

Pos	Gndr pos	Age grp	Age grp pos	Name	M/F	Race number	Club	Wave time	Overall time	Swim	T1	Bike	T2	Run	Team name
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Number of finishers: 198

Triathlon

1	1	MU40	1	Tom Pratt	M	274	Leeds Bradford	10:18	1:06:13	06:57	0:35	0:38:00	0:24	0:20:15	
2	2	M50-59	1	Chris Gibbs	M	248	Lincsquad	10:15	1:06:48	06:52	0:45	0:38:10	0:23	0:20:36	
3	3	M40-49	1	Ian Phillips	M	123	Matlock AC	09:22	1:07:06	09:22	0:56	0:38:01	0:44	0:18:01	
4	4	MU40	2	Danny Taylor	M	240		10:12	1:09:03	07:35	0:55	0:37:45	0:50	0:21:55	
5	5	M50-59	2	Jim Harness	M	249	VO2 Maximum RT	10:15	1:09:38	07:29	1:15	0:38:19	0:55	0:21:38	
6	6	MU40	3	Lee St Quinton	M	255	Skegness Triathlon	10:15	1:09:58	06:48	0:54	0:39:48	0:36	0:21:50	
7	7	M40-49	2	Martyn Gammidge	M	241		10:12	1:10:26	07:46	0:31	0:39:25	0:31	0:22:12	
8	1	FU40	1	Emma Frost	F	228		10:03	1:11:29	08:13	0:52	0:38:20	0:51	0:23:12	
9	2	FU40	2	Abigail Young	F	258	Skegness Triathlon	10:15	1:11:42	06:48	0:40	0:40:07	0:37	0:23:28	
10	8	MU40	4	Joseph Ward	M	261	Southampton	10:18	1:12:44	06:53	0:44	0:41:02	0:49	0:23:14	
11	9	M40-49	3	Matthew Coleman	M	242		10:12	1:13:32	07:46	0:54	0:39:38	0:37	0:24:35	
12	10	M40-49	4	Mark Salmon	M	245	Animis / Lincsquad	10:15	1:13:47	07:47	0:33	0:40:24	0:31	0:24:31	
13	11	M40-49	5	Simon Gibney	M	180	Wolds Vets	09:48	1:13:56	08:58	0:53	0:42:20	0:33	0:21:10	
14	12	M40-49	6	Andy Cole	M	197	Lincoln Tri	09:57	1:14:13	09:36	1:02	0:38:48	0:54	0:23:52	
15	13	M40-49	7	Denzil Lynch	M	184	Louth Triathlon Club	09:48	1:14:37	10:02	0:42	0:41:25	0:41	0:21:44	
16	14	MU40	5	Mike Lawlor	M	243		10:09	1:15:35	07:31	1:13	0:42:43	0:56	0:23:09	
17	15	MU40	6	Ben Chapman	M	235	Pedal Power	10:06	1:15:39	06:37	1:01	0:43:54	0:46	0:23:19	
18	3	FU40	3	Natalie Burns	F	187	Louth Triathlon Club	09:54	1:15:48	08:30	0:50	0:45:02	0:53	0:20:31	
19	16	M40-49	8	Alister Fletcher	M	239	Grimsby Triathlon	10:12	1:15:55	07:47	1:10	0:40:02	0:54	0:26:00	
20	17	M40-49	9	Sean Hutchings	M	247	Louth Triathlon Club	10:15	1:16:09	07:19	0:40	0:40:58	0:59	0:26:11	
21	4	F40-49	1	Stephanie Robson	F	287	Leeds Bradford	09:51	1:17:58	09:08	0:58	0:43:20	0:58	0:23:33	
22	18	MU40	7	Matt Riley	M	137		09:26	1:18:08	10:11	1:14	0:41:35	0:41	0:24:25	
23	19	M50-59	3	Mike Humphreys	M	231	Lincoln Tri	10:06	1:18:41	08:05	0:36	0:44:47	0:44	0:24:27	
24	20	M40-49	10	Ian Evans	M	294	Lincoln Tri	09:51	1:18:43	08:50	1:01	0:42:28	0:56	0:25:27	
