Bennington		05:10	08:19						12:01:47
62	00:52:12	10	1	F60-64	10664	Pam Dutton	Absolute Tri	05:13	08:24						11:54:04
63	00:52:15	53	3	M50-54	10285	David Harley	Shepshed RC	05:13	08:24						11:52:51
64	00:52:16	54	11	M35-39	10634	Benjamin Toule	UK Run Chat	05:13	08:24						11:52:57
65	00:52:19	55	12	M35-39	10348	Mike Jones		05:13	08:25						12:02:30
66	00:52:23	56	4	M50-54	10521	Anthony Reeves		05:14	08:25						11:53:04
67	00:52:27	57	12	M45-49	10210	Matthew Deleon		05:14	08:26						11:54:25
68	00:52:32	58	5	M50-54	10256	PJ Gaughan	Rebel Runners	05:15	08:27						11:54:27
69	00:52:32	11	1	F50-54	10158	Rachel Church	Rebel Runners	05:15	08:27						11:54:27
70	00:52:40	59	13	M35-39	10663	Darren Wayte		05:16	08:28						11:54:30
71	00:52:40	60	14	M35-39	10582	John Sparham		05:16	08:28						11:54:30
72	00:52:45	12	1	F45-49	10186	Vicki Cotton		05:16	08:29						11:53:22
73	00:52:45	61	13	M45-49	10676	Asa Whiley		05:16	08:29						11:54:35
74	00:52:45	13	4	F35-39	10481	Adele Parker		05:16	08:29						11:53:27
75	00:52:46	62	10	M40-44	10435	leon Milner		05:16	08:29						11:53:23
76	00:52:49	63	13	M30-34	10184	Joseph Cormack		05:16	08:30						11:54:43
77	00:52:54	64	2	M55-59	10101	Adrian Beeston		05:17	08:30						11:54:54
78	00:52:55	65	3	M55-59	10575	Andrew Skelding	Team Derby Runner	05:17	08:30						11:53:38
79	00:53:06	14	5	F35-39	10162	Miranda Clayton		05:18	08:32						11:53:50
80	00:53:08	66	6	M50-54	10627	Jonathan Timby		05:18	08:33						11:53:47
81	00:53:18	67	14	M45-49	10366	Sean King		05:19	08:34						11:53:54
82	00:53:24	68	15	M45-49	10280	Phil Hames		05:20	08:35						11:55:20
83	00:53:25	69	7	M50-54	10346	Gary johnson		05:20	08:35						11:55:18
84	00:53:27	70	14	M30-34	10196	Daniel Crowfoot		05:20	08:36						11:57:21
85	00:53:28	71	4	M55-59	10451	Tommy Napier	Grantham Running Club	05:20	08:36						11:55:22
86	00:53:28	15	3	F40-44	10131	Rebecca Brown		05:20	08:36						11:55:21
87	00:53:33	16	2	F50-54	10511	Amanda Proudlove	Notts Women Runners	05:21	08:37						11:57:34
88	00:53:33	17	1	F30-34	10421	Nicola Mcgonigle		05:21	08:37						11:55:30
89	00:53:43	72	8	M50-54	10081	Gregory Bailey	Wakefield & District Harriers & AC	05:22	08:38						11:59:46
90	00:53:45	18	6	F35-39	10423	Michelle Mckillop	Notts Women Runners	05:22	08:39						11:55:35
91	00:53:46	73	5	M23-29	10796	Allen Warren		05:22	08:39						11:55:43
92	00:53:47	74	6	M23-29	10666	Steven Wells		05:22	08:39						11:54:31
93	00:53:57	19	4	F40-44	10312	Fleur Holland	Fitmums and Friends	05:23	08:40						11:58:01
94	00:54:03	75	5	M55-59	10185	Neil Costigan	Danum Harriers	05:24	08:41						11:55:55
95	00:54:12	20	2	F45-49	10794	Gabriele Neher	SBR EVENTS PACER TEAM	05:25	08:43						11:56:05
96	00:54:13	21	3	F50-54	10255	Kerry Garrity		05:25	08:43						11:58:10
97	00:54:13	76	16	M45-49	10353	Andy Jones		05:25	08:43						11:58:10
98	00:54:13	77	7	M23-29	10119	Moses Bradley		05:25	08:43						11:54:55
99	00:54:19	78	17	M45-49	10238	Paul Fenton		05:25	08:44						11:56:15
100	00:54:20	22	5	F40-44	10580	Michelle Snowden		05:26	08:44						11:55:03

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## Finisher List 10k AM

Pos	Chip time	Gender pos	Cat pos	Age grp	Race num	Name	Club	Pace (min/km)	Pace (min/mile)	Lap1	Lap2	Lap3	Lap4	Lap5	Final lap
101	00:54:29	79	11	M40-44	10079	Simon Bacon		05:26	08:46						12:04:34
102	00:54:30	80	6	M55-59	10141	John Bussey		05:27	08:46						11:56:22
103	00:54:34	81	9	M50-54	10365	Ian King	Finland RC	05:27	08:46						11:55:13
104	00:54:36	23	7	F35-39	10344	Gaynor Jennings	Bilthorpe Ladies RC	05:27	08:47						12:00:42
105	00:54:39	82	15	M30-34	10139	Daniel Burns	Birstall RC	05:27	08:47						11:56:30
106	00:54:40	83	2	M60-64	10383	Trevor Lambert	Vegan Runners UK	05:28	08:47						11:55:18
107	00:54:41	84	7	M55-59	10320	Austin Hopkinson		05:28	08:48						11:55:28
108	00:54:54	85	10	M50-54	10331	Richard Idle	Lonely Goat Running Club	05:29	08:50						11:56:46
109	00:54:57	86	11	M50-54	10209	Rob Delahay		05:29	08:50						11:56:48
110	00:55:11	24	8	F35-39	10194	Lynn Crossland	Fitmums and Friends	05:31	08:52						11:55:56
111	00:55:13	87	15	M35-39	10084	David Baldock		05:31	08:53						11:55:57
112	00:55:13	25	4	F23-29	10697	Abigail Wright		05:31	08:53						11:55:58
113	00:55:20	88	16	M35-39	10777	Rob Bull		05:32	08:54						11:59:24
114	00:55:20	89	18	M45-49	10622	Neil Thompson		05:32	08:54						11:59:23
115	00:55:20	90	19	M45-49	10171	Bob Collard	Fitmums and Friends	05:32	08:54						11:56:02
116	00:55:25	91	16	M30-34	10802	Mike Dutton		05:32	08:55						11:57:17
117	00:55:27	92	17	M30-34	10669	Bradley Werb		05:32	08:55						12:01:37
118	00:55:32	26	3	F45-49	10318	Julie Holloway		05:33	08:56						11:57:24
119	00:55:48	27	4	F45-49	10031	Sarah Everett	Denby Dale Athletics Club	05:34	08:58						11:57:40
120	00:55:50	93	1	M65-69	10452	Steve Needham	Notfast RC	05:35	08:59						11:57:41
121	00:55:56	94	20	M45-49	10701	Paul Young		05:35	09:00						11:59:53
122	00:55:56	95	12	M40-44	10216	Rick Dobbs	Grantham Running Club	05:35	09:00						11:57:51
123	00:56:02	28	9	F35-39	10351	Carly Jones		05:36	09:01						11:56:46
124	00:56:04	29	5	F45-49	10639	Claire Varden		05:36	09:01						11:57:55
125	00:56:07	96	17	M35-39	10340	Darren Jeal		05:36	09:01						12:02:13
126	00:56:07	97	18	M35-39	10671	David Wheatcroft		05:36	09:01						12:02:13
127	00:56:07	98	21	M45-49	10392	Adam Lee		05:36	09:01						11:58:03
128	00:56:09	30	10	F35-39	10605	Laura Sydney	Danum Harriers	05:36	09:02						11:57:57
129	00:56:11	31	6	F45-49	10303	Gail Hewitt		05:37	09:02						11:58:05
130	00:56:12	32	7	F45-49	10659	Kath Watson		05:37	09:02						11:58:02
131	00:56:13	33	2	F30-34	10033	Samantha Patterson		05:37	09:02						12:02:20
132	00:56:31	99	19	M35-39	10401	Ian Longstaffe	Gainsborough & Morton Striders	05:39	09:05						11:57:12
133	00:56:32	100	22	M45-49	10248	Tim Fray		05:39	09:05						12:06:50
134	00:56:32	34	1	F55-59	10316	Helen hollis		05:39	09:05						11:58:25
135	00:56:33	101	13	M40-44	10624	Craig Thurlby		05:39	09:06						11:58:24
136	00:56:36	102	18	M30-34	10292	David Haywood		05:39	09:06						11:58:29
137	00:56:37	103	23	M45-49	10629	Adrian Todd		05:39	09:06						11:58:36
138	00:56:43	35	6	F40-44	10563	Claire Shipman		05:40	09:07						11:57:26
139	00:56:48	104	12	M50-54	10060	Chris Aldridge		05:40	09:08						11:58:45
140	00:56:52	105	14	M40-44	10225	David Ellicott	Keswick AC	05:41	09:09						12:00:55
141	00:56:58	106	2	M16-17	10070	Toby Ashby		05:41	09:10						12:00:58
142	00:56:58	107	8	M23-29	10677	George White		05:41	09:10						12:01:00
143	00:56:59	108	19	M30-34	10566	Ashley simmons		05:41	09:10						11:58:51
144	00:56:59	36	3	F30-34	10567	Katherine Simmons		05:41	09:10						11:58:52
145	00:57:11	109	24	M45-49	10226	Sean Elliott		05:43	09:12						11:57:57
146	00:57:11	37	4	F30-34	10080	Jessica Bacon		05:43	09:12						11:59:10
147	00:57:11	110	25	M45-49	10757	Andrew Pooley		05:43	09:12						12:01:11
148	00:57:21	38	8	F45-49	10576	Jo Slade	Yaxley Runners	05:44	09:13						11:59:12
149	00:57:34	111	20	M35-39	10430	Matt Millington	Danum Harriers	05:45	09:15						11:59:23
150	00:57:36	39	5	F30-34	10358	Amy Keelan		05:45	09:16						12:01:30
151	00:57:38	112	9	M23-29	10191	Daniel Cragg		05:45	09:16						12:01:32
152	00:57:41	40	11	F35-39	10593	Vikki Storr		05:46	09:16						12:01:37

