

Longhorn 2019

Finisher List Canicross 10k

Pos	Chip time	Gender pos	Cat pos	Age grp	Race num	Name	Club	Pace (min/km)	Pace (min/mile)	Lap1	Lap2	Lap3	Lap4	Lap5	Final lap
Canicross 10k															
Canicross 10k															
1	00:42:52	1	1	F35-39	10051	Fiona Stephenson		04:17	06:53						9:43:08
2	00:43:55	2	1	F45-49	10040	Claire Martin	Canicross Midlands	04:23	07:04						9:44:12
3	00:43:57	3	2	F45-49	10004	Joanne Biltcliffe	Wakefield & District Harriers & AC	04:23	07:04						9:44:18
4	00:45:44	1	1	M40-44	10039	Nicholas Maidment	Team Tilly Pots	04:34	07:21						9:46:01
5	00:46:42	2	1	M30-34	10024	Mark Fisher	Long Eaton Running Club	04:40	07:30						9:47:02
6	00:46:59	3	2	M30-34	10043	Damian Nadin		04:41	07:33						9:47:16
7	00:48:06	4	1	F30-34	10790	Kirsty Fairbairn-Wint	Mansfield Harriers	04:48	07:44						9:48:24
8	00:49:54	4	1	M45-49	10044	Martin Naylor		04:59	08:01						9:50:14
9	00:50:35	5	1	F40-44	10029	Lynsey Geary	Peak District Canicross	05:03	08:08						9:50:57
10	00:51:18	5	1	M50-54	10017	Neil Cross		05:07	08:15						9:51:39
11	00:53:57	6	2	F30-34	10045	Gemma Pipes		05:23	08:40						9:54:26
12	00:54:08	7	1	F55-59	10788	Sharon Ombler	Scunthorpe and District	05:24	08:42						9:54:28
13	00:54:26	8	3	F45-49	10002	Rhoda Badge		05:26	08:45						9:54:48
14	00:57:15	6	1	M55-59	10007	Shaun Braddock		05:43	09:12						9:57:35
15	00:57:31	9	1	F23-29	10006	Chloe Boyle		05:45	09:15						9:57:58
16	00:57:45	10	2	F35-39	10008	Steph Bramall		05:46	09:17						9:58:13
17	00:58:03	11	4	F45-49	10012	Helen Casbon	Eye Community Runners	05:48	09:20						9:58:25
18	00:58:18	12	5	F45-49	10018	Alicia Daws	Canicross Midlands	05:49	09:22						9:58:39
19	00:59:17	13	1		10793	Vicky Holden		05:55	09:32						9:59:47
20	00:59:31	14	1	F50-54	10048	Deborah Smithson	Caistor RC	05:57	09:34						10:00:02
21	01:00:01	15	2	F50-54	10022	Helen Dennis	Notts Women Runners & Canicross	06:00	09:39						10:00:25
22	01:00:05	16	6	F45-49	10041	Louise Mellor	Notts Women Runners	06:00	09:40						10:00:28
23	01:00:08	7	2	M45-49	10021	Neal Dempsey	Canicross Midlands	06:00	09:40						10:00:46
24	01:00:13	17	7	F45-49	10020	Helen Dempsey	Canicross Midlands	06:01	09:41						10:00:46
25	01:00:59	18	2	F40-44	10011	Joanna Butt	Wirksworth Running Club	06:05	09:48						10:01:45
26	01:01:04	19	3	F40-44	10036			06:06	09:49						10:01:50
27	01:01:06	20	4	F40-44	10055	Rachel Wilkinson-Potter		06:06	09:49						10:01:46
28	01:01:10	21	1	F18-19	10047	Abbie Reynolds-Dobson	Canicross Midlands	06:07	09:50						10:02:05
29	01:03:05	8	2	M40-44	10001	Mike Aspinall		06:18	10:09						10:03:41
30	01:03:05	22	3	F35-39	10027	Rachel Freedman		06:18	10:09						10:03:41
31	01:03:23	23	5	F40-44	10056	Kirsty Woolley		06:20	10:12						10:04:05
32	01:03:53	9	2	M50-54	10003	Andrew Bennett		06:23	10:16						10:04:21
33	01:04:19	24	3	F30-34	10005	Catherine Blackburn		06:25	10:21						10:05:01
34	01:05:27	25	4	F35-39	10013	Sarah Cassidy		06:32	10:31						10:05:49
35	01:05:32	26	4	F30-34	10053	Angela Thornley	Canicross Midlands	06:33	10:32						10:06:07
36	01:05:33	27	5	F30-34	10030	Claire Giles	Belvoir Tri Club	06:33	10:32						10:06:08
37	01:06:24	28	1	F12-13	10232	Natasha Hames	Canicross Midlands	06:38	10:41						10:06:55
38	01:06:27	29	8	F45-49	10231	Lucy Hames	Canicross Midlands	06:38	10:41						10:06:58
39	01:07:44	10	3	M45-49	10015	Clare Coffey		06:46	10:54						10:08:27
40	01:07:56	11	3	M40-44	10052	Marc Sullivan	Lonely Goat Running Club	06:47	10:55						10:08:36
41	01:08:00	30	2	F23-29	10026	Louise Forde	Canicross Midlands	06:48	10:56						10:08:58
42	01:08:54	31	6	F40-44	10057	Tabitha Workman		06:53	11:05						10:09:31
43	01:09:36	32	9	F45-49	10009	Karen Brocklebank-Lambert	Doncaster Triathlon Club	06:57	11:12						10:10:21
44	01:09:36	33	2	F55-59	10779	Christine Beattie		06:57	11:12						10:10:21
45	01:10:32	34	3	F50-54	10038	Judi Jennings	Canicross Trailrunners Cheshire	07:03	11:21						10:11:16
46	01:11:10	12	4	M45-49	10037	James Illsley	All About Jogging (Jog Derbyshire)	07:07	11:27						10:11:36
47	01:12:53	35	5	F35-39	10050	Dawn Spurr		07:17	11:43						10:13:20
48	01:15:02	36	10	F45-49	10010	Susanne Brundrett	North Derbyshire Running Club	07:30	12:04						10:15:28

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49	01:15:12	37	4	F50-54	10035	Anita Hobson		07:31	12:06						10:15:50
50	01:15:57	38	11	F45-49	10023	Tracie Fielder	Lonely Goat Running Club	07:35	12:13						10:16:52
51	01:16:23	39	7	F40-44	10042	Sally Mitchell		07:38	12:17						10:16:52
52	01:22:37	40	6	F30-34	10791	Vicky Edden		08:15	13:17						10:23:05
53	01:23:31	41	7	F30-34	10014	Nina Coffey		08:21	13:26						10:24:03
54	01:25:21	42	8	F30-34	10028	Amy Gandy	Canicross Midlands	08:32	13:44						10:37:27

Number of records: 54