25	21	MU40	8	Bradley Wheeler	M	154	Lincoln Tri	09:39	1:19:08	08:13	0:34	0:42:21	0:55	0:27:02	
26	22	M50-59	4	Bob Walker	M	199	Brown Cow	09:57	1:19:35	09:07	1:29	0:40:30	1:07	0:27:20	
27	23	MU40	9	Benjamin Ham	M	153	Louth Cycle Centre	09:39	1:20:12	09:10	1:45	0:40:03	0:58	0:28:14	
28	24	M40-49	11	Robert Kisby	M	135	Louth Triathlon Club	09:26	1:20:20	09:21	0:37	0:44:31	0:41	0:25:08	
29	25	MU40	10	Chris Rayner	M	195	Grimsby Triathlon	09:57	1:20:23	08:44	0:53	0:42:34	1:01	0:27:09	
30	26	M50-59	5	John Cameron	M	222	BCTTT.COM	10:03	1:20:25	07:36	1:02	0:42:31	0:30	0:28:45	
31	27	M60+	1	John Irving	M	109	Skegness Triathlon	09:14	1:20:26	11:26	0:47	0:40:28	0:56	0:26:47	
32	28	M40-49	12	Ian Fisher	M	208		10:00	1:21:15	07:25	1:36	0:44:51	0:57	0:26:24	
33	29	M40-49	13	Paul Morris	M	162	Tri3 Sleaford	09:42	1:21:45	09:49	0:49	0:43:15	0:48	0:27:03	
34	5	FU40	4	Keely McNiffe	F	250	TRI3 / 100%	10:15	1:22:12	07:25	0:54	0:45:13	1:00	0:27:39	
35	30	M40-49	14	Russell Bright	M	189	Woodhall Spa	09:54	1:22:42	09:00	1:33	0:45:17	0:47	0:26:03	
36	31	M50-59	6	Peter Mitterreiner	M	183	Boston Triathlon Club	09:48	1:22:49	11:00	0:57	0:42:25	1:06	0:27:19	

Louth Triathlon 2018

Pos	Gndr pos	Age grp	Age grp pos	Name	M/F	Race number	Club	Wave time	Overall time	Swim	T1	Bike	T2	Run	Team name
37	32	M60+	2	Phil Jackson	M	115	Louth Triathlon Club	09:18	1:23:09	10:13	0:55	0:45:07	1:01	0:25:52	
38	33	M40-49	15	Simon Burrows	M	190	RAF Triathlon	09:54	1:23:23	09:11	0:47	0:44:51	0:56	0:27:37	
39	34	MU40	11	Dan Thorpe	M	181		09:48	1:23:55	08:55	2:26	0:47:51	0:50	0:23:53	
40	35	MU40	12	Alex Chevis	M	116		09:18	1:23:57	10:53	1:51	0:45:24	0:50	0:24:57	
41	36	M60+	3	Mike Muscott	M	111	Velo Club Flintham	09:14	1:24:09	10:36	1:11	0:44:39	1:03	0:26:37	
42	6	F40-49	2	Ruth Wilson	F	281		10:09	1:24:16	09:54	0:47	0:44:58	0:52	0:27:44	
43	37	M40-49	16	Jonathan Francis	M	170	Boston Triathlon Club	09:45	1:24:25	10:18	1:31	0:46:24	0:44	0:25:27	
44	7	F40-49	3	Elizabeth Cannon	F	224	Boston Triathlon Club	10:03	1:24:42	08:59	0:49	0:46:24	0:48	0:27:39	
45	8	FU40	5	Kat Wisniewski	F	125		09:22	1:24:49	09:48	1:22	0:48:18	0:34	0:24:46	
46	38	M50-59	7	Colin Little	M	140	Boston Triathlon Club	09:30	1:24:58	10:21	1:02	0:46:17	0:59	0:26:17	
47	39	M40-49	17	Mark Smith	M	220	Skegness Triathlon	10:00	1:25:02	08:47	1:22	0:43:12	1:13	0:30:26	