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153	00:57:41	41	7	F40-44	10213	Clare Dickson		05:46	09:16						11:59:38
154	00:57:44	113	15	M40-44	10398	Graham Lincoln		05:46	09:17						12:01:41
155	00:57:47	114	26	M45-49	10338	Paul Jackson	Rebel Runners Nottingham	05:46	09:17						12:01:50
156	00:57:50	42	12	F35-39	10234	Amy Farmer		05:47	09:18						12:03:54
157	00:57:52	43	2	F55-59	10569	Paula Simpson	Notts Women Runners	05:47	09:18						11:58:32
158	00:57:55	115	27	M45-49	10189	Simon Cox	Birstall RC	05:47	09:19						12:01:53
159	00:58:00	44	8	F40-44	10528	Jeanette Rimmer		05:48	09:20						11:59:56
160	00:58:02	116	3	M60-64	10394	David Leigh		05:48	09:20						11:58:39
161	00:58:03	45	13	F35-39	10178	Joanne Cooper		05:48	09:20						12:01:58
162	00:58:09	117	16	M40-44	100	Ben Hurton		05:48	09:21						12:08:26
163	00:58:17	118	10	M23-29	10114	Callum Bott		05:49	09:22						12:08:28
164	00:58:20	46	9	F45-49	10237	Nicki Fenton		05:50	09:23						12:00:15
165	00:58:23	119	28	M45-49	10675	Paul Whieldon		05:50	09:23						12:00:22
166	00:58:23	120	8	M55-59	10289	Arthur Harrison		05:50	09:23						12:00:21
167	00:58:27	121	29	M45-49	10456	Graham New		05:50	09:24						12:00:23
168	00:58:29	47	14	F35-39	10197	Leonie Cruxon		05:50	09:24						11:59:11
169	00:58:29	122	13	M50-54	10798	Richard Sidwell		05:50	09:24						12:02:32
170	00:58:34	123	17	M40-44	10623	Chris Thorngate		05:51	09:25						12:00:28
171	00:58:36	48	15	F35-39	10116	Claire Archer		05:51	09:25						11:59:19
172	00:58:37	49	2	F14-15	10478	Charlotte Palmer		05:51	09:26						12:02:40
173	00:58:38	50	16	F35-39	10364	Elizabeth Kidd		05:51	09:26						12:04:44
174	00:58:49	51	4	F50-54	10662	Joanne Waugh	Danum Harriers	05:52	09:27						11:59:31
175	00:59:00	52	5	F50-54	10224	Gina Ellcock		05:54	09:29						12:00:55
176	00:59:01	53	3	F55-59	10438	Karen Mitchell	Beeston AC	05:54	09:29	1:05:44					
177	00:59:02	124	14	M50-54	10545	Mohinderpal Samra		05:54	09:30						11:59:50
178	00:59:10	125	21	M35-39	10240	James Finch		05:55	09:31						12:05:21
179	00:59:13	126	22	M35-39	10608	Dave Tarry		05:55	09:31						12:03:12
180	00:59:15	54	1	F20-22	10546	Amy Sansby	Withernsea Harriers	05:55	09:32						11:59:58
181	00:59:19	127	11	M23-29	10439	Jordan Mitchell		05:55	09:32						12:01:12
182	00:59:31	55	2	F60-64	10650	Julie Walton	Notts Women Runners	05:57	09:34						12:00:14
183	00:59:33	56	6	F50-54	10688	Julie Winter	Mansfield Harriers	05:57	09:35						12:03:29
184	00:59:33	57	10	F45-49	10088	Heather Barber	Mansfield Harriers	05:57	09:35						12:03:29
185	00:59:34	58	11	F45-49	10694	Amanda Wooliscroft		05:57	09:35						12:01:29
186	00:59:34	59	12	F45-49	10678	Liz Wigley		05:57	09:35						12:01:28
187	00:59:35	60	13	F45-49	10222	Mandi Earles		05:57	09:35						12:05:40
188	00:59:37	61	7	F50-54	10202	Jo Darley	Bilthorpe Ladies RC	05:57	09:35						12:05:44
189	00:59:51	128	30	M45-49	10526	Mike Richards	Witham Runners	05:59	09:37						12:01:46
190	00:59:59	129	15	M50-54	10778	Robert Kirk		05:59	09:39						12:06:01
191	01:00:11	62	5	F23-29	10354	Rosie Jones	Danum Harriers	06:01	09:41						12:02:00
192	01:00:13	63	17	F35-39	10444	Liz Mosely		06:01	09:41						12:06:21
193	01:00:18	130	3	M16-17	10150	Phil Chambers		06:01	09:42						12:02:10
194	01:00:19	64	3	F60-64	10468	Sue Oldfield	Lincoln & District Runners	06:01	09:42						12:02:15
195	01:00:22	65	18	F35-39	10137	Rachel Burgoyne	Notts Women Runners	06:02	09:42						12:04:15
196	01:00:23	66	8	F50-54	10176	Karen Cooper	Notts Women Runners	06:02	09:43						12:01:04
197	01:00:23	131	23	M35-39	10125	Andrew Briggs	Lonely Goat Running Club	06:02	09:43						12:02:21
198	01:00:28	67	9	F50-54	10612	Sharon Teece	SNCC	06:02	09:43						12:02:18
199	01:00:28	132	9	M55-59	10333	Alan Inns	SNCC	06:02	09:43						12:02:19
200	01:00:32	68	6	F30-34	10253	Rachael Gallen		06:03	09:44						12:04:27
201	01:00:38	133	18	M40-44	10385	Jonathan Langan	Wingerworth Wobblers	06:03	09:45						12:06:40
202	01:00:41	134	10	M55-59	10319	Mark Hopkins		06:04	09:45						12:04:37
203	01:00:43	135	11	M55-59	10618	Ray Thompson	Welland Valley Tri	06:04	09:46						12:06:49
204	01:00:44	69	4	F55-59	10652	Angela Ward	Notts Women Runners	06:04	09:46						12:02:40

