

Longhorn 2019

Finisher List Nordic Walkers 10k

Pos	Chip time	Gender pos	Cat pos	Age grp	Race num	Name	Club	Pace (min/km)	Pace (min/mile)	Lap1	Lap2	Lap3	Lap4	Lap5	Final lap
<b>Nordic Walkers 10k</b>															
<b>Nordic Walkers 10k</b>															
1	01:29:16	1	1	F50-54	10714	Mandy Sinclair		08:55	14:21						12:44:56
2	01:29:19	2	1	F55-59	10713	Tricia Scott		08:55	14:22						12:44:59
3	01:38:44	3	1	F40-44	10706	Tracy Hall	Sherwood Nordic Walking	09:52	15:53						12:54:25
4	01:43:35	4	1	F65+	10704	Stella Blizard	Nordic Walking UK	10:21	16:40						12:59:16
5	01:53:21	5	2	F65+	10710	Brenda Layne		11:20	18:14						13:17:02
6	01:54:52	6	2	F50-54	10709	Julie King	Sherwood Nordic Walking	11:29	18:29						13:10:32
7	01:55:47	7	3	F65+	10712	Yvonne McCarthy	British Nordic Walking	11:34	18:38						13:19:29
8	02:02:45	8	2	F55-59	10716	Penny van Berkel	Nordic Walking UK	12:16	19:45						13:18:27
9	02:02:46	9	3	F55-59	10705	Deborah Elwen	Coreconcept Mid Derbyshire Nordic Walking	12:16	19:45						13:18:28
10	02:09:39	10	4	F55-59	10717	Katherine Wright		12:57	20:51						13:25:24
11	02:09:43	11	2	F40-44	10715	Jenny Todd		12:58	20:52						13:25:27
12	02:17:27	12	4	F65+	10708	Elizabeth Kent	Sherwood Nordic Walking	13:44	22:07						13:33:07

Number of records: 12