48	40	MU40	13	Jordan Papworth	M	136		09:26	1:25:11	10:37	1:33	0:47:38	0:37	0:24:44	
49	41	MU40	14	Karl Pennell	M	124		09:22	1:25:25	08:38	1:58	0:45:33	0:52	0:28:22	
50	42	M40-49	18	Mark Carpenter	M	128		09:22	1:25:33	11:44	1:14	0:45:27	1:24	0:25:43	
51	43	M50-59	8	James Allis	M	98		09:06	1:25:43	11:39	1:31	0:42:16	1:33	0:28:43	
52	44	M40-49	19	Martin Jessop	M	211	Boston Triathlon Club	10:00	1:26:33	08:56	2:14	0:44:46	0:47	0:29:47	
53	45	M40-49	20	Paul Bradshaw	M	48		08:50	1:26:36	10:14	1:42	0:47:48	0:54	0:25:57	
54	9	FU40	6	Rowan	F	213	Skye Sprints	10:00	1:26:44	08:46	1:22	0:48:01	0:33	0:28:00	
55	46	MU40	15	Jack Amey	M	169		09:45	1:26:54	09:17	1:55	0:48:58	1:16	0:25:25	
56	47	MU40	16	Andrew Darge	M	117	RAF Triathlon	09:18	1:27:15	10:30	1:31	0:49:25	1:24	0:24:24	
57	48	M40-49	21	Pete Walton	M	223		10:03	1:27:57	07:55	0:46	0:43:48	0:39	0:34:47	
58	10	F40-49	4	Michyla Clark	F	196	Skegness Triathlon	09:57	1:28:02	08:50	0:53	0:48:44	0:46	0:28:47	
59	11	FU40	7	Rachael Pattle	F	179	Humber Triathletes	09:48	1:28:03	09:23	1:15	0:47:24	0:53	0:29:05	
60	49	MU40	17	Steven Dean	M	191		09:54	1:28:17	08:30	1:27	0:46:16	0:57	0:31:05	
61	50	M40-49	22	Mariusz Socko	M	60		08:54	1:28:35	13:06	1:42	0:47:56	0:47	0:25:01	
62	51	MU40	18	Tim Newton	M	171	Lincoln Tri	09:45	1:28:38	09:47	2:00	0:45:57	0:34	0:30:17	
63	12	F50-59	1	Alex Gipps	F	52	Brown Cow	08:50	1:28:39	13:04	1:10	0:43:53	1:27	0:29:04	
64	52	M40-49	23	Martin Dury	M	144		09:30	1:28:58	10:37	1:43	0:46:55	1:19	0:28:22	
65	13	F50-59	2	Linda Rands	F	147	Boston Triathlon Club	09:36	1:29:04	10:05	0:43	0:45:38	1:20	0:31:16	
66	53	MU40	19	Samuel Burdett	M	15		08:34	1:29:06	11:25	1:37	0:51:10	1:10	0:23:42	
67	54	MU40	20	Paul Harvey	M	21	Skegness Triathlon	08:34	1:29:08	10:57	1:02	0:46:05	1:05	0:29:57	
68	55	M60+	4	Geoffrey Clark	M	31		08:38	1:29:31	12:20	1:04	0:47:00	0:37	0:28:28	
69	56	MU40	21	Dan Bland	M	149		09:36	1:29:42	08:56	1:10	0:48:51	1:23	0:29:20	
70	57	M40-49	24	Ben Harness	M	151		09:36	1:30:10	10:54	2:25	0:50:42	1:52	0:24:14	
71	58	M40-49	25	John Furborough	M	188	Racehub	09:54	1:30:16	08:55	1:58	0:48:19	0:59	0:30:03	
72	14	FU40	8	Victoria Edwards	F	288	Skegness & District	09:10	1:30:26	10:52	1:41	0:45:15	1:52	0:30:44	
73	15	FU40	9	Joanne Downend	F	177		09:48	1:30:28	07:20	1:52	0:50:44	1:00	0:29:30	
74	59	M40-49	26	Andrew Donnell	M	114		09:18	1:30:37	10:59	0:45	0:46:45	1:22	0:30:44	
75	16	F40-49	5	Patricia Kendra	F	99		09:06	1:30:42	11:56	1:09	0:49:32	1:02	0:27:01	