# Longhorn 2019

## Finisher List 10k AM

Pos	Chip time	Gender pos	Cat pos	Age grp	Race num	Name	Club	Pace (min/km)	Pace (min/mile)	Lap1	Lap2	Lap3	Lap4	Lap5	Final lap
205	01:00:48	70	14	F45-49	10311	Caroline Hodgkinson	Notts Women Runners	06:04	09:47						12:02:43
206	01:00:50	71	10	F50-54	10094	Angela Barton-Hanson	Notts Women Runners	06:05	09:47						12:04:51
207	01:00:56	136	24	M35-39	10160	Grant Clarke-Wood	Huddersfield Road Runners	06:05	09:48						12:06:57
208	01:00:57	72	15	F45-49	10517	Louise Rawson		06:05	09:48						12:11:05
209	01:00:57	73	9	F40-44	10102	Kerry Bell		06:05	09:48						12:11:05
210	01:00:58	137	12	M55-59	10657	Colin Warren		06:05	09:48						12:04:52
211	01:01:06	138	20	M30-34	10524	David Rest		06:06	09:49						12:03:02
212	01:01:12	139	19	M40-44	10690	Kevin Wong	Pure Mudders	06:07	09:50						12:11:16
213	01:01:12	74	16	F45-49	10127	Natalie Brown	Notts Women Runners	06:07	09:50						12:03:07
214	01:01:14	140	31	M45-49	10620	Kevin Thompson		06:07	09:51						12:03:05
215	01:01:19	75	11	F50-54	10269	Fiona Green		06:07	09:52						12:05:22
216	01:01:26	141	25	M35-39	10296	Sam Heath		06:08	09:53						12:05:30
217	01:01:26	76	12	F50-54	10549	Thalia Scott		06:08	09:53						12:11:29
218	01:01:36	77	2	F20-22	10049	Harriet Travis	Pure Mudder	06:09	09:54						12:11:40
219	01:01:39	142	20	M40-44	10679	Jamie Wilding		06:09	09:55						12:03:29
220	01:01:43	78	7	F30-34	10581	Danielle Sood		06:10	09:55						12:02:27
221	01:01:44	143	4	M60-64	10522	Mick Reid		06:10	09:56						12:11:49
222	01:01:47	144	16	M50-54	10512	Kevin Quigley		06:10	09:56						12:07:53
223	01:01:59	79	10	F40-44	10287	Sarah Harper		06:11	09:58						12:06:04
224	01:02:02	80	6	F23-29	10801	Jodie Beale		06:12	09:58						12:03:54
225	01:02:05	81	8	F30-34	10140	Kristina Burwood-Ansell	Notts Women Runners	06:12	09:59						12:04:04
226	01:02:09	145	21	M40-44	10250	Paul Freeston		06:12	10:00						12:02:51
227	01:02:10	82	17	F45-49	10249	Jude Freeman		06:13	10:00						12:02:53
228	01:02:13	146	32	M45-49	10270	Andrew Gregory		06:13	10:00						12:06:13
229	01:02:14	83	1	F18-19	10560	Caprice Sheffield	Notts Women Runners	06:13	10:00						12:06:08
230	01:02:15	84	19	F35-39	10418	Claire Mathias	AAJ	06:13	10:01						12:12:29
231	01:02:15	147	21	M30-34	10417	Will Mason	Holme Pierrepoint RC	06:13	10:01						12:02:59
232	01:02:15	85	9	F30-34	10074	Rebecca Atkinson		06:13	10:01						12:03:00
233	01:02:18	86	13	F50-54	10519	Tracy Reeves	Worksop Harriers	06:13	10:01						12:06:18
234	01:02:20	87	10	F30-34	10373	Rebecca Knight		06:14	10:01						12:03:04
235	01:02:21	88	11	F40-44	10211	Joanne Denyer	Notts Women Runners	06:14	10:02						12:04:17
236	01:02:22	89	18	F45-49	10136	Emma Burgin	Birstall RC	06:14	10:02						12:06:19
237	01:02:23	90	19	F45-49	10242	Joanna Fort		06:14	10:02						12:04:15
238	01:02:24	148	33	M45-49	10182	Iain Copeland		06:14	10:02						12:03:01
239	01:02:24	91	20	F45-49	10433	Sarah Mills		06:14	10:02						12:04:21
240	01:02:26	92	5	F55-59	10071	Mel Ashton	Hurricane Striders	06:14	10:02						12:04:22
241	01:02:30	93	20	F35-39	10379	Pia Kristensen		06:15	10:03						12:06:27
242	01:02:33	149	17	M50-54	10410	Roland Malkin	Cardiac Athletes	06:15	10:03						12:04:30
243	01:02:34	150	22	M40-44	10355	Gary Jukes		06:15	10:04						12:06:36
244	01:02:34	94	21	F35-39	10805	Samantha Jukes		06:15	10:04						12:06:36
245	01:02:36	95	11	F30-34	10541	Katie Russell		06:15	10:04						12:04:34
246	01:02:36	96	4	F60-64	10179	thomasina Copcutt	Mansfield Harriers	06:15	10:04						12:06:32
247	01:02:38	97	12	F40-44	10540	Alison Rowe	Notts Women Runners	06:15	10:04						12:06:38
248	01:02:54	98	21	F45-49	10266	Joanna Gray	Notfast RC	06:17	10:07						12:04:52
249	01:02:59	99	14	F50-54	10324	Sally Howarth-ellis		06:17	10:08						12:09:03
250	01:03:09	100	15	F50-54	10577	Rhonda Smith	Bilthorpe Ladies RC	06:18	10:09						12:09:15
251	01:03:13	151	5	M60-64	10165	Alan Cobb	Rebel Runners	06:19	10:10						12:13:15
252	01:03:14	101	13	F40-44	10799	Jodie		06:19	10:10						12:07:16
253	01:03:33	152	12	M23-29	10638	Christopher Tyler		06:21	10:13						12:13:38
254	01:03:34	102	7	F23-29	10067	Elizabeth Arnall		06:21	10:13						12:13:39
255	01:03:35	103	12	F30-34	10795	Lisa Udall	Belvoir Tri Club	06:21	10:13						12:07:37
256	01:03:38	104	22	F45-49	10495	Sarah Pearson		06:21	10:14						12:09:42

