

Longhorn 2019

Finisher List 10k PM

Pos	Chip time	Gender pos	Cat pos	Age grp	Race num	Name	Club	Pace (min/km)	Pace (min/mile)	Lap1	Lap2	Lap3	Lap4	Lap5	Final lap
10k PM															
10k PM															
1	00:46:42	1	1	F23-29	10723	Caitlin Bradbury	Beeston AC	04:40	07:30						14:47:23
2	00:49:38	1	1	M40-44	10693	Graeme Baguley	Mansfield Harriers	04:57	07:59						14:50:19
3	00:50:12	2	2	M40-44	10753	Simon Murphy		05:01	08:04						14:50:53
4	00:51:44	3	1	M35-39	10769	Luke Woodiwiss	Long Eaton Running Club	05:10	08:19						14:52:25
5	00:51:47	4	3	M40-44	10771	Andrew Wright		05:10	08:20						14:52:33
6	00:52:13	2	1	F40-44	10747	Tracy MacInnes		05:13	08:24						14:52:54
7	00:53:14	3	1	F14-15	10739	Eden Kirby-Cook	Ely Runners	05:19	08:34						14:53:56
8	00:53:15	4	2	F40-44	10745	Amanda Lysons	Wrekin Road Runners	05:19	08:34						14:53:57
9	00:53:51	5	1	M60-64	10760	Martin Smith		05:23	08:39						14:54:31
10	00:55:24	5	1	F35-39	10725	Lucy Cave		05:32	08:54						14:56:06
11	00:55:33	6	1	M45-49	10770	Michael Woods		05:33	08:56						14:56:14
12	00:56:01	6	1	F30-34	10763	Charlotte Stahmann		05:36	09:00						14:56:46
13	00:56:11	7	2	M45-49	10765	Paul Stanley		05:37	09:02						14:56:55
14	00:56:29	8	4	M40-44	10734	James Griffiths		05:38	09:05						14:57:12
15	00:56:55	7	3	F40-44	10735	Suzanne Hawkins		05:41	09:09						14:57:36
16	00:57:55	9	2	M60-64	10764	Ralph Stahmann		05:47	09:19						14:58:38
17	00:58:39	10	1	M23-29	10766	Greg Steele		05:51	09:26						14:59:23
18	01:00:08	8	2	F30-34	10732	Gemma Greasley		06:00	09:40						15:00:50
19	01:00:14	9	2	F35-39	10748	Sarah Marshall		06:01	09:41						15:00:58
20	01:00:27	10	4	F40-44	10741	Amy Kozaczek		06:02	09:43						15:01:11
21	01:00:35	11	5	F40-44	10721	Charlotte Barrow	fit MK	06:03	09:44						15:01:17
22	01:00:35	11	1	M50-54	10772	Sean Robertson		06:03	09:44						15:01:17
23	01:00:40	12	6	F40-44	10755	Emma Otoole		06:04	09:45						15:01:23
24	01:01:06	13	1	F50-54	10752	Gwen Morgan		06:06	09:49						15:01:50
25	01:02:08	14	1	F45-49	10743	Joanna Ledger	Worksop Harriers	06:12	09:59						15:02:51
26	01:02:59	15	7	F40-44	10718	Elizabeth Ashford		06:17	10:08						1:08:33
27	01:03:13	12	3	M45-49	10700	Stuart Robertson		06:19	10:10						15:03:58
28	01:05:50	16	8	F40-44	10727	Lisa Clay		06:35	10:35						15:06:35
29	01:05:51	13	2	M50-54	10746	Philip Machine		06:35	10:35						15:06:35
30	01:06:43	17	2	F45-49	10719	Corinne Atkinson	Notts Women Runners	06:40	10:44						15:07:26
31	01:08:03	18	9	F40-44	10724	Suzanne Buckley	South Cheshire Harriers	06:48	10:57						15:22:58
32	01:09:13	19	2	F23-29	10768	Natasha Vaughan		06:55	11:08						15:09:58
33	01:09:13	14	3	M50-54	10767	Martin Vaughan		06:55	11:08						15:09:58
34	01:10:15	15	4	M50-54	10751	Doug McClure		07:01	11:18						15:11:02
35	01:11:01	16	4	M45-49	10720	Jason Baldwin	Lonely Goat Running Club	07:06	11:25						15:11:51
36	01:14:15	20	10	F40-44	10726	Trina Chambers-mason	Notts Women Runners	07:25	11:56						15:15:01
37	01:14:55	21	3	F35-39	10737	Andria Hover		07:29	12:03						15:15:37
38	01:15:36	22	3	F23-29	10728	Rachel Darlow		07:33	12:09						15:16:20
39	01:15:42	23	2	F50-54	10761	Mandy Spence		07:34	12:10						15:16:28
40	01:16:40	24	11	F40-44	10758	Louise Pugh	Notts Women Runners	07:40	12:20						15:17:23
41	01:17:08	25	4	F35-39	10759	Kim Scarbro		07:42	12:24						15:17:49
42	01:18:27	26	3	F50-54	10740	Jacky Kirk	Notts Women Runners	07:50	12:37						15:19:13
43	01:18:58	27	3	F30-34	10744	Fiona Lewin		07:53	12:42						15:19:42
44	01:19:00	28	12	F40-44	10733	Rachel Griffiths		07:54	12:42						15:19:42
45	01:21:53	17	5	M45-49	10754	Chris Otoole		08:11	13:10						15:22:38
46	01:24:14	29	3	F45-49	10731	Alison Fryer	Toton Road Runners	08:25	13:33						15:25:01
47	01:29:44	30	1	F55-59	10762	Wendy Spencer		08:58	14:26						15:30:31
48	01:30:55	31	4	F45-49	10736	Amanda Hobday		09:05	14:37						15:31:41

Longhorn 2019

Finisher List 10k PM

Pos	Chip time	Gender pos	Cat pos	Age grp	Race num	Name	Club	Pace (min/km)	Pace (min/mile)	Lap1	Lap2	Lap3	Lap4	Lap5	Final lap
49	02:43:12	32	13	F40-44	94	Louise Budgen		16:19	26:15	1:25:40					1:17:32

Number of records: 49