76	60	M40-49	27	Des McLaughlin	M	121		09:18	1:30:43	09:18	1:44	0:50:49	0:42	0:28:07	

Louth Triathlon 2018

Pos	Gndr pos	Age grp	Age grp pos	Name	M/F	Race number	Club	Wave time	Overall time	Swim	T1	Bike	T2	Run	Team name
77	61	M50-59	9	Francis Ward	M	42	Lincoln Wellington AC	08:42	1:31:03	11:41	1:36	0:48:16	1:47	0:27:41	
78	62	MU40	22	Felix Morley	M	54		08:50	1:31:06	09:46	1:57	0:51:14	0:48	0:27:19	
79	63	M40-49	28	Jamie Wilkinson	M	74	Grimsby Triathlon	08:58	1:31:07	10:50	0:54	0:48:56	1:02	0:29:23	
80	64	M60+	5	Mick Dwyer	M	230		10:06	1:31:09	07:58	2:06	0:48:13	1:11	0:31:39	
81	17	FU40	10	Jenny Walker	F	291		09:10	1:31:20	09:26	1:11	0:51:09	0:59	0:28:32	
82	18	F60+	1	Ros Jackson	F	102	Louth Triathlon Club	09:14	1:32:12	11:27	0:53	0:50:03	1:07	0:28:39	
83	65	MU40	23	Alex Mather	M	37		08:42	1:32:22	08:53	2:23	0:51:03	2:38	0:27:23	
84	66	MU40	24	Cameron	M	155		09:39	1:32:32	07:29	1:20	0:48:47	0:39	0:34:15	
85	67	MU40	25	Nick Horner-Boyd	M	133		09:26	1:32:38	09:31	1:37	0:50:47	1:18	0:29:24	
86	68	M40-49	29	Dean Poppy	M	119		09:18	1:32:49	10:24	1:00	0:47:03	0:56	0:33:26	
87	19	FU40	11	Zoe Ward	F	85	Boston Triathlon Club	09:02	1:33:00	11:28	1:35	0:49:28	1:27	0:29:00	
88	20	FU40	12	Leanne Kilvington	F	277		09:33	1:33:03	08:59	0:52	0:50:45	0:46	0:31:40	
89	21	F40-49	6	Katie Watson	F	126		09:22	1:33:09	09:25	1:42	0:54:19	1:12	0:26:28	
90	22	FU40	13	Roz Grindey	F	130	Belvoir Tri Club	09:26	1:33:13	09:03	2:33	0:49:05	1:58	0:30:32	
91	23	F40-49	7	Amber Spiers	F	225	Skegness Triathlon	10:03	1:33:16	08:07	1:34	0:50:04	0:46	0:32:43	
92	24	F40-49	8	Vikki Holland	F	67		08:58	1:33:23	11:30	2:14	0:49:30	1:29	0:28:38	
93	25	F40-49	9	Chantelle Grundy	F	118	Lincoln Tri	09:18	1:33:24	10:40	1:23	0:50:14	0:41	0:30:25	
94	69	M50-59	10	Paul Kirk	M	51		08:50	1:33:33	12:09	1:44	0:47:28	1:22	0:30:48	
95	26	FU40	14	Lauren Brown	F	166	Woodhall Spa	09:42	1:34:03	09:58	1:06	0:53:15	1:26	0:28:16	
96	27	FU40	15	Clare Sach	F	40	Kingfisher Triathletes	08:42	1:34:48	10:58	1:56	0:51:35	1:28	0:28:49	
97	28	F40-49	10	Tracie McGuire	F	131	Grimsby Triathlon	09:26	1:34:53	10:11	1:29	0:49:18	2:06	0:31:46	
98	70	M50-59	11	David Freeman	M	215	Skegness Triathlon	10:00	1:35:09	08:31	0:58	0:48:17	1:14	0:36:07	
99	71	MU40	26	Kevin Towle	M	59		08:54	1:35:50	10:11	2:20	0:53:17	2:04	0:27:57	
100	72	MU40	27	Henry Rundle	M	142		09:30	1:36:14	10:47	1:51	0:53:06	1:28	0:28:59	