# Longhorn 2019

## Finisher List 10k AM

Pos	Chip time	Gender pos	Cat pos	Age grp	Race num	Name	Club	Pace (min/km)	Pace (min/mile)	Lap1	Lap2	Lap3	Lap4	Lap5	Final lap
257	01:03:43	105	14	F40-44	10305	Sophie Higson		06:22	10:15						12:07:41
258	01:03:47	106	8	F23-29	10076	Sarah Attlesey	Notts Women Runners	06:22	10:15						12:07:40
259	01:03:48	107	15	F40-44	10535	Nichola Robinson		06:22	10:16						12:07:41
260	01:03:49	108	9	F23-29	10335	Paulina Iwanicka		06:22	10:16						12:10:00
261	01:03:50	109	1	F65+	10016	Barbara Johnson	Yaxley Runners	06:23	10:16						12:04:34
262	01:03:57	110	16	F50-54	10352	Julie Jones	Notts Women Runners	06:23	10:17						12:05:51
263	01:03:58	111	17	F50-54	10426	Beverley Mellors	Notts Women Runners	06:23	10:17						12:05:51
264	01:04:02	153	23	M40-44	10573	Jamie Sims	Killamarsh Kestrels	06:24	10:18						12:10:06
265	01:04:03	112	22	F35-39	10661	Nicola Watson	Fit Mums and Friends	06:24	10:18						12:10:11
266	01:04:04	113	23	F45-49	10309	Kathryn Hinks	Notts Women Runners	06:24	10:18						12:08:02
267	01:04:05	114	16	F40-44	10208	Karen Delahay		06:24	10:18						12:06:01
268	01:04:07	154	34	M45-49	10307	Chris Hill	Holme Pierrepont RC	06:24	10:19						12:10:10
269	01:04:08	115	24	F45-49	10205	Lisa Daxner	Notts Women Runners	06:24	10:19						12:08:09
270	01:04:13	155	6	M60-64	10371	Vic Knight	Notfast RC	06:25	10:20						12:14:16
271	01:04:14	116	5	F60-64	10523	Rose Reid	Boston Tri Club	06:25	10:20						12:10:20
272	01:04:16	156	13	M55-59	10145	Phil Carroll		06:25	10:20						12:06:13
273	01:04:19	117	23	F35-39	10153	Stephanie Charman	Horsham Joggers	06:25	10:21						12:10:25
274	01:04:21	118	24	F35-39	10562	Rebecca Shipley		06:26	10:21						12:08:17
275	01:04:24	119	13	F30-34	10658	Corinne Warren		06:26	10:21						12:08:18
276	01:04:27	120	25	F35-39	10361	Natalie Kennedy		06:26	10:22						12:14:42
277	01:04:30	121	17	F40-44	10106	Lynne Bingham		06:27	10:22						12:08:29
278	01:04:30	157	35	M45-49	10105	Lee Bingham		06:27	10:22						12:08:29
279	01:04:30	122	6	F60-64	10077	Debra Attwood	Notts Women Runners	06:27	10:22						12:14:39
280	01:04:33	123	18	F40-44	10221	Angela Dye		06:27	10:23						12:08:34
281	01:04:34	124	19	F40-44	10442	Louise Morgan		06:27	10:23						12:14:45
282	01:04:46	125	25	F45-49	10214	Bernie Divall	Newark Striders Running Club	06:28	10:25						12:08:48
283	01:04:47	126	26	F45-49	10405	Liz Lucas		06:28	10:25						12:08:42
284	01:04:52	158	24	M40-44	10396	Sam Leivers		06:29	10:26						12:14:58
285	01:04:53	127	27	F45-49	10393	Cheryl Lee	Clumber Park Runners	06:29	10:26						12:11:04
286	01:05:02	159	36	M45-49	10656	David Ward		06:30	10:27						12:05:48
287	01:05:06	128	28	F45-49	10295	Zoe Heath	Shepshed RC	06:30	10:28						12:11:19
288	01:05:08	129	18	F50-54	10530	Helen Roberts	Notts Women Runners	06:30	10:28						12:09:07
289	01:05:09	130	26	F35-39	10509	Rachael Price		06:30	10:29						12:15:20
290	01:05:12	131	29	F45-49	10345	Alison John	Notts Women Runners	06:31	10:29						12:15:13
291	01:05:12	132	7	F60-64	10564	Kath Sidwell		06:31	10:29						12:09:14
292	01:05:18	160	26	M35-39	10506	Mark Pratt		06:31	10:30						12:15:22
293	01:05:19	161	25	M40-44	10400	Scott Linfoot	Fylde Coast Runners	06:31	10:30						12:09:19
294	01:05:19	133	27	F35-39	10636	Julie Towey		06:31	10:30						12:11:25
295	01:05:20	134	28	F35-39	10095	Becky Bashford	Notts Women Runners	06:32	10:30						12:15:24
296	01:05:21	135	20	F40-44	10461	Clare Newton		06:32	10:31						12:07:11
297	01:05:21	162	26	M40-44	10219	Matthew Doyle		06:32	10:31						12:06:06
298	01:05:24	136	19	F50-54	10635	Kay Towers		06:32	10:31						12:09:26
299	01:05:30	137	30	F45-49	10199	Elaine Cunningham		06:33	10:32						12:06:17
300	01:05:31	163	27	M40-44	10099	Jason Beaumont		06:33	10:32						12:15:36
301	01:05:33	164	22	M30-34	10059	Glenn Alderson		06:33	10:32						12:15:36
302	01:05:36	138	21	F40-44	10264	Elizabeth Gillson	Notts Women Runners	06:33	10:33						12:09:30
303	01:05:37	165	37	M45-49	10190	Carl Cragg		06:33	10:33						12:09:31
304	01:05:38	139	20	F50-54	10602	Carol Svarc	Notts Women Runners	06:33	10:33						12:11:49
305	01:05:45	140	31	F45-49	10188	Karen Cowling		06:34	10:34						12:15:47
306	01:05:45	141	32	F45-49	10594	Andrea Stothard	Fitmums and Friends	06:34	10:34						12:15:47
307	01:05:49	166	28	M40-44	10096	Shaun Basi		06:34	10:35						12:11:52
308	01:05:49	167	23	M30-34	10611	Luke Tebbett		06:34	10:35						12:07:47

# Longhorn 2019

## Finisher List 10k AM

Pos	Chip time	Gender pos	Cat pos	Age grp	Race num	Name	Club	Pace (min/km)	Pace (min/mile)	Lap1	Lap2	Lap3	Lap4	Lap5	Final lap
309	01:05:56	142	6	F55-59	10574	Julie Skelding	Team Derby Runner	06:35	10:36						12:07:48
310	01:05:59	143	33	F45-49	10368	Linda Kingston	Notts Women Runners	06:35	10:37						12:10:03
311	01:06:00	144	29	F35-39	10380	Zipporah Kruse	Notts Women Runners	06:36	10:37						12:16:01
312	01:06:02	145	30	F35-39	10148	Danielle Chambers	Hurricane Striders	06:36	10:37						12:16:15
313	01:06:02	146	31	F35-39	10325	Sally Howitt	Hurricane Striders	06:36	10:37						12:16:15
314	01:06:03	147	10	F23-29	10625	Holly Thurlby		06:36	10:37						12:10:06
315	01:06:10	148	34	F45-49	10699	Rachel Yates		06:37	10:38						12:10:13
316	01:06:11	149	8	F60-64	10129	Shirley Brown	Toton Road Runners	06:37	10:39						12:10:14
317	01:06:11	168	18	M50-54	10475	Michael Oxley		06:37	10:39						12:08:03
318	01:06:12	150	22	F40-44	10273	Sarah Grimwade	Notts Women Runners	06:37	10:39						12:10:15
319	01:06:16	151	35	F45-49	10537	Hilary Rockley	Orton Road Runners	06:37	10:39						12:10:19
320	01:06:22	169	38	M45-49	10595	Steve Stothard	Fitmums and Friends	06:38	10:40						12:16:25
321	01:06:22	152	7	F55-59	10321	Carole Hopkinson	Sole Mates	06:38	10:40						12:10:21
322	01:06:23	153	32	F35-39	10174	Kirsty Cooke		06:38	10:41						12:16:29
323	01:06:23	154	33	F35-39	10660	Emma Watson	Bilthorpe Ladies RC	06:38	10:41						12:16:30
324	01:06:25	170	29	M40-44	10483	Paul Parker		06:38	10:41						12:12:32
325	01:06:33	155	23	F40-44	10183	Kerry Coplestone	Fit Mums and Friends	06:39	10:42						12:12:41
326	01:06:33	156	14	F30-34	10144	Amy Canning	Doncaster Triathlon Club	06:39	10:42						12:12:43
327	01:06:33	157	34	F35-39	10370	Mary Kitching		06:39	10:42						12:12:43
328	01:06:37	171	30	M40-44	10467	Jonathan Ogden	Mid Life Crisis Gladiators	06:39	10:43						12:10:33
329	01:06:39	158	35	F35-39	10479	Sheena Palmer		06:39	10:43						12:07:18
330	01:06:42	159	36	F45-49	10299	Ally Heery		06:40	10:44						12:16:44
331	01:06:43	160	21	F50-54	10111	Deb Booter	Team Derby Runner	06:40	10:44						12:16:44
332	01:06:48	161	11	F23-29	10235	Claire Felton	Notts Women Runners	06:40	10:45						12:12:56
333	01:06:54	162	37	F45-49	10123	Sarah-Jane Brady	Rebel Runners Nottingham	06:41	10:45						12:16:57
334	01:06:55	163	38	F45-49	10239	Penny Fillingham		06:41	10:46						12:16:57
335	01:06:58	164	9	F60-64	10087	Izy Banton	Clumber Park Runners	06:41	10:46						12:13:10
336	01:07:03	165	10	F60-64	10122	Susan Brady	Clumber Park Runners	06:42	10:47						12:13:14
337	01:07:07	166	24	F40-44	10284	Beverley Harland	Danum Harriers	06:42	10:48						12:07:49
338	01:07:09	167	36	F35-39	10425	Rachel Mee	Notts Women Runners	06:42	10:48						12:11:09
339	01:07:18	168	8	F55-59	10508	Sonia Price	Huffers and Puffers	06:43	10:49						12:13:21
340	01:07:21	169	9	F55-59	10378	Julie Kondor	Bilthorpe Ladies RC	06:44	10:50						12:17:29
341	01:07:22	170	10	F55-59	10236	Sarah Fenton	Bilthorpe Ladies RC	06:44	10:50						12:17:29
342	01:07:34	171	37	F35-39	10503	Vicky Platts	Grantham Running Club	06:45	10:52						12:17:42
343	01:07:35	172	38	F35-39	10632	Suzanne Tomlinson		06:45	10:52						12:11:36
344	01:07:38	173	25	F40-44	10463	Nicola Nicholls	Huncote Harriers	06:45	10:53						12:09:34
345	01:07:40	174	39	F45-49	10513	Miriam Quinn	Notts Women Runners	06:46	10:53						12:11:43
346	01:07:41	175	15	F30-34	10649	Zoe Walters		06:46	10:53						12:11:41
347	01:07:44	176	40	F45-49	10328	Jeanette Hudson	Notts Women Runners	06:46	10:54						12:11:38
348	01:07:47	177	41	F45-49	10800	Kate Siviter	Hurricane Striders	06:46	10:54						12:11:50
349	01:07:52	172	39	M45-49	10604	Paul swinburn	Notfast RC	06:47	10:55						12:09:49
350	01:07:55	173	4	M16-17	10615	Lewis Thacker		06:47	10:55						12:11:55
351	01:08:05	178	42	F45-49	10443	Karen Morgan		06:48	10:57						12:18:20
352	01:08:06	179	26	F40-44	10587	Lindsay Stansall		06:48	10:57						12:18:10
353	01:08:12	180	39	F35-39	10561	Susan Shepherd	Notts Women Runners	06:49	10:58						12:12:10
354	01:08:14	181	22	F50-54	10374	Steph Knowles		06:49	10:58						12:12:11
355	01:08:16	174	2	M65-69	10654	Mike Ward		06:49	10:59						12:10:09
356	01:08:22	175	40	M45-49	10168	Paul Coffey		06:50	11:00						12:12:22
357	01:08:22	182	23	F50-54	10276	Jeanine Hall		06:50	11:00						12:14:33
358	01:08:24	183	27	F40-44	10702	Joanne Young		06:50	11:00						12:12:21
359	01:08:25	184	43	F45-49	10607	Ruth Tall	Newark Striders Running Club	06:50	11:00						12:14:29
360	01:08:26	185	44	F45-49	10019	Caroline Morrison	Gedling Inn Runners	06:50	11:00						12:12:28

# Longhorn 2019

## Finisher List 10k AM

Pos	Chip time	Gender pos	Cat pos	Age grp	Race num	Name	Club	Pace (min/km)	Pace (min/mile)	Lap1	Lap2	Lap3	Lap4	Lap5	Final lap
361	01:08:44	186	12	F23-29	10251	Rachael Fyfe	Bilsthorpe Ladies RC	06:52	11:03						12:18:51
362	01:08:45	187	28	F40-44	10384	Samantha Lambert		06:52	11:03						12:14:55
363	01:08:46	188	29	F40-44	10571	Clare Simpson		06:52	11:04						12:14:55
364	01:08:48	176	3	M65-69	10592	Brian Robert Stone	Holme Pierrepont RC	06:52	11:04						12:12:49
365	01:08:51	189	30	F40-44	10376	Julie Knowles	Huthwaite Hunnies	06:53	11:04						12:12:49
366	01:08:52	190	11	F60-64	10223	Janet Edwards	Bilsthorpe Ladies RC	06:53	11:04						12:18:59
367	01:08:52	191	24	F50-54	10578	Carolyn Smith	Bilsthorpe Ladies RC	06:53	11:04						12:18:59
368	01:08:53	192	31	F40-44	10109	Julie Bodin	NWR - Kirkby Klaxons	06:53	11:05						12:12:58
369	01:08:53	193	40	F35-39	10797	Tracy Holmes	Notts Women Runners	06:53	11:05						12:12:58
370	01:08:55	194	41	F35-39	10674	Helen Wheeler-Osman	Fit Mums and Friends	06:53	11:05						12:15:04
371	01:08:55	195	16	F30-34	10673	Emma Wheeler-Osman	Fit Mums and Friends	06:53	11:05						12:15:05
372	01:09:01	196	13	F23-29	10565	Marie Sidwell		06:54	11:06						12:13:03
373	01:09:02	197	11	F55-59	10132	Coral Brown	NWR - Arnold Arrows	06:54	11:06						12:13:05
374	01:09:07	198	42	F35-39	10252	Katie Gabbitas	Newark Striders Running Club	06:54	11:07						12:15:11
375	01:09:09	199	12	F55-59	10553	Jenny Sessions	Birstall RC	06:54	11:07						12:13:07
376	01:09:14	177	19	M50-54	10514	Gary Quinn		06:55	11:08						12:19:30
377	01:09:15	200	32	F40-44	10167	Jo Coffey		06:55	11:08						12:13:16
378	01:09:15	201	33	F40-44	10543	Helen Salisbury	Notts Women Runners	06:55	11:08						12:15:24
379	01:09:16	202	14	F23-29	10637	Rebecca Townhill		06:55	11:08						12:13:15
380	01:09:17	203	34	F40-44	10110	Stephanie Body	Bilsthorpe Ladies RC	06:55	11:09						12:19:23
381	01:09:17	204	15	F23-29	10337	Kirsty Jackson		06:55	11:09						12:13:20
382	01:09:21	205	16	F23-29	10643	Sophie Walker		06:56	11:09						12:11:18
383	01:09:26	206	43	F35-39	10387	Gemma Latham	Newark Striders Running Club	06:56	11:10						12:15:34
384	01:09:26	207	35	F40-44	10477	Jenny Palmer	Newark Striders Running Club	06:56	11:10						12:15:34
385	01:09:27	208	45	F45-49	10034	Gayle Wilson		06:56	11:10						12:15:34
386	01:09:41	178	41	M45-49	10409	Lee Maddock	Kimberley and District Striders	06:58	11:12						12:11:32
387	01:09:45	209	36	F40-44	10152	Sallyann Charlton	Mansfield Harrier & Athletics Club	06:58	11:13						12:13:42
388	01:09:50	210	17	F30-34	10282	Stephanie Hancock		06:59	11:14						12:16:00
389	01:09:51	211	46	F45-49	10499	Lynn Persse	Shepshed RC	06:59	11:14						12:16:03
390	01:09:58	212	13	F55-59	10681	Claire Wilkinson	Notts Women Runners	06:59	11:15						12:13:59
391	01:10:05	213	47	F45-49	10536	Sharon Robinson		07:00	11:16						12:16:14
392	01:10:07	214	25	F50-54	10493	Lesley Patterson	Nee	07:00	11:17						12:16:15
393	01:10:09	215	37	F40-44	10272	Kate Griffiths		07:00	11:17						12:14:04
394	01:10:10	216	48	F45-49	10177	Tracey Cooper	Notts Women Runners	07:01	11:17						12:14:11
395	01:10:12	217	49	F45-49	10072	Joy Ashurst		07:01	11:17						12:14:07
396	01:10:12	179	27	M35-39	10527	Christopher Richards		07:01	11:17						12:14:10
397	01:10:13	218	26	F50-54	10480	Sue Park	Woodthorpe Huffers and Puffers	07:01	11:18						12:16:18
398	01:10:27	219	50	F45-49	96	Lisa Wright	Notts Women Runners	07:02	11:20						12:20:36
399	01:10:28	180	13	M23-29	10518	Sam Reavley		07:02	11:20						12:20:33
400	01:10:28	220	27	F50-54	10554	Anjela Sewell	Rebel Runners	07:02	11:20						12:20:31
401	01:10:33	221	44	F35-39	10585	Justyna Stadnik		07:03	11:21						12:16:35
402	01:10:36	222	45	F35-39	10446	Emma Mumby	Lonely Goat Running Club	07:03	11:21						12:16:37
403	01:10:40	223	2	F65+	10363	Dianne Kennett	Notfast RC	07:04	11:22						12:16:45
404	01:10:51	224	14	F55-59	10279	Amanda Hambling		07:05	11:24						12:20:56
405	01:10:59	225	17	F23-29	10390	Harriet Leaver		07:05	11:25						12:14:52
406	01:11:11	226	38	F40-44	10609	Joanne Tavner		07:07	11:27						12:17:13
407	01:11:14	227	28	F50-54	10172	Helen Connelly	Woodthorpe Huffers and Puffers	07:07	11:27						12:17:19
408	01:11:14	228	29	F50-54	10107	Michelle Bishop	Woodthorpe Huffers and Puffers	07:07	11:27						12:17:19
409	01:11:15	229	30	F50-54	10692	Elaine Woodbridge	Notts Women Runners	07:07	11:27						12:15:17
410	01:11:17	230	46	F35-39	10246	Joanne Fowler		07:07	11:28						12:21:30
411	01:11:18	231	31	F50-54	10323	Lynda Hornsby		07:07	11:28						12:17:26
412	01:11:19	181	14	M55-59	10322	David Hornsby		07:07	11:28						12:17:26