101	73	M60+	6	Andrew Fitter	M	73		08:58	1:36:14	10:43	3:04	0:49:37	0:56	0:31:52	
102	29	F50-59	3	Karen Moulding	F	192	Louth Triathlon Club	09:54	1:37:06	09:07	0:58	0:53:02	1:03	0:32:54	
103	30	FU40	16	Vicki Bush	F	244	Skegness Triathlon	10:12	1:37:24	07:17	1:25	0:52:20	0:48	0:35:32	
104	74	M60+	7	Richard Harries	M	62		08:54	1:37:52	12:37	1:27	0:48:18	1:29	0:34:00	
105	31	F40-49	11	Sarah Rastall	F	145		09:36	1:37:55	10:07	1:48	0:53:33	1:42	0:30:42	
106	75	M60+	8	Derek Neale	M	120		09:18	1:38:13	10:52	1:20	0:47:08	2:55	0:35:55	
107	32	F50-59	4	Annette Wyld	F	186	Stamford Triathlon	09:54	1:38:14	08:49	1:04	0:48:15	1:21	0:38:43	
108	33	F40-49	12	Melanie Johnson	F	159	Humber Triathletes	09:39	1:38:19	10:07	1:29	0:49:54	1:48	0:34:58	
109	34	F40-49	13	Trudy Shirreffs	F	84		09:02	1:38:28	09:27	1:15	0:53:04	0:58	0:33:42	
110	35	FU40	17	Sarah Lewsam	F	164	Grimsby Triathlon	09:42	1:38:39	09:52	1:44	0:53:40	1:29	0:31:51	
111	36	FU40	18	Ellie Norman	F	290	Skegness Triathlon	10:09	1:38:50	08:31	1:01	0:56:07	0:36	0:32:33	
112	37	F40-49	14	Louise Anyan	F	8		08:30	1:38:54	16:03	2:06	0:49:47	1:01	0:29:54	
113	38	F50-59	5	Sandra Watson	F	80	Skegness Triathlon	09:02	1:38:56	12:09	1:38	0:51:34	0:49	0:32:43	
114	76	M50-59	12	Peter Douglas	M	61		08:54	1:39:07	11:51	2:08	0:52:55	1:18	0:30:53	
115	39	F40-49	15	Nicole Evison	F	161	Louth Triathlon Club	09:42	1:39:19	11:03	1:22	0:53:52	0:57	0:32:03	
116	40	F50-59	6	Fiona Radford	F	278		09:10	1:40:10	10:48	1:39	0:53:02	1:11	0:33:28	

Louth Triathlon 2018

Pos	Gndr pos	Age grp	Age grp pos	Name	M/F	Race number	Club	Wave time	Overall time	Swim	T1	Bike	T2	Run	Team name
117	41	F40-49	16	Louise Massam	F	110		09:14	1:40:13	10:31	2:08	0:53:12	1:23	0:32:57	
118	77	M40-49	30	Jamie Stanton	M	132	Tri Money	09:26	1:40:40	10:34	1:35	0:52:31	2:09	0:33:49	
119	42	F50-59	7	Louise Perry	F	178	Belvoir Tri Club	09:48	1:41:38	09:49	0:53	0:53:21	1:23	0:36:10	
120	78	M50-59	13	Andrew Scully	M	87		09:02	1:41:49	11:16	1:47	0:53:23	1:01	0:34:19	
121	43	F60+	2	Julie Alcock	F	168	Louth Triathlon Club	09:42	1:42:38	10:13	1:44	0:51:51	1:53	0:36:55	
122	44	F40-49	17	Anthea Fryer	F	139	Belvoir Tri Club	09:30	1:42:53	10:12	1:10	0:49:59	2:42	0:38:49	
123	45	F50-59	8	Lynn Smitheringale	F	143	Stamford Triathlon	09:30	1:42:56	10:34	1:03	0:52:51	1:29	0:36:57	
124	46	F50-59	9	Gail Castledine	F	152	Louth Triathlon Club	09:36	1:43:20	10:02	0:41	0:53:04	1:02	0:38:29	