## Longhorn 2019

## Finisher List 10k AM

Pos	Chip time	Gender pos	Cat pos	Age grp	Race num	Name	Club	Pace (min/km)	Pace (min/mile)	Lap1	Lap2	Lap3	Lap4	Lap5	Final lap
413	01:11:22	232	18	F23-29	10397	Hannah Lewis		07:08	11:29						12:17:28
414	01:11:23	233	15	F55-59	10542	Julie Ryell		07:08	11:29						12:15:28
415	01:11:35	182	42	M45-49	10293	Simon Heafield		07:09	11:31						12:13:29
416	01:11:37	234	32	F50-54	10258	Samantha Gibbard		07:09	11:31						12:17:46
417	01:11:38	235	16	F55-59	10653	Karen Ward	Bilsthorpe Ladies RC	07:09	11:31						12:21:44
418	01:11:43	236	12	F60-64	10245	Jill Fowkes	Notfast RC	07:10	11:32						12:17:48
419	01:11:50	237	33	F50-54	10568	Michelle Simpkin	Mansfield Harriers	07:11	11:33						12:15:58
420	01:11:52	238	3	F65+	10192	Mary Cross		07:11	11:33						12:13:48
421	01:11:53	239	18	F30-34	10286	Claire Harlow		07:11	11:34						12:22:02
422	01:11:56	240	34	F50-54	10685	Sarah Williamson		07:11	11:34						12:15:51
423	01:12:04	241	47	F35-39	10555	Kay Sharpe	Bilsthorpe Ladies RC	07:12	11:35						12:16:00
424	01:12:04	242	48	F35-39	10547	Alison Saunders		07:12	11:35						12:15:59
425	01:12:17	243	49	F35-39	10787	Clare Simms		07:13	11:37						10:12:17
426	01:12:19	183	15	M55-59	10198	Ian Cunningham	Sphinx AC	07:13	11:38						12:18:24
427	01:12:20	244	3	F20-22	10200	Rosie Cunningham		07:14	11:38						12:18:25
428	01:12:21	245	35	F50-54	10552	Lynn Sergant		07:14	11:38						12:16:20
429	01:12:21	246	17	F55-59	10450	Elaine Musgrave		07:14	11:38						12:16:20
430	01:12:25	247	50	F35-39	10063	Yvonne Allsop		07:14	11:39						12:16:23
431	01:12:25	248	39	F40-44	10257	Laura George		07:14	11:39						12:16:23
432	01:12:32	184	24	M30-34	10154	Kingman Cheng		07:15	11:40						12:18:41
433	01:12:33	249	19	F23-29	10130	Anna Brown		07:15	11:40						12:18:43
434	01:12:35	250	51	F45-49	10204	Claire Dawson	Smalley Road Runners	07:15	11:40						12:22:43
435	01:12:43	251	52	F45-49	10494	Lynne Peacock	Notts Women Runners	07:16	11:42						12:22:52
436	01:12:58	252	19	F30-34	10572	Kylie Simpson		07:17	11:44						12:19:08
437	01:12:58	185	28	M35-39	10570	Tony Simpson		07:17	11:44						12:19:08
438	01:12:58	253	36	F50-54	10294	Karen Hearne	Kettering Town Harriers	07:17	11:44						12:23:07
439	01:12:59	254	53	F45-49	10449	Rebecca Murphy	Kettering Town Harriers	07:17	11:44						12:23:07
440	01:13:00	255	40	F40-44	10613	Miroslava Tekelova		07:18	11:44						12:19:08
441	01:13:01	186	31	M40-44	10089	Adrian Barker		07:18	11:45						12:19:08
442	01:13:02	256	37	F50-54	10259	Cathy Gibbons	Broxtowe Tri Club	07:18	11:45						12:23:13
443	01:13:12	257	18	F55-59	10267	Heather Green	Woodthorpe Huffers and Puffers	07:19	11:46						12:19:16
444	01:13:12	258	51	F35-39	10093	Louise Bartle	Retford AC	07:19	11:46						12:15:04
445	01:13:17	259	13	F60-64	10683	Denise Williams	Notts Women Runners	07:19	11:47						12:15:11
446	01:13:25	260	41	F40-44	10377	Tracy Koefoed		07:20	11:48						12:17:26
447	01:13:31	261	52	F35-39	10359	Lynn Keeton	Notts Women Runners	07:21	11:49						12:23:44
448	01:13:32	262	54	F45-49	10454	Rachel Neslen		07:21	11:50						12:15:26
449	01:13:32	263	20	F30-34	10510	Emma Pritchard	Notts Women Runners	07:21	11:50						12:23:44
450	01:13:32	264	53	F35-39	10085	Marie Banks	Notts Women Runners	07:21	11:50						12:23:44
451	01:13:35	265	55	F45-49	10207	Trina Deakin		07:21	11:50						12:14:21
452	01:13:43	266	54	F35-39	10395	Helen Leivers	Bilsthorpe Ladies RC	07:22	11:51						12:23:48
453	01:13:46	267	42	F40-44	10135	Claire Bunting	Danum Harriers	07:22	11:52						12:24:04
454	01:13:46	187	20	M50-54	10448	Paul Murphy	Danum Harriers	07:22	11:52						12:24:04
455	01:13:52	268	43	F40-44	10631	Kezia Tomlinson		07:23	11:53						12:20:04
456	01:13:52	269	44	F40-44	10455	Marta Neto		07:23	11:53						12:20:04
457	01:14:06	270	14	F60-64	10586	Heide Stafford	Beeston AC	07:24	11:55						12:24:14
458	01:14:06	271	38	F50-54	10458	Jackie Newham	Rebel Runners Nottingham	07:24	11:55						12:24:14
459	01:14:12	272	39	F50-54	10695	Sara Woollin		07:25	11:56						12:20:24
460	01:14:13	273	40	F50-54	10534	Fiona Robinson		07:25	11:56						12:20:24
461	01:14:15	274	55	F35-39	10645	Ligliwa Wall	Notts Women Runners	07:25	11:56						12:24:24
462	01:14:32	188	29	M35-39	10065	Mark Andrew		07:27	11:59						12:18:30
463	01:14:33	189	43	M45-49	10432	Richard Mills		07:27	11:59						12:20:37
464	01:14:36	275	56	F45-49	10281	Michelle Hammett		07:27	12:00						12:18:32