125	79	M50-59	14	Adrian Hayler	M	93	Tri 3 Sleaford	09:06	1:43:37	13:04	3:06	0:48:58	2:11	0:36:16	
126	80	M40-49	31	Stuart Burgham	M	45		08:42	1:43:45	14:35	1:45	0:52:01	1:46	0:33:35	
127	47	FU40	19	Christina Downend	F	24		08:38	1:44:09	14:10	2:28	0:54:33	0:45	0:32:12	
128	48	F40-49	18	Louise Parker	F	103		09:14	1:44:38	10:34	2:13	0:51:42	1:24	0:38:44	
129	81	M50-59	15	Andy Ward	M	3		08:30	1:45:32	18:33	3:33	0:48:14	2:16	0:32:54	
130	49	F50-59	10	Alison Kulmer	F	16		08:34	1:45:34	11:47	2:14	0:57:16	1:06	0:33:08	
131	50	F40-49	19	Amanda Jayne	F	86	Humber Triathletes	09:02	1:45:43	13:43	1:29	0:54:26	1:22	0:34:40	
132	82	M40-49	32	Rob Mapletoft	M	293		09:10	1:45:54	10:33	1:38	1:01:33	0:49	0:31:19	
133	51	F40-49	20	Lisa Smith	F	158		08:42	1:45:59	14:18	1:19	0:57:08	0:48	0:32:24	
134	52	FU40	20	Steph Owen	F	214	Grimsby Triathlon	10:00	1:46:00	09:22	0:50	0:54:20	1:06	0:40:20	
135	83	MU40	28	Jamie Mallabone	M	5		08:30	1:46:23	12:34	1:49	0:52:19	1:18	0:38:20	
136	53	F40-49	21	Claire Tunnard	F	146	Boston Community	09:36	1:46:29	10:43	2:02	0:57:33	0:53	0:35:17	
137	54	FU40	21	Denise Hooley	F	20	Holme Pierrepont RC	08:34	1:47:34	11:22	2:13	1:01:19	1:04	0:31:33	
138	55	FU40	22	Rebecca Hanson	F	22		08:38	1:48:26	11:53	1:57	0:58:12	1:06	0:35:16	
139	56	F40-49	22	Amy Willis	F	97		09:06	1:49:07	11:04	1:58	0:57:14	1:20	0:37:29	
140	84	M40-49	33	Thomas Duce	M	64		08:54	1:49:22	11:57	1:51	0:54:14	1:52	0:39:26	
141	85	M40-49	34	Michael	M	94	Skegness Triathlon	09:06	1:49:25	11:06	1:41	0:55:26	1:38	0:39:33	
142	57	FU40	23	Stacey Rushworth	F	163	Leeds Bradford	08:46	1:49:53	13:38	2:03	0:57:39	1:34	0:34:57	
143	58	F50-59	11	Julie Hawkesford	F	7	Skegness Triathlon	08:30	1:50:42	18:47	1:57	0:53:14	1:20	0:35:22	
144	59	FU40	24	Ceri Fryer	F	38		08:42	1:51:11	10:53	2:52	1:05:54	1:21	0:30:08	
145	60	FU40	25	Lisette Barnes	F	25	Lincoln Tri	08:38	1:52:59	13:42	3:32	0:54:25	1:31	0:39:48	
146	86	MU40	29	Neil Fitter	M	129		09:22	1:53:41	12:46	2:56	0:58:46	0:52	0:38:19	
147	61	F50-59	12	Tracey Gibson	F	49	Louth Triathlon Club	08:50	1:54:13	13:24	1:47	0:58:47	1:08	0:39:05	
148	62	F40-49	23	Jacqueline	F	4		08:30	1:54:41		482:	1:00:04	1:17	0:39:56	
149	63	F40-49	24	Victoria Stratford	F	6		08:30	1:54:41	10:35	2:43	1:00:05	1:19	0:39:57	
150	64	F50-59	13	Heather Holmes	F	71		08:58	1:55:19	15:06	2:54	0:58:30	2:33	0:36:14	
151	65	F40-49	25	Tessa Turton	F	185	Absolute Tri	09:54	1:58:50	09:53	1:38	1:00:33	0:44	0:46:00	
152	87	MU40	30	Bike Guide	M	10	Sporting Club Linkage	00:00	10:08:57	583:10		0:58:18			
153	66	F60+	3	sue Illsley	F	23		08:38	2:00:32	10:04	2:32	1:02:43	1:29	0:43:42	
154	67	F50-59	14	Jane Lammiman	F	57	Louth AC	08:54	2:01:35	13:25	1:58	0:59:28	1:16	0:45:26	
155	68	F50-59	15	Carmen Clark	F	47	Boston Community	08:50	2:03:13	15:47	1:21	1:01:32	1:18	0:43:14	
156	88	M50-59	16	James Shields	M	292		08:48	2:04:40	12:57	5:15	1:00:42	4:03	0:41:42	

Louth Triathlon 2018

Pos	Gndr pos	Age grp	Age grp pos	Name	M/F	Race number	Club	Wave time	Overall time	Swim	T1	Bike	T2	Run	Team name
157	69	F40-49	26	Annabelle Riggall	F	198		09:57	2:05:37	10:45	3:07	1:02:02	2:20	0:47:22	
158	70	F60+	4	Helen Towl	F	217		10:00	2:08:19	10:57	3:06	1:07:41	3:24	0:43:09	
159	71	F40-49	27	Cheryl Snowden	F	13		08:34	2:16:41	16:46	5:11	1:10:07	1:50	0:42:45	
160	72	F40-49	28	Clare Longstaff	F	14	Oakwell Running	08:34	2:16:41	16:45	5:16	1:12:57	2:21	0:39:20	
161	73	F40-49	29	Samantha	F	29		08:38	2:20:34	15:38	4:35	1:03:58	1:57	0:54:24	
162	74	FU40	26	Harriet Barfield	F	27	Woodhall Spa	08:38	2:29:45	14:22	4:14	1:20:46	2:17	0:48:05	
163	89	M50-59	17	Jonathan Fowler	M	172	Grimsby Triathlon	09:45	DSQ	09:18	0:42	0:39:35	0:47	0:23:01	
164	90	M40-49	35	Rob Keep	M	173	Louth Triathlon Club	09:45	DSQ	09:24	1:02	0:39:28	0:58	0:24:40	
165	91	M40-49	36	Austin Smith	M	182	Louth AC	09:48	DSQ	09:50	0:47	0:42:15	0:35	0:25:07	
166	92	M40-49	37	Brad Olson	M	174		09:45	DSQ	14:44	1:23	0:46:42	1:35	0:18:55	
167	75	FU40	27	Emily Jackson	F	227	Cleethorpes Tri Club	10:03	DSQ	07:45	1:26	0:48:06	0:42	0:28:08	
168	76	FU40	28	Constanta	F	26	Louth Triathlon Club	08:34	DSQ	11:32	0:50	0:46:52	0:59	0:28:15	
169	93	M60+	9	Mark Burrows	M	134	Boston Triathlon Club	09:26	DSQ	11:24	1:49	0:56:54	2:36	0:19:07	
170	94	MU40	31	Thomas Owen	M	246	Boston Triathlon Club	09:10	DSQ	11:50	1:06	0:51:26	0:37	0:27:53	
171	95	MU40	32	luke beeson	M	127		09:22	DSQ	10:55	1:04	0:46:38	0:55	0:34:18	
172	77	FU40	29	Annabelle Harding	F	150	Skegness Triathlon	10:09	DSQ	07:34	1:08	0:53:33	0:50	0:31:51	
173	78	FU40	30	Laura Pearson	F	157		09:39	DSQ	10:37	1:48	0:54:57	1:31	0:26:23	
174	96	MU40	33	Jack Lewis	M	89		09:02	DSQ	11:06	1:53	0:55:13	0:47	0:34:27	
175	97	MU40	34	Daniel Monaghan	M	175		08:46	DSQ	11:49	2:58	0:56:07	1:42	0:31:00	