## Longhorn 2019

## Finisher List 10k AM

Pos	Chip time	Gender pos	Cat pos	Age grp	Race num	Name	Club	Pace (min/km)	Pace (min/mile)	Lap1	Lap2	Lap3	Lap4	Lap5	Final lap
465	01:14:39	276	45	F40-44	10505	Samantha Power	Notts Women Runners	07:27	12:00						12:18:42
466	01:14:43	277	20	F23-29	10558	Hannah Shaw		07:28	12:01						12:24:53
467	01:14:45	278	57	F45-49	10610	Jaki Taylor		07:28	12:01						12:24:55
468	01:14:51	279	58	F45-49	10112	Lisa Booth		07:29	12:02						12:25:01
469	01:15:20	280	46	F40-44	10157	Michelle Christian	Notts Women Runners	07:32	12:07						12:25:29
470	01:15:23	281	47	F40-44	10529	Claire Roberts		07:32	12:07						12:25:36
471	01:15:29	282	48	F40-44	10268	Kelly Green	Notts Women Runners	07:32	12:08						12:25:35
472	01:15:34	283	59	F45-49	10486	Samantha Parr		07:33	12:09						12:21:44
473	01:15:35	284	56	F35-39	10090	Anne Barnes	Notts Women Runners	07:33	12:09						12:17:34
474	01:15:36	285	49	F40-44	10598	Rachael Sulley	Notts Women Runners	07:33	12:09						12:19:39
475	01:15:36	286	57	F35-39	10644	Rachel Walker		07:33	12:09						12:16:14
476	01:15:54	287	41	F50-54	10146	Karen Carter		07:35	12:12						12:26:09
477	01:16:02	288	19	F55-59	10375	Annette Knowles	Notts Women Runners	07:36	12:14						12:20:06
478	01:16:14	289	50	F40-44	10539	Katie Roebuck		07:37	12:16						12:22:24
479	01:16:15	290	20	F55-59	10556	Carrie Shaw	Huthwaite Hunnies	07:37	12:16						12:20:17
480	01:16:18	291	58	F35-39	10092	Emma Barnes		07:37	12:16						12:20:22
481	01:16:19	292	2	F18-19	10614	Abbey Thacker		07:37	12:16						12:20:23
482	01:16:28	190	21	M50-54	10487	Bob Parr	Lonely Goat Running Club	07:38	12:18						12:26:41
483	01:16:28	293	51	F40-44	10489	Sarah Parr		07:38	12:18						12:26:41
484	01:16:49	294	42	F50-54	10420	Tina McFarlane		07:40	12:21						12:22:52
485	01:17:01	295	60	F45-49	10617	Rebecca Thompson		07:42	12:23						12:18:57
486	01:17:10	296	52	F40-44	10686	Diana Wilson	Massey Ferguson Running Club	07:43	12:25						12:23:21
487	01:17:17	297	3	F14-15	10356	Kate Kahler		07:43	12:26						12:27:29
488	01:17:38	298	43	F50-54	10163	Tracey Clayton	Vegan Runners UK	07:45	12:29						12:27:50
489	01:17:39	299	61	F45-49	10507	Julie Pretty		07:45	12:29						12:27:50
490	01:17:39	300	62	F45-49	10597	Debbie Stubbs		07:45	12:29						12:27:53
491	01:17:55	301	21	F30-34	10058	Amy Adams	Desford Striders	07:47	12:32						12:28:01
492	01:18:04	302	22	F30-34	10334	Alison Irvine		07:48	12:33						12:22:02
493	01:18:04	303	23	F30-34	10460	Karen Newton	Shelton Striders	07:48	12:33						12:22:02
494	01:18:13	304	44	F50-54	10619	Serena Thompson		07:49	12:35						12:28:19
495	01:18:17	305	59	F35-39	10804	Stacey Coleman		07:49	12:35						12:20:12
496	01:18:20	191	14	M23-29	10244	Harry Bullock		07:50	12:36						12:28:30
497	01:18:25	306	53	F40-44	10616	Cheryl Thomas	Notts Women Runners	07:50	12:37						12:20:21
498	01:18:32	307	54	F40-44	10391	Toni Lee		07:51	12:38						12:24:43
499	01:18:33	308	45	F50-54	10548	Sharna Sawyer		07:51	12:38						12:24:42
500	01:18:43	192	30	M35-39	10086	Chris Banner		07:52	12:40						12:24:44
501	01:18:43	309	60	F35-39	10792	Shelly Chambers		07:52	12:40						12:24:45
502	01:18:44	310	15	F60-64	10261	Jayne Giles		07:52	12:40						12:24:46
503	01:18:56	311	63	F45-49	10300	Rae Hendra	Team Anstey Amblers and Runners	07:53	12:42						12:29:07
504	01:18:58	312	55	F40-44	10357	Sarah Kahler	Notts Women Runners	07:53	12:42						12:29:07
505	01:19:01	313	56	F40-44	10271	Louise Gregory		07:54	12:42						12:23:00
506	01:19:02	314	24	F30-34	10298	Victoria Heaven	Smalley Road Runners	07:54	12:43						12:29:11
507	01:19:02	315	57	F40-44	10082	Anita Bailey	Smalley Road Runners	07:54	12:43						12:29:10
508	01:19:02	316	64	F45-49	10327	Edwina Hubbard	Toton Road Runners	07:54	12:43						12:25:08
509	01:19:02	317	21	F55-59	10485	Margaret Parr		07:54	12:43						12:25:08
510	01:19:04	318	25	F30-34	10115	Lynsey Bould	Notts Women Runners	07:54	12:43						12:25:16
511	01:19:10	319	61	F35-39	10591	Sarah Stokes	Notts Women Runners	07:55	12:44						12:29:12
512	01:19:14	320	4	F20-22	10339	Evie Hall		07:55	12:45	3:33:29					
513	01:19:16	321	46	F50-54	13065	Sally Astwood		07:55	12:45						13:20:00
514	01:19:31	322	5	F20-22	10262	Molly Gill		07:57	12:47						12:29:33
515	01:19:31	323	16	F60-64	10642	Lorraine Vince	Sleaford Striders	07:57	12:47						12:25:39
516	01:19:32	324	62	F35-39	10531	Gemma Roberts		07:57	12:47						12:29:33

# Longhorn 2019

## Finisher List 10k AM

Pos	Chip time	Gender pos	Cat pos	Age grp	Race num	Name	Club	Pace (min/km)	Pace (min/mile)	Lap1	Lap2	Lap3	Lap4	Lap5	Final lap
517	01:19:33	325	17	F60-64	10515	Lynn Randall	Team Anstey Amblers and Runners	07:57	12:48						12:29:45
518	01:19:35	326	65	F45-49	10083	Lindsay Baker	Clowne Road Runners	07:57	12:48						12:25:43
519	01:19:36	327	66	F45-49	10124	Angela Brierley	Wolds Veterans Runners Club	07:57	12:48						12:25:43
520	01:19:43	193	32	M40-44	10283	Phil Hardy		07:58	12:49						12:29:54
521	01:19:48	194	33	M40-44	10457	Paul Newey		07:58	12:50						12:29:51
522	01:19:48	328	22	F55-59	10142	Liz Butcher		07:58	12:50						12:29:52
523	01:19:59	329	58	F40-44	10496	Hayley Pearson		07:59	12:52						12:26:03
524	01:20:24	330	67	F45-49	10254	Tina Garner	Team Anstey Amblers and Runners	08:02	12:56						12:30:35
525	01:20:29	331	18	F60-64	10696	Lesley Wright	Rebel Runners	08:02	12:57						12:30:32
526	01:20:31	332	23	F55-59	10484	Karen Parkin	Woodthorpe Huffers and Puffers	08:03	12:57						12:26:44
527	01:20:32	333	63	F35-39	10288	Debbie Harrison	Woodthorpe Huffers and Puffers	08:03	12:57						12:26:44
528	01:20:32	334	64	F35-39	10336	Kelly Jackson	Yorkshire Wolds Runners	08:03	12:57						12:26:44
529	01:21:11	335	65	F35-39	10471	Tracy Orton	Notts Women Runners	08:07	13:03						12:25:14
530	01:21:19	336	47	F50-54	10491	Lesley Paterson		08:07	13:05						12:31:23
531	01:21:27	337	19	F60-64	10126	Clare Broderick		08:08	13:06						12:27:36
532	01:21:31	338	24	F55-59	10579	Carol Snell		08:09	13:07						12:25:25
533	01:21:40	195	31	M35-39	10684	Michael Williams		08:10	13:08						12:31:52
534	01:21:42	339	26	F30-34	10073	Emma Ashwin	Newark Striders Running Club	08:10	13:08						12:31:44
535	01:21:56	340	68	F45-49	10218	Debbie Doyle	Notts Women Runners	08:11	13:11						12:32:00
536	01:21:56	341	69	F45-49	10343	Maria Jenkins	Notts Women Runners	08:11	13:11						12:32:00
537	01:22:45	342	48	F50-54	10372	Jayne Knight	Sleaford Striders	08:16	13:19						12:28:53
538	01:23:02	343	3	F18-19	10434	Gabby Mills		08:18	13:21						12:29:06
539	01:23:07	196	16	M55-59	10404	Brian Louden		08:18	13:22						12:33:20
540	01:23:22	344	70	F45-49	10310	Sue Hitchen	Toton Road Runners	08:20	13:24						12:29:30
541	01:23:23	345	25	F55-59	10388	Michelle Law	Birstall RC	08:20	13:25						12:33:25
542	01:23:24	346	71	F45-49	10437	Rachael Mitchell	Notts Women Runners	08:20	13:25						12:27:24
543	01:23:57	347	27	F30-34	10108	Laura Boam		08:23	13:30						12:33:58
544	01:24:02	197	32	M35-39	10166	Craig Coffey		08:24	13:31						10:24:35
545	01:24:04	348	72	F45-49	10203	Della Davies		08:24	13:31						12:34:10
546	01:24:05	349	49	F50-54	10403	Samantha Louden		08:24	13:31						12:34:18
547	01:24:07	350	59	F40-44	10181	Theresa Copcutt	Mansfield Harriers	08:24	13:32						12:28:14
548	01:24:29	351	60	F40-44	10416	Katie Martyn	Notts Women Runners	08:26	13:35						12:34:42
549	01:24:34	352	21	F23-29	10665	Kim Webster		08:27	13:36						12:34:45
550	01:24:47	353	73	F45-49	10350	Anna Jones		08:28	13:38						12:28:43
551	01:24:59	354	74	F45-49	10301	Debbie Hepworth		08:29	13:40						12:35:06
552	01:24:59	198	44	M45-49	10302	James Hepworth		08:29	13:40						12:35:06
553	01:25:21	355	61	F40-44	10606	Charlotte Talbott		08:32	13:44						12:31:23
554	01:25:35	356	66	F35-39	10462	Emma Newton		08:33	13:46						12:35:42
555	01:25:35	357	75	F45-49	10414	Sara Marshall		08:33	13:46						12:35:42
556	01:25:36	358	50	F50-54	10206	Helen Day		08:33	13:46						12:35:44
557	01:25:44	359	22	F23-29	10630	Mandy Tomkiss	Notts Women Runners	08:34	13:47						12:29:46
558	01:25:45	360	28	F30-34	10290	Hannah Harwood	Notts Women Runners	08:34	13:48						12:35:59
559	01:25:45	361	26	F55-59	10161	Kathryn Clayton	Notts Women Runners	08:34	13:48						12:36:00
560	01:25:45	362	67	F35-39	10025	Lizz Fleming	Canicross Midlands	08:34	13:48						10:37:50
561	01:25:48	363	62	F40-44	10501	Kelly Pickering		08:34	13:48						12:31:55
562	01:25:54	364	76	F45-49	10263	Vicky Gill		08:35	13:49						12:35:56
563	01:25:57	365	77	F45-49	10551	Andrea selby-brown	Bilsthorpe Ladies RC	08:35	13:49						12:36:03
564	01:26:10	199	17	M55-59	10308	Martin Hillman		08:37	13:52						12:36:14
565	01:26:13	366	20	F60-64	10062	Chris Alldread		08:37	13:52						12:36:26
566	01:27:09	367	27	F55-59	10600	Lindsay Sumner		08:42	14:01						12:37:22
567	01:27:39	368	63	F40-44	10341	Lindsay Jefferies		08:45	14:06						12:33:52
568	01:28:45	369	78	F45-49	10078	Cathie Babbington	Bilsthorpe Ladies RC	08:52	14:16						12:38:52

# Longhorn 2019

## Finisher List 10k AM

Pos	Chip time	Gender pos	Cat pos	Age grp	Race num	Name	Club	Pace (min/km)	Pace (min/mile)	Lap1	Lap2	Lap3	Lap4	Lap5	Final lap
569	01:28:46	370	79	F45-49	10241	Anne Ford	Bilthorpe Ladies RC	08:52	14:17						12:38:52
570	01:28:47	371	23	F23-29	10247	Katie Fraser	Notts Women Runners	08:52	14:17						12:38:49
571	01:28:48	372	64	F40-44	10590	Sandra Stevenson-Revill	Jog Oakwood	08:52	14:17						12:29:32
572	01:29:29	200	7	M60-64	10121	Neil Bradman		08:56	14:24						12:39:44
573	01:29:29	373	28	F55-59	10120	Julie Bradman		08:56	14:24						12:39:44
574	01:30:49	374	29	F30-34	10476	Clare Pailing		09:04	14:36						12:40:59
575	01:31:01	375	80	F45-49	10589	Deborah Steadman		09:06	14:38						12:31:46
576	01:31:44	376	30	F30-34	10492	Samantha Patterson		09:10	14:45						12:41:48
577	01:33:06	377	24	F23-29	10402	Rebekah Lord		09:18	14:58						12:37:01
578	01:34:29	201	33	M35-39	10422	Iain McGregor		09:26	15:12						12:44:44
579	01:35:22	378	51	F50-54	10427	Sarah Middleton	Notts Women Runners	09:32	15:20						12:45:27
580	01:37:16	379	52	F50-54	10314	Pam Holland		09:43	15:39						12:47:25
581	01:37:17	202	22	M50-54	10313	Mike Holland		09:43	15:39						12:47:26
582	01:38:05	380	4	F65+	10742	Linda Lawson		09:48	15:47						13:05:30
583	01:38:42	203	45	M45-49	10329	Richard Hughes		09:52	15:53						12:44:55
584	01:43:32	381	29	F55-59	10367	Sally King	Fenland RC	10:21	16:39						12:47:27
585	01:43:32	382	21	F60-64	10032	Janet Everett		10:21	16:39						12:47:27
586	01:48:33	383	81	F45-49	10687	Brenda Weschke		10:51	17:28						15:49:23
587	01:48:34	204	46	M45-49	10691	Thomas Weschke		10:51	17:28						15:49:23
588	01:48:54	384	25	F23-29	10386	Rebecca Langham		10:53	17:31						12:59:09
589	01:48:54	385	82	F45-49	10550	Lisa Scott		10:53	17:31						12:59:09
590	01:52:36	386	31	F30-34	10143	April Butterfield		11:15	18:07						13:02:46
591	02:02:28	387	68	F35-39	13074	Michelle Foster		12:14	19:42	0:58:59					1:03:29

Number of